DATE	TIME	PRE-ECLAMPSIA/HYP	PERTENSIVE DISORDI	ERS IN PREGNANCY (HIP) ADMISSION ORDERS
		DIAGNOSIS:		
		ALLERGIES (Include Medic	cation, Food, Iodine, Sea	ood, Metal, Jewelry):
		WEIGHT:	HEIGHT:	BODY MASS INDEX (BMI):
		GENERAL		
		1. ADMISSION STATUS		
		☐ Admission to Inpatier	nt Status (Choose One):	
		2 or more Midn	ights - Medicare Patient	
		☐ Medicare Inpati	ent Only Procedure (Needs	s a Bed)
		☐ Non-Medicare F	Patient	
		I certify that currer	nt inpatient services are rea	sonable and necessary, and appropriately provided as
		inpatient services i	in accordance with the 2 m	idnight benchmark under 42 CFR 412.3 (e), or Outpatient
		Prospective Payme	ent System CMS-1589-FC	-Addendum-E, or non-Medicare admission standards.
		☐ Place Patient into Ob	servation Status	
		2. CODE STATUS		
		Full Code		
		☐ DNR (Do Not Resusc	itate)	
		☐ DNR/AND Initiate FM	# 2397	
		☐ Restrictive Resuscita	tion Initiate FM # 0102	
		3. PRECAUTIONS		
		4. VITAL SIGN MONITOR	ING	
		Take 2 blood pressure re	eadings 15 minutes apart in	n sitting or semi-recumbent position upon admission, every
		shift, and PRN change in	n condition.	
		Blood pressure, pulse a	nd respirations every 4 hou	rs or more frequently per Hypertension/Pre-Eclampsia Care
		Guidelines policy (M03 (09 375)	
		Temperature every shift		
		Continuous fetal monito	ring	
		☐ Fetal Monitoring for 3	30 minutes every 6 hours	
		5. NURSING ORDERS		
		Strict Intake & Output ev	very 4 hours or more frequence	ently per Hypertension/Pre-Eclampsia Care Guidelines
		policy (M03 09 375). If u	nable to void, notify provid	er.
		Total PO/IV fluids not to	exceed: 🗆 80 mL/hour	⊒ 100 mL/hour
		Daily weights		

continued on page 2 ROOM #:

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Initiate Group B Strep Orders (FM# 3247) if indicated

PHYSICIANS ORDERS

LEE HEALTH Lee County, Florida **OBSTETRICS & GYNECOLOGY** PRE-ECLAMPSIA/HYPERTENSIVE DISORDERS IN PREGNANCY (HIP) ADMISSION ORDERS FM# 3249 Pub. 12/16 Page 1 of 6

DATE	TIME	PRE-ECLAMPSIA/HYPERTENSIVE DISORDERS IN PREGNANCY (HIP) ADMISSION ORDERS	
		5. NURSING ORDERS - continued	
		☐ Urinary catheter to continuous drainage	
		☐ Initiate Intra-Partum HIV Orders (FM# 3420)	
		K-Pad PRN discomfort	
		6. DIET	
		Clear Liquids	
		□ NPO □ Regular □ Carbohydrate Controlled □ Pregnancy/Lactation □ Other:	
		7. ACTIVITY	
		Bedrest	
		☐ Bedside Commode ☐ Bathroom Privileges	
		8. NOTIFY MD	
		If Systolic blood pressure 160 mmHg or greater or greater than mmHg OR Diastolic blood pressure	
		110 mmHg or greater or greater than mmHg, repeat in 15 minutes. If either systolic or diastolic BP	
		remains above those parameters, call provider for bedside evaluation and give the PRN antihypertensive	
		medication ordered (see eMAR) and follow the medication instructions for further evaluation and management.	
		Notify provider for new or worsening headache, RUQ/epigastric pain, visual disturbances, nausea/vomiting,	
		shortness of breath, rales/rhonchi, general malaise, generalized swelling, abnormal lab values.	
		9. ISOLATION	
		☐ Airborne ☐ Droplet ☐ Contact ☐ Other Reason for Isolation:	
		10. MEDICAL CONSULTS	
		☐ Physician Consult: Neonatology - Reason: Mother with Pre-Eclampsia	
		☐ Physician Consult: Maternal Fetal Medicine - Reason: Mother with Pre-Eclampsia	
		☐ Physician Consult: Intensivist - Reason: Antihypertensive management	
		☐ Physician Consult: Cardiology - Reason: Antihypertensive management	
		☐ Physician Consult: OB Hospitalist (For HPMC only) - Reason: Antihypertensive management	
		LABS	
		1. GENERAL LABS	
		HIP Profile (LDH, ALT, Uric Acid, CMP, CBC, PT, PTT, Fibrinogen, Urine Protein-qualitative)	
		□ RPR (if indicated)	
		☐ GBS - if positive, initiate GBS Orders (FM# 3247)	
		If not done this pregnancy, draw: ☐ Rubella Immunity Screen ☐ HBSAG ☐ OB HIV 1/2 Screen	
		Type and Screen - Redraw every 3 days until delivery	
		□ Electrolytes	
		□ DIC Panel - OB (Protime [PT/INR], APTT, D-Dimer, Fibrinogen)	

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PHYSICIANS ORDERS

continued on page 3

LEE HEALTH
Lee County, Florida
OBSTETRICS & GYNECOLOGY
PRE-ECLAMPSIA/HYPERTENSIVE DISORDERS IN
PREGNANCY (HIP) ADMISSION ORDERS
FM# 3249 Pub. 12/16 Page 2 of 6

DATE	TIME	PRE-ECLAMPSIA/HYPERTENSIVE DISORDERS IN PREGNANCY (HIP) ADMISSION ORDERS	
		2. URINE STUDIES	
		Urine protein (qualitative) daily	
		Urine Drug Screen	
		☐ 24 hour urine collection for creatinine clearance and protein. Must include height & weight on container.	
		☐ Urinalysis on admission	
		☐ Urine Protein/Creatinine Ratio	
		IMAGING	
		1. ULTRASOUND	
		☐ Ultrasound OB 14 weeks or greater; Indication: (or specify below):	
		☐ Fetal viability ☐ Fetal weight ☐ Biometry ☐ Location of placenta ☐ Evaluate placental abruption	
		☐ Ultrasound Location of Placenta - Indication: Placental location	
		☐ Ultrasound r/o Abruption - Indication: Evaluate placental abruption	
		☐ Maternal Renal Doppler - Reason: pre-eclampsia/hypertensive disorder in pregnancy	
		☐ Fetal Ultrasound - Reason: AFI and estimated fetal weight	
		☐ Biophysical Profile - Fetal (BPP) - Reason: pre-eclampsia/hypertensive disorder in pregnancy	
		PROCEDURES	
		1. CARDIAC TEST	
		☐ Maternal Echocardiogram - Reason: pre-eclampsia/hypertensive disorder in pregnancy	
		MEDICATIONS	
		1. IV FLUIDS	
		☐ IV Lactated Ringers at mL/hour	
		☐ IV D5 Lactated Ringers at mL/hour	
		Maintain saline lock/saline flush panel:	
		a. Maintain IV access (18 gauge preferred). Insert second IV saline lock if worsening condition.	
		b. 0.9% Sodium Chloride 3-10 mL flush every 12 hours	
		c. 0.9% Sodium Chloride 3-10 mL flush before and after IV medication administration and PRN	
		2. ANTI-HYPERTENSIVES	
		□ Labetalol (Normodyne) IV Panel	
		A. Initiate if Systolic Blood Pressure greater than 160 mmHg OR Diastolic Blood Pressure greater than	
		100 mmHg, taken twice 15 minutes apart and call OB Provider	
		B. Goal of therapy: Systolic Blood Pressure ≤ 140 or mmHg and Diastolic Blood Pressure	
		≤ 90 or mmHg	

ROOM #:

PHYSICIANS ORDERS

LEE HEALTH
Lee County, Florida
OBSTETRICS & GYNECOLOGY
PRE-ECLAMPSIA/HYPERTENSIVE DISORDERS IN
PREGNANCY (HIP) ADMISSION ORDERS
FM# 3249 Pub. 12/16 Page 3 of 6

DATE	TIME	PRE-ECLAMPSIA/HYPERTENSIVE DISORDERS IN PREGNANCY (HIP) ADMISSION ORDERS
		2. ANTI-HYPERTENSIVES - Labetalol (Normodyne) IV Panel - continued
		C. Give initial dose of Labetalol 20 mg slow IV push over 2 minutes
		D. If goal not met 10 minutes after initial dose, give Labetalol 40 mg slow IVP over 2 minutes (second
		and subsequent dose(s) per policy and consider moving to a higher level of care)
		E. If goal not met 10 minutes after second dose, give Labetalol 80 mg slow IV push over 2 minutes.
		F. If goal not met 10 minutes after third dose, call OB provider for additional orders.
		☐ Hydralazine (Apresoline) IV Panel
		A. Initiate if Systolic Blood Pressure greater than 160 mmHg OR Diastolic Blood Pressure greater than
		100 mmHg, taken twice 15 minutes apart and call OB Provider
		B. Goal of therapy: Systolic Blood Pressure ≤ 140 or mmHg and Diastolic Blood Pressure
		≤ 90 or mmHg
		C. Give initial dose of Hydralazine □ 5 mg □ 10 mg slow IV push over 2 minutes
		D. If goal not met 20 minutes after initial dose, give Hydralazine 10 mg slow IVP over 2 minutes (second
		and subsequent dose(s) per policy and consider moving to a higher level of care)
		E. If goal not met 20 minutes after second dose, call OB provider for additional orders.
		□ Nifedipine PO Panel
		A. Initiate if Systolic Blood Pressure greater than 160 mmHg OR Diastolic Blood Pressure greater than
		100 mmHg, taken twice 15 minutes apart and call OB Provider
		B. Goal of therapy: Systolic Blood Pressure ≤ 140 or mmHg and Diastolic Blood Pressure
		≤ 90 or mmHg
		C. Give initial dose of Nifedipine 10 mg PO
		D. If goal not met 20 minutes after initial dose, give Nifedipine 20 mg PO
		E. If goal not met 20 minutes after second dose, give Nifedipine 20 mg PO
		F. If goal not met 20 minutes after third dose, call OB provider for additional orders.
		☐ Labetalol (Normodyne) Tablet ☐100 mg ☐ 200 mg PO ☐ every 12 hours ☐ TID
		☐ Methyldopa (Aldomet) ☐ 250 mg ☐ 500 mg PO every ☐ 6 hours ☐ 8 hours ☐ 12 hours
		3. VTE PROPHYLAXIS
		Provider: Select 1 Risk Category:
		A. UTE Risk Category: Low Risk Surgery - Age less than 40, no additional VTE risk factors, same day
		surgery.
		B. UTE Risk Category: At Risk Medical - Older patients (age greater than 40) or those with restricted
		mobility, and/or known risk factors for VTE such as heart failure, active infection, severe
		respiratory disease, obesity (BMI >25), history of thrombophilia, prior VTE or cancer.
		continued on page 5

ROOM #:

PHYSICIANS ORDERS

LEE HEALTH
Lee County, Florida
OBSTETRICS & GYNECOLOGY
PRE-ECLAMPSIA/HYPERTENSIVE DISORDERS IN
PREGNANCY (HIP) ADMISSION ORDERS
FM# 3249 Pub. 12/16 Page 4 of 6

ROOM #:

PHYSICIANS ORDERS

LEE HEALTH
Lee County, Florida
OBSTETRICS & GYNECOLOGY
PRE-ECLAMPSIA/HYPERTENSIVE DISORDERS IN
PREGNANCY (HIP) ADMISSION ORDERS
FM# 3249 Pub. 12/16 Page 5 of 6

DATE	TIME	PRE-ECLAMPSIA/HYPERTENSIVE DISORDERS IN PREGNANCY (HIP) ADMISSION ORDERS
		2. VTE PROPHYLAXIS - Pharmacologic Prophylaxis - continued
		☐ Pharmacologic prophylaxis contraindicated or refused. Reasons:
		☐ Risk of Bleeding ☐ Active Bleed or Hemorrhage ☐ Epidural Cath in place/DC'd last 12hrs
		☐ Inferior Vena Cava Filter (IVCF) ☐ Thrombocytopenia (PLT<100,000) ☐ Patient Refused
		3. ANALGESICS
		☐ Acetaminophen (Tylenol) 325 mg 1-2 tabs PO every 4 hours PRN mild pain
		CHOOSE ONLY NUBAIN <u>OR</u> STADOL:
		☐ Nalbuphine (Nubain) 5 mg IV every 2 hours PRN moderate pain
		☐ Nalbuphine (Nubain) 10 mg IV every 2 hours PRN severe pain
		☐ Butorphanol (Stadol) 1 mg IV every 2 hours PRN moderate pain
		☐ Butorphanol (Stadol) 2 mg IV every 2 hours PRN severe pain
		4. GI MEDICATIONS
		☐ Aluminum/Magnesium/Simethicone (Mylanta) 30 mL PO every 6 hours PRN indigestion
		5. ANTIEMETICS
		☐ Metoclopramide (Reglan) 10 mg IV Push every 6 hours PRN nausea
		☐ Promethazine (Phenergan) 25 mg ☐ PO ☐ PR every 4 hours PRN nausea
		6. SEDATIVES
		☐ HydrOXYzine (Vistaril) 50 mg Intramuscular ONLY x 1 dose PRN anxiety
		6. BOWEL MANAGEMENT
		☐ Docusate (Colace) 100 mg PO daily
		7. OTHER MEDICATIONS
		☐ Initiate Magnesium Sulfate Orders (FM# 3254) as appropriate for severe pre-eclampsia
		☐ Betamethasone (Celestone) 12 mg Intramuscular every 24 hours x 2 doses
		☐ Prenatal Vitamin 1 tablet PO daily if at least on clear diet
		ADDITIONAL ORDERS
Physici	an Signa	nture: Date: Time:
		ed Name: Physician Number:

PHYSICIANS ORDERS

LEE HEALTH
Lee County, Florida
OBSTETRICS & GYNECOLOGY
PRE-ECLAMPSIA/HYPERTENSIVE DISORDERS IN
PREGNANCY (HIP) ADMISSION ORDERS
FM# 3249 Pub. 12/16 Page 6 of 6