



## DEPARTMENT OF PSYCHIATRY

Office of the Chair - Week of April 29 – May 3, 2013

Website: <http://www.hsc.usf.edu/PSYCH/>

### *Newsletter*

#### Meetings

<b>Thursday</b>	<b>05/02/13</b>	<b>8:00 a.m.</b>	<b>Call Center Meeting</b>
			<b><u>Resident Lectures:</u></b>
		<b>8:00 a.m.</b>	<b>CHILD – “Forensic Series” Dr. Rosa Negron</b>
		<b>9:00 a.m.</b>	<b>CHILD – “Forensic Series” Dr. Rosa Negron</b>
		<b>10:00 a.m.</b>	<b>CHILD – “Development – Video School Aged” Dr. Sandra Stock</b>
		<b>12:00 noon</b>	<b>No Grand Rounds</b>
		<b>1:00 p.m.</b>	<b>PGY-2 – “Child and Adolescent Psychiatry – ADHD” Dr. Michael Bengtson PGY-3 – “Clinical Case Conference” Dr. Kailie Shaw/Beth Reese, LCSW GERI – “Psychosocial Stresses in the Elderly” Ofelia Grandillo, LCSW</b>
		<b>2:00 p.m.</b>	<b>PGY-2 - “Personality Disorders #1” Dr. Velda Rexach PGY-3– “Advanced Psychopharmacology” Thea Moore, PharmD</b>
		<b>3:00 p.m.</b>	<b>PGY-1– “Emergency Psychiatry” Dr. Woodburne Levy PGY-2 – “Consultation Liaison Series” Dr. Kimberly Hartney PGY-3 – “Psychodynamic Theories – Self Psychology” Dr. Edmond Stein PGY-4 – “Board Review Series” Dr. William Hervey</b>
		<b>4:00 p.m.</b>	<b>PGY-1– “Emergency Psychiatry” Dr. Woodburne Levy</b>
<b>Friday</b>	<b>05/03/13</b>		<b><u>Third Year Medical Students</u></b>
		<b>8:30 a.m.</b>	<b>Psychiatry NBME</b>
		<b>1:00 p.m.</b>	<b>Neurology Exam</b>

## In The Know!

**Happy Birthday Wishes to Doug Freeman/April 29<sup>th</sup>.**

For information regarding the USF Memory Disorders Clinic, please click on the following link: [http://health.usf.edu/medicine/psychiatry/p\\_memory\\_disorders\\_clinic.htm](http://health.usf.edu/medicine/psychiatry/p_memory_disorders_clinic.htm)

## Research Happenings!

For information regarding current clinical trials, please go to the following website: <http://health.usf.edu/medicine/psychiatry/index.htm>

**Current Open Studies – Call [813-974-2832](tel:813-974-2832) or [813-974-1404](tel:813-974-1404) for more information on any study or to refer a patient.**

### **Now Enrolling! Obsessive Compulsive Disorder**

This is a double-blind, parallel-controlled study to test the safety and effectiveness of an investigational medication as an add-on to SSRI antidepressants in adults ages 18-65 with Obsessive Compulsive Disorder (OCD). The study may last up to 21 weeks. Study medication, study visits, and related lab work are provided at no cost. Patient must be in general good health to be eligible for participation. Principal Investigator – Carlos Santana, MD – call Kathy at 974-7006 to make a referral.

### **Autism, Asperger's Disorder, Pervasive Developmental Disorder**

The ConnectMe clinical research program includes three studies that are evaluating tolerability, safety, and effectiveness of an investigational drug on social interaction and communication skills in children ages 6-12 with Autism, Asperger's Disorder, and Pervasive Developmental Disorder – Not Otherwise Specified. The program's first study is an open-label study that can last up to 50 weeks. Patients that are eligible for and participate in this study may have the option to participate in the follow-up studies. Study drug, study visits, and study related laboratory work are provided at no cost.

### **Now Enrolling – Bipolar**

A 9-month outpatient study of Ramelteon sub-lingual as an adjunctive treatment to prevent relapse of manic/mixed/depressive symptoms in patients 18-75 years who have experienced a manic/mixed/depressed episode within the last 9 months. Patients will continue on current mood stabilizers, antidepressants, or antipsychotic medications throughout the trial. PI – Carlos Santana, MD

### **Now Enrolling – Bipolar I Disorder with Depressive Symptoms**

An 8-week outpatient study assessing Ramelteon sub-lingual as an adjunctive treatment for patients 18-75 years who are currently experiencing depressive symptoms associated with Bipolar I Disorder. Patients must be on Lithium and/or Depakote. PI – Carlos Santana, MD

<http://health.usf.edu/medicine/psychiatry/research/index.htm>

### **Antibiotic Treatment Trial for the PANDAS/PANS Phenotype**

The purpose of this research study is to know if the antibiotic azithromycin improves symptom severity in children with sudden and severe onset obsessive compulsive symptoms known as PANS, Pediatric Acute Onset Neuropsychiatric Syndrome, and PANDAS, Pediatric Autoimmune Neuropsychiatric Disorder Associated with Streptococcus. This study seeks to compare the effects of placebo vs. azithromycin on symptom severity as well as to assess immune risk factors in children with PANDAS/PANS. Your child is being asked to take part in this research study because he/she may meet criteria for PANS/PANDAS and has a current episode of Obsessive-Compulsive Disorder (OCD) symptoms of less than or equal to 6 months that has been associated with an infection. Children ages 4-14 years old who are not currently taking prophylactic antibiotics or undergoing cognitive behavioral therapy (CBT) are eligible to participate. Please call (727) 767-8230 for more information.

**Principal Investigator: Tanya Murphy, MD**

### **Quality of Life in Youth with Tic Disorders**

A one-time study visit evaluating the quality of life in youth with tic disorders, specifically on various aspects of family functioning and the daily challenges faced by children and their families. Children ages 6-17 years old with a diagnosis of a tic disorder (i.e. Chronic tic disorder or Tourette Syndrome) and are experiencing current tics are eligible to participate. This study is a one-time visit that will include questionnaires and assessments. Participants will also have the opportunity to attend a focus group with youth of similar age assessing kinds of help they received and accessibility of services and the difficulties faced by having tics. Please call (727) 767-8230 for more information. Principal Investigator: Tanya Murphy, MD

### **Child and Adolescent Tourette's Disorder Guanfacine Clinical Trial**

The purpose of this research study is to learn more about the new extended release formula of the drug, guanfacine. This new formula is called *Intuniv*. This study will help us understand how safe and how well this new extended release formula of guanfacine works for children with chronic tics. Your child is being asked to take part in this research study because he/she has been diagnosed with Chronic Motor or Vocal Tic Disorder or Tourette's Disorder. Main symptoms are motor tics such as uncontrolled movements and/or vocal tics such as repeated noises. These tics occur many times a day, nearly every day lasting for at least 1 year. Children ages 6-17 years old are eligible to participate. Please call (727) 767-8230 for more information.

**Principal Investigator: Tanya Murphy, MD**

### **Living with Tics**

The Living with Tics research study hopes to show how well a type of psychotherapy helps children better cope with tics and become more resilient. Children who are interested to participate must attend an initial assessment to determine eligibility. Eligible participants must be between 8 and 18 years of age, have a diagnosis of Tourette Syndrome or Chronic Tic Disorder, experience tic-related impairment, and either be medication-free or on stable medication. If eligible, interested participants will be randomly assigned to receive immediate psychotherapy or a 10 week waitlist

**control condition followed by subsequent psychotherapy. As part of the study, there is no charge for the psychotherapy treatment. The immediate psychotherapy condition consists of weekly therapy sessions over a 10 week period. This multi-component treatment approach includes habit reversal training, anger management, problem solving skills and other related therapeutic components to help improve the quality of life for children with chronic tic disorders. Please call (727) 767-8230 for more information. Principal Investigator: Eric Storch PhD.**

**Adult OCD Ondansetron Clinical Trial**

**The purpose of this research study is to investigate the effectiveness, safety, and tolerability of 2 dosages Ondansetron as compared to placebo (a substance which looks like an active drug but has no active ingredient) in adult who have OCD and who are currently taking a selective serotonin reuptake inhibitor (SRI) such as Anafranil® (clomipramine) Paxil® (paroxetine), Prozac® (fluoxetine), Luvox® (fluvoxamine, or Zoloft® (sertraline). Another purpose of this study is to find out how the study drug works in the body when taken along with an SSRI. Please call (727) 767-8230 for more information. Principal Investigator: Tanya Murphy, MD**

**Pediatric OCD D-Cycloserine and Cognitive Behavioral Therapy (CBT) Research Study**

**The purpose of this research study is to examine if d-cycloserine enhances cognitive behavioral therapy for pediatric OCD. Participants will be involved in fifteen clinical visits spanning a nine-month period. Each participant will receive ten sessions of cognitive behavioral therapy and seven doses of the study medication or placebo one hour prior to session. Children ages 7-17 years old are eligible to participate. Please call (727) 767-8230 for more information.**

**Principal Investigator: Eric Storch PhD**

**Cognitive-Behavioral Therapy (CBT) for Anxiety Disorders in Children with Autism Spectrum Disorder Research Study**

**The purpose of this research study is to examine the efficacy of a manualized cognitive-behavioral therapy to treat anxiety disorders in children with autism spectrum disorders. Therapy sessions last approximately one hour a week for sixteen weeks. In addition, participants will be involved in a number of anxiety and developmental assessments free of charge. Children ages 7-16 years old are eligible to participate. Please call (727) 767-8230 for more information. Principal Investigator: Eric Storch, PhD.**