Complete for 20 systematically selected postpartum (PP) women (sampling method on the back) admitted to your hospital for delivery regardless of infant outcome.

<table>
<thead>
<tr>
<th>Study ID # __________</th>
</tr>
</thead>
</table>

### DEMOGRAPHICS

<table>
<thead>
<tr>
<th>Delivery Month ______ Year ______</th>
<th>Saturday/Sunday/Holiday discharge □ Yes □ No</th>
<th>Maternal age ______</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Type of insurance</strong></td>
<td></td>
<td><strong>Mother’s Race</strong></td>
</tr>
<tr>
<td>□ Medicaid/Medicaid plans</td>
<td></td>
<td><strong>Mother's</strong></td>
</tr>
<tr>
<td>□ Private</td>
<td></td>
<td><strong>Preferred</strong></td>
</tr>
<tr>
<td>□ Self-pay</td>
<td></td>
<td></td>
</tr>
<tr>
<td>□ Other</td>
<td></td>
<td></td>
</tr>
<tr>
<td>□ Unknown</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Prenatal care started in</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>□ I / II trimester</td>
<td></td>
<td><strong>Route of</strong></td>
</tr>
<tr>
<td>□ III trimester</td>
<td></td>
<td><strong>Delivery</strong></td>
</tr>
<tr>
<td>□ No prenatal care</td>
<td></td>
<td></td>
</tr>
<tr>
<td>□ Unknown</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### POSTPARTUM CARE

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Was a Maternal Discharge Risk Assessment performed?</strong></td>
<td>□</td>
</tr>
<tr>
<td><strong>Was the patient (pt.) verbally instructed on the benefits of early risk-appropriate PP visits/Post-Birth Health Check and given written materials?</strong></td>
<td>□</td>
</tr>
<tr>
<td><strong>Was the pt. verbally instructed about PP Warning Signs and given PP warning signs written materials?</strong></td>
<td>□</td>
</tr>
<tr>
<td><strong>Was the pt. verbally instructed about the benefits of and options for pregnancy spacing, family planning, and contraceptive choice and given written materials?</strong></td>
<td>□</td>
</tr>
<tr>
<td><strong>Was a PP Discharge Assessment (vital signs and response) conducted just prior to discharge?</strong></td>
<td>□</td>
</tr>
</tbody>
</table>

### POSTPARTUM VISITS

How many days after delivery were Postpartum Visits scheduled prior to discharge? (check all that apply)?

- □ <7 days
- □ 7-14 days
- □ 15 - 21 days
- □ > 21 days
- □ Not scheduled/mother instructed

**PP High risk? □ Yes → check condition(s) below □ No**

- □ Chronic HTN, gestational HTN, pre-eclampsia, eclampsia, maternal heart disease, or related conditions
- □ Hx of venous thromboembolism (DVT or pulmonary embolism) /on anticoagulation
- □ C-section or 3rd or 4th degree vaginal laceration
- □ Positive screen for Substance Use Disorder
- □ Feeling unsafe at home / Positive for Intimate Partner Violence
- □ Positive Edinburgh Postnatal Depression Scale
- □ Requested/required additional community resources
- □ Other _______________________

**Referrals scheduled and medications provided prior to discharge (check all that apply)**

- Specialty appointment □
- Mental/Behavioral Health appointment □
- Healthy Start/home visiting □
- Medicaid Case Manager □
- Hospital financial counselor □
- Appropriate medication □
- Naloxone kit/Rx □
Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Questions? Please contact fpqc@usf.edu

Need for additional community resources
Consult social worker, refer to Healthy Start, Medicaid Case Manager, or hospital financial counselor.

PP Discharge Assessment:
check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Guidelines for postpartum management are to be set by your hospital. Patients should be assessed for the following at minimum:

| Chronic hypertension, gestational hypertension, pre-eclampsia, eclampsia or maternal heart disease, or related conditions | Schedule blood pressure check in 2-3 days and appointment with OB or PCP in 1-2 weeks. If yes to maternal heart disease, schedule appointment with cardiology in 1-2 weeks. |
| History of venous thromboembolism (DVT or pulmonary embolism) this pregnancy or on anticoagulation prior to delivery | Ensure patient has 6 weeks of medication for anticoagulation in hand prior to discharge. |
| C-section or 3rd or 4th degree vaginal laceration | Schedule for 1–2-week incision check with OB. |
| Positive screen for Substance Use Disorder | Perform SBIRT; refer for MAT/MOUD, Narcan kit, OB follow up in 1-2 weeks |
| Feeling unsafe at home or positive screen for Intimate Partner Violence | Refer to case manager or social worker for assessment prior to discharge. |
| Feelings of depression, hopelessness or disinterest | Screen with Edinburgh Postnatal Depression Scale, contact OB provider, and schedule follow up for mood check in 1-2 weeks. Consider psych consult |
| Need for additional community resources | Consult social worker, refer to Healthy Start, Medicaid Case Manager, or hospital financial counselor. |

MATERNAL DISCHARGE RISK ASSESSMENT

Guidelines for postpartum management are to be set by your hospital. Patients should be assessed for the following at minimum:

- If your hospital has 40 births per month or more: report 20 systematically selected discharged deliveries per month. Selection process: Start by dividing the total number of delivery discharges that occurred at your facility in a given month by 20. Then select every nth chart where n is the result of that division. e.g. Your hospital had 105 discharged deliveries in June. Divide 105 by 20. 5 is your nth for June. Report data on every 5th chart.

- If your hospital has less than 40 births per month: report the first 10 delivery charts per month.

DATA DEFINITIONS

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

PP Discharge Assessment: check blood pressure, heart rate, respiratory rate, and body temperature just prior to discharge - refer to FPQC’s PP Discharge Assessment for appropriate response.

Post-Birth Health Check: patient preferred language for the early risk-appropriate PP visit within 2 weeks postpartum

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.