Course at a Glance

Course Title: Foundations of Maternal and Child Health

Course Number: HSC 4579	**Department:** Department of Community and Family Health	**Credits:** 3

Message From the Department:
- The content in this course is important because students will gain an overview of maternal and child health
- Skills students will obtain include memo writing skills and APA referencing skills
- Students can apply the knowledge and skills obtained from this class in other classes and their health career

Course Description:
The purpose of this introduction course is to provide an overview of maternal and child health issues and trends. With this primary aim, the objectives are organized around the knowledge of health assessment and interventions for families and children.

Course Objectives:
1. Describe the historical background and contemporary trends of maternal and child health
2. Describe the Life Course Perspective as it pertains to maternal and child health
3. Explain the pertinent issues related to women's health
4. Describe the biological and psychological basis of health and disease within the perinatal health continuum (i.e., preconception, interconception, pregnancy, childbirth, postpartum, newborn, child)
5. Explain pregnancy and childbirth
6. Identify the most common complications of pregnancy for the mother and the baby including the causes of low birth weight and premature infants
7. Discuss factors related to infant health and toddlerhood
8. Discuss factors related to adolescent health
9. Identify the common causes of morbidity and mortality among children and adolescents
10. Identify examples of maternal and child health intervention, programs and public health policies in the United States
11. Understand general maternal and child health policy and practice

Course Structure:
Example: Web-based with narrated presentations and weekly modules

Types of Assessments:

☒ Quiz/Exam   ☐ Web Quest   ☐ Journal/Blog   ☒ Discussion Board

☒ Written Assignments   ☐ Poster Presentation   ☐ Individual Project   ☐ Individual Presentation

☐ Group Project   ☐ Group Presentation   ☐ Case Study   ☐ Research Paper

☐ Demonstration/Simulation   ☐ Midterm/Final Exam   ☐ Other (specify)

Student Expectations:

Students are required to log in to Canvas at least twice a week, submit assignments on time, participate in all required discussion boards, and contact instructor about special requests ahead of time

Technical Requirements: *(in addition to the standard technical requirements for all online courses)*

- DSL/Cable internet connection;
- Recommended use of Windows Media Player10 for video viewing
- MS Word or other .doc/.docx word processing software. NO WORD PERFECT

All online courses receive 24-hour support by the Office of Educational Technology and Assessment. Contact the ETA department by using the Tech Assistance link in your course. Students can also receive assistance via telephone at 813-974-6666, Mon-Fri 8:30am – 5pm, or via email at eta@health.usf.edu

Please Note: The information on this document is subject to change. The course instructor has the right to change any information posted in this document. Students should check the official syllabus released during the first week of classes for any updates to this document. For more information on this course or academic programs, please contact the COPH Department directly.