if you feel sick, don’t come to work

Other precautions to keep flu from spreading:

• Avoid close contact with others
• Cover your mouth and nose with a tissue or crook of arm when coughing or sneezing
• Wash your hands often with soap and water
• Use alcohol-based hand sanitizers when soap and water are not available

Contact your healthcare practitioner if you have flu symptoms, such as:

• fever
• body aches
• congestion
• coughing
• sneezing
• vomiting
• diarrhea

These guidelines are for our employees. All our employees play a vital role in helping our patients and each other.

USF Health | TGH
H1N1 Flu Information Line:
(813) 844-FLU1