MOUNT CARMEL OUTREACH/STREET MEDICINE/URBAN HEALTH

Jack O’Handley, M.D.
- Mobile Coach/Street Medicine
- Urban Health
- Church Partnerships
- My Baby and Me
- Crime and Trauma Assistance Program
- Welcome Home
Know What Affects Health

- **40%** Socioeconomic Factors
- **30%** Health Behaviors
- **20%** Clinical Care
- **10%** Physical Environment
CDC Health Impact Pyramid
Factors that Affect Health

Examples
- Eat healthy, be physically active
- Rx for high blood pressure, high cholesterol, diabetes
- Immunizations, brief intervention, cessation treatment, colonoscopy
- Fluoridation, trans fat, smoke-free laws, tobacco tax
- Poverty, education, housing, inequality

Check the Tarrant County Public Health Web site to learn more.
http://health.tarrantcounty.com
“Conditions in the environments in which people live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.”

(Centers for Disease Control and Prevention [CDC], n.d.)
Social Health Determinants

- Transportation Barriers
- Housing
- Underemployment
- Unemployment
- Education
- Social Exclusion
- Early Childhood Development
- Stress
- Insurance
• Street Medicine/Mobile Coach
• Narcan Education and Distribution
• Mental Health Services
• STI Testing
• Counselling
• Spiritual Care
• Housing Placement
• Visits to Homeless Camps
The Mission of the Outreach Mobile Coach and Street Medicine Program is to serve those who have barriers to necessary and appropriate healthcare.

- This includes the homeless, vulnerable
- This includes people who have no way to pay for healthcare services
- This includes people like you and me

Who We Serve
Mount Carmel’s Outreach Program was started in the mid 1980’s
Sister Pat Carroll started seeing patients for nursing assessments at the Open Shelter
1990 Family Practice residents from Mount Carmel provided urgent medical care at the Open Shelter
1998 Our first mobile clinic was launched
• 2001 A full time Medical Director was hired
• 8 sites around Columbus were visited on a regular schedule
• 2010 A new mobile clinic was purchased through the Mount Carmel Foundation
• 2010 The Street medicine visits began on a weekly basis
• Data Entry Staff
• Case Managers who are Spanish Speakers
• RNs
• Physician and Nurse Practitioner
• Medical Technician—also serves as driver
• Hospital interpreter as needed
• Mount Carmel Chaplain
• Patient Advocate

• Partnering Staff—
  ◦ Southeast Mental Health Staff
  ◦ Maryhaven Rehab and Housing Specialists
  ◦ Healthcare for the Homeless Caseworker
  ◦ VA representative
Current Clinic Sites

- Garden Church in the Short North
- Stowe Mission
- St. Stephen the Martyr Catholic Church
- Holy Family Soup kitchen
- Hoge Memorial Church
- Salvation Army Rehab Center
- Gillie Center
- Star House Nurse clinic
- NNEMAP
- BNCC

Street medicine-each Tuesday and fourth Wednesday of each month
• 45% have mental health issues
  ◦ 25% of these are serious
• Chronic depression, schizophrenia, bipolar
• 46% reported alcohol problem
• 38% reported drug addiction
• Many have addiction, mental health, and physical health problems

Mental Health, Drug and Alcohol Addictions in the Homeless
• Services the 12 Health Determinates Standing in the Way of Good Health for Many Vulnerable Residents.
• Diabetes Prevention Program
• Substance Abuse Peer Specialist to Assist in Treatment Program Enrollment.
- Works to Assist and Empower Faith Communities
- Health Screening
- Develops Congregational Support Groups
- Establishes Health Ministry Teams
“It is better to light a candle than curse the darkness.”

W.L. Watkinson