

Obstetric Emergency Care Center: Early Labor Pathway

Our OB ECC Early labor pathway will allow you to become more familiar with some of the areas you will need to know when you are admitted to the hospital to have your baby. Depending on how you are feeling, complete all of the stops or just a few.

Stop #1: SMH Courtyard

You will begin your walk *straight across* the outdoor courtyard. Take a stroll through the gardens and observe the monuments recognizing some of our incredible donors.



Stop #2: Main Entrance & Lobby

Immediately *across* and *through* the courtyard is the hospital's main entrance. You'll see a glass display for the SMHCS Foundation, a seating area, and Pre-Admission Testing. Turn down the long hallway with the courtyard on your *left*. Take a *right* before you reach the "B" elevators. You will notice the "A" elevators in the distance. The Health Connection will be on your *right*, followed by the Gift Shop on your *left* and the valet pickup area down the hall also on your *left*.

Stop #3: Health Connection (Open M-F 7:30am-5pm, S&S 10am-5pm)

Stop by the Health Connection to recharge your tablet or smartphone at their charging station. Learn about Sarasota Memorial's active calendar of health and wellness classes and programs, support groups, lectures, and events. *Ask about their breast milk donation drop-off*



Stop #4: Gift Shop (Open M-F 9am-5pm)

Our gift shop offers a wide selection of unique gift items for our patients, visitors, and employees. Our wonderful volunteers and staff look forward to helping you select the perfect gift.

If your contractions become more intense, your water breaks or you start having vaginal bleeding, please return to the OB ECC for evaluation. Call (941) 917-3966 for assistance

Stop #5: Valet Pickup (Services available M-F 7am-6pm for a \$5 fee)

Self-parking is free and available in any of the parking garages on campus, however, sometimes it's easier to hand your keys off to someone else! Please feel welcome to take advantage of this feature. Just across from the Valet desk, feel free to visit our brand new Brian D. Jellison Cancer Institute Oncology Tower and take the main elevator up to the 8th floor to see our rooftop café.



Stop #6: Oncology Tower Rooftop Café* (M-F 7am-4pm)

Enjoy a hot (or iced!) cup of Starbucks coffee or a freshly blended smoothie while looking out at the beautiful Sarasota skyline.

When you're finished looking across our patio, head back down to the first floor and take a left at the valet. You will see the "B" elevators, which will be your primary landmark when you are admitted to labor & delivery.

**This stop is unavailable on nights and weekends*

Stop #7: B "like Baby" Elevators

Take the "B" elevators up to the 4th floor. Tucked into the back corner to the left, you will notice framed photos on the wall of some of our award winning staff members and providers. Just past the photos is the Windows Café.



Stop #8: Windows Café (M-F 6am-2pm)

Enjoy our breakfast buffet, salad bars, and hot meals for breakfast and lunch.

Walk back toward the "B" elevators and go straight down the hall, you will see a sign that says "Labor & Delivery." This is where your baby will be entering the world 😊

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Stop #9: Labor & Delivery Family Lounge & Entrance (4th Floor)

The family lounge is located just before the doors to enter the unit, complete with several chairs and vending machines. Please note the camera and doorbell, in place for security for you and your baby.



Stop #10: Women & Children's Security

Two floors up (6th floor) on the "B" elevators, you will come across our Women & Children's Department security desk. This is where your support people and visitors will check in to come visit you during your stay. Please say hello to our friendly public safety officers! They work so hard to make SMH a safe place for you and your family.

Head back down the "B" elevators to the first floor. Walk straight and you will be back in the courtyard.

Stop #11: 1700 South Café (M-F 7am-2am, S&S 6am-2pm).

Behind the umbrella tables, there is an entrance to the 1700 South Café, where you can get Starbucks coffee, pastries, to-go meals and hot soups & sandwiches.

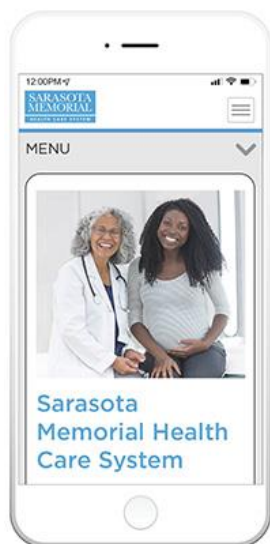


Stop #12: OB ECC Entrance

Welcome back to the OB ECC! Check in with registration to notify your nurse that you are back. Thanks for taking a tour of our facilities! We are so glad you came in!

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[SMHCS Approved Apps \(available on the Apple App Store and Google Play\)](#)



SMH Baby App, Powered by YoMingo

Whether you're a mom-to-be or a new mom, we've designed an app just for you: **SMH Baby, Powered by YoMingo!**

With the tips, tools and resources you need in one place, the comprehensive tool offers anytime, anywhere support, at every stage of the mom journey — from pregnancy through early motherhood.

Powered by YoMingo, SMH Baby delivers customized content + free, convenient access to:

- Expert tips and information on prenatal care, labor and birth, breastfeeding, newborn care and postpartum wellness — including lots of videos.
- Instructional videos required prior to scheduled cesarean section and epidural anesthesia.
- Specifics about the birth experience at Sarasota Memorial Hospital, including details about your arrival and stay.
- Sarasota Memorial's menu of childbirth education classes and support groups for new moms and breastfeeding assistance.
- Handy pregnancy tools, including a kick counter, contraction timer and personal journal.
- Must-have tools for tracking your newborn's wellness, including feeding and immunization logs.

Start using the SMH Baby YoMingo App

1. Complete the online registration form

2. Check your email inbox for an invitation from YoMingo with your unique login credentials. Don't see the invite in your inbox?

Check your junk/spam folder for an email from noreply@yomingo.com.

3. Once you've registered, download the mobile app — search for "myYoMingo" in your app store or scan the QR code below — or use the online version by logging in at myyomingo.com from any device with an Internet connection.

SMH Wayfinder App Gets You Where You Need to Go

Finding your way around Sarasota Memorial Hospital (SMH) just got a lot easier thanks to the SMH Wayfinder app, which offers users turn-by-turn directions inside the hospital. Much like a GPS, the app features blue-dot guidance, showing users' exact location inside the hospital on an animated green path as it plots the best route to the entered destination. The interactive map also includes landmark references, automatic re-routing when you go off track, and notable information about your surroundings, such as cafeteria hours.



The free, downloadable SMH Wayfinder uses a smartphone's compass and geomagnetic positioning technology to help visitors easily navigate SMH's 1.5 million-square-foot main campus, including the new Rehabilitation Pavilion. The high-tech guidance app—the first of its kind to be deployed in a U.S. hospital—is available in both iOS and Android formats, making it compatible with the majority of compass-equipped digital devices.

SMH Wayfinder App Features

- Unlike GPS systems, which do not work indoors, the geomagnetic technology is highly accurate inside buildings, offering pinpoint precision within 3 to 5 feet.
- Choose between two different views for turn-by-turn directions: blue-dot guidance on an interactive map or a list of written directions to your destination.
- Automatic re-routing if you go off track, or if an area or elevator is closed for maintenance.
- Location-based notifications with information about your surroundings, such as cafeteria hours.

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