

Week of October 19-25, 2015

## DEPARTMENT OF PSYCHIATRY & BEHAVIORAL NEUROSCIENCES



### Weekly Newsletter

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#### Save the Date!

10/30	Mental Health, Guns, & Violence
10/30	Farewell for Dr. de Erausquin
11/3	Brain Health Fair
11/7	AHA Annual Heart Walk
11/18	Thanksgiving Potluck Luncheon
12/12	Department Holiday Party at Dr. Currier's House

### Resident Lectures

**Thursday, October 22**

PGY 1-4 & Child & Adolescent Psychiatry Residents

Please see the weekly didactic notice emails from the Education Office for scheduled topics and presenters

#### Third Year Medical Students

**Thursday, October 22**

9:00-10:30am - Neurology Exam - Morsani Rooms 1013A and 1013B

**Friday, October 23**

12:45-5:15pm - Psychiatry NBME - MDA1096 and 1097

### Grand Rounds

**Thursday, October 22, 12:00-1:00pm | USF Psychiatry Building 2nd Floor Conference Room #232**

"Substance Use Disorders Among Physicians" presented by Teresa Baker, MD

**Thursday, November 5, 12:00pm | MH Outpatient Clinic (10770 N. 46th Street, Building E, Room #209)**

"Transcranial Magnetic Stimulation - Emerging Applications" presented by Mark Weisman, MD. Participants will be able to describe the mechanism of action of Transcranial Magnetic Stimulation, identify the current indications for rTMS, and describe major areas of research in new applications for rTMS.

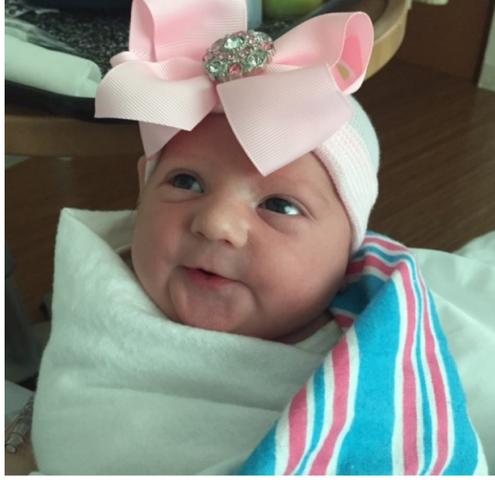
### A 100 Mile Bike Ride for Cancer Fighters & Survivors



This past weekend, Dr. Mattingly biked 100 miles from Key Largo to Key West to raise money for First Descents, an organization that helps young adult cancer survivors and fighters through outdoor adventure activities, such as surfing.

Dr. Mattingly dedicated her ride to Karen Long, a mother and Orlando Police Officer, who recently lost her 8 year battle with breast cancer.

Her fundraising page is available [here](#).



Please join us in welcoming Charlotte Figueroa!

Born this morning at 12:16, weighing 7 pounds, 2 ounces!

Congratulations Colleen and James!

### AHA Heart Walk

Be sure to check your email for updates about our "Psych Will Hike" team for this year's American Heart Association annual Heart Walk. We are less than one month away from the big event! Friends and family are welcome. You can sign up and/or donate [here](#).

### Mental Health, Guns, & Violence

**Friday, October 30, 9:00am-noon | USF Gibbons Alumni Center-Traditions Hall** Join us for a free colloquium on mental health, guns, and violence.

Featured presenters include: Jeffrey Swanson, PhD, Professor, Psychiatry & Behavioral Sciences, Duke University School of Medicine; Alan Lizotte, PhD, Professor, School of Criminal Justice, University at Albany, State University of New York; JD Withrow, USF Chief of Police; Jane Castor, Former Tampa Chief of Police; Linda MacKinnon, President and CEO, Central Florida Behavioral Health Network, Inc. This event is open to the public and sponsored by the USF Departments of Criminology and Mental Health Law and Policy, along with the Louis de la Parte Florida Mental Health Institute.

### Brain Health Fair

**Tuesday, November 3, 8:30am-3:30pm | 4001 E. Fletcher Ave, Tampa, FL 33613** Please join us for a free health expo offering memory screenings,\* various exhibits and services such as blood pressure checks, balance screenings, medication reviews, and hearing screenings. Free vehicle safety checks for senior drivers will be provided.

To register for the event please visit [Eventbrite.com](#) or call 813-396-0659

\* For a memory screening appointment, please pre-register by visiting [alz.health.usf.edu](#). Memory checks provided by the USF Health Byrd Alzheimer's Institute and the USF Department of Psychiatry's Memory Disorders Clinic.

Medication reviews provided by a pharmacist from the USF College of Pharmacy. Hearing screenings provided by the USF Department of Communication Sciences & Disorders.

### EH&S Safety Trainings

Did you know October is National Fire Safety Month and September was National Preparedness Month? Be sure to check out the free trainings provided by USF Environment Health & Safety Services (remember Lab Safety Training is required for all personnel conducting research in chemical laboratories).

Click [here](#) to download EH&S's Laboratory & Research Safety Guide (PDF) [Learn more](#) about the free mobile safety smartphone apps offered by USF

Click [here](#) to read more about EH&S's Laboratory Safety program

### Happy Birthday!

Dr. Neil Thierry (10/20) Yang Gao (10/24) Dr. Heidi Lahtenmaa (10/25)

### Current Research

#### Now Enrolling – Mild Alzheimer's Disease

This is a double-blind, placebo-controlled study to test the safety and effectiveness of an anti-amyloid antibody administered subcutaneously as a disease-modifying treatment in patients age 50 - 90 with mild AD. Stable dose of approved medications for AD will be permitted at study entry. Patients will undergo brain MRI exams for monitoring safety and response to study treatment. They will also undergo safety and cognitive testing. Patients must have a person with whom they are regular contact, who can accompany them to study visits. Please call Kathy at (813) 974-7006 to make a referral.

*Principal Investigator: Jean Fils, MD*

#### Now Enrolling – Major Depressive Disorder Study for Adolescent Patients

This is a double-blind, placebo-and active -controlled study to test the safety and efficacy of Levomilnacipran ER treatment in adolescent patients age 12-17 with Major Depressive Disorder. In addition, the study is designed to obtain pharmacokinetics (PK) data to guide dose selection for future pediatric studies of levomilnacipran. Patients could be enrolled into the 10mg, 20mg, 40mg or placebo group. Patients will also undergo safety and severity of symptoms assessments. Please call Colleen at (813) 974-9104 to make a referral.

*Principal Investigator: Daniel Fallon, MD*

#### SPRITES: A Non-Interventional, Longitudinal, Cohort Study to Evaluate the Effects of long-term Sertraline Treatment in Children and Adolescents (IRB # 12-0382)

Has your child received a new sertraline prescription OR recently started psychotherapy? Then your child may be eligible for **SPRITES**. The purpose of the study is to evaluate the risks and benefits of up to 3 years treatment with sertraline on cognition (thinking), emotional and physical development, and pubertal (sexual) maturation in children between the ages of 6 to 16 years. There are 8 visits over 3 years. Compensation per visit is available. Please call 727-767-8230 for more information.

*Principal Investigator: Tanya Murphy, MD*

#### Immune characterization of a control cohort for identifying potential immunological biomarkers and psychosocial correlates in pediatric patients presenting with neuropsychiatric disorders through comparative analysis (IRB # 00022667)

The purpose of this study is to obtain biological samples, including blood, urine, stool, throat, nasal, and buccal (cheek) swabs from **healthy youth** to compare to samples collected from patients with neuropsychiatric disorders including obsessive-compulsive disorder (OCD), tic disorders, and autism spectrum disorders (ASD). Our aim is to identify factors that can be used to help understand the causes of these pediatric neuropsychiatric disorders and aid in developing better diagnostic tools and treatments. Additionally, we hope to understand how immune-related events, such as infections, contribute to these disorders and how they impact clinical presentations. The study participation is one visit of approximately 2 hours in length. During the visit, the child and parent will complete interviews and questionnaires. We will collect biological samples, including blood, urine, and throat/nasal/cheek swabs. Numbing cream is available. A complete physical and neurological exam will be given to the child. There is the option of providing a stool sample which is collected at home. There is no cost to the family. Compensation of \$50 for the visit is available.

#### USF Rothman Center Tourette Syndrome Studies

Additionally, the USF Rothman Center is seeking children and adolescents with a diagnosis of **Tourette Syndrome** who are willing to participate in a pharmaceutical study. There are two studies which may be of interest. Study visits are at no charge. Compensation is available for the study visits. Please contact the study team for specific information:

##### T-Force Study: Neurocrine Biological Sciences

We invite boys and girls aged 6 to 18 who have a diagnosis of **Tourette Syndrome** to see if they qualify for the T-Force Study. The primary purpose of this research study is to determine the safety and tolerability of an investigational medication for Tourette syndrome. Each child will be evaluated to determine his or her eligibility to participate in the research study. Each participant who qualifies will receive the investigational medication, study-related medical exams, and laboratory tests at no cost. As some of the medical appointments can be lengthy, many forms of entertainment will become available to your child at his or her study visits. Compensation for time and travel may also be available. Please call 727-767-8230 for more information.

*Principal Investigator: Tanya Murphy, MD*

##### Psyadon Pharmaceuticals

Your child is invited to take part in a new clinical research program sponsored by Psyadon Pharmaceuticals which is using PSYRX101, an experimental synthetic drug, where the active ingredient is Ecopipam that acts as to stop the actions of one of these neurotransmitters and to help relieve the symptoms of **Tourette Syndrome**. The primary purpose of this research study is to determine the safety and tolerability of this investigational medication for Tourette syndrome in children between the ages of 7 and 17 years. Each potential subject will be evaluated to determine his or her eligibility to participate in the research study. Each participant who qualifies will receive the investigational medication, study-related medical exams, and laboratory tests at no cost. Compensation is available. Please call 727-767-8230 for more information.

*Principal Investigator: Tanya Murphy, MD*

#### 2/3 Treatment of Anxiety in Autism Spectrum Disorder (IRB # 00064328)

The researchers are currently investigating how a personalized cognitive behavioral therapy (CBT) program for children with **Autism Spectrum Disorder (ASD)** compares to a standard practice CBT program in helping children overcome their anxiety. All children between the ages of 8 and 13 years who qualify for the study will receive 16 sessions of CBT treatment. If your child qualifies for the study, there is a 45% chance s/he will receive personalized CBT for children with ASD, 45% chance s/he will receive standard practice CBT and a 10% chance s/he will receive normal treatment (with the option of receiving your choice of cognitive behavioral therapy at the end of the study. No matter which group your child is in s/he would participate in three additional visits to the clinic to complete study assessments. All assessments and therapy sessions are provided free of charge. Please call 727-767-8230 for more information.

*Principal Investigator: Eric Storch, PhD*

#### Modular Treatment for Preschooler and Young Children with Anxiety (IRB # 0002196)

This research is being done to test how well a certain type of mostly parent-focused cognitive behavioral therapy (CBT) works for pre-school aged children with anxiety. Study participants are between the age of 3 to 7 years of age, and their parent needs to be present during the assessments and therapy. Study participation is approximately 10 months. There is no cost for the assessments and therapy. Some compensation is available. Please call 727-767-8230 for more information.

*Principal Investigator: Adam Lewin, PhD*

#### Stepped Care Cognitive Behavioral Therapy for Pediatric Obsessive-Compulsive Disorder (IRB # 13-0620)

This research is being done to determine how well we can help kids with obsessive-compulsive disorder (OCD) using therapy that requires less clinic visits. We are testing a Stepped-Care Cognitive Behavioral Therapy (Stepped-Care CBT) approach in which kids receive a full course of parent-led, therapist guided treatment for OCD. The goal is to see if therapy can be done in fewer visits to our clinic. Children receiving Stepped-Care CBT will start with Step One, which includes three therapy sessions over six weeks. Those who do not get better in Step One will "STEP UP" to Step Two which involves coming in to meet with a therapist for the remaining sessions. We will compare youth receiving Stepped-Care CBT to youth receiving standard CBT in our clinic through this study. Children with obsessive-compulsive disorder between the ages of 8 and 17 years old and their parent may join. Please call 727-767-8230 for more information.

*Principal Investigator: Adam Lewin, PhD*

For more information on current open studies or to refer a patient, please call Kathy 813-974-7006 or Colleen 813-974-9104