SAFE REDUCTION OF PRIMARY CESAREAN BIRTH

FLORIDA PERINATAL QUALITY COLLABORATIVE

Initiative Overview

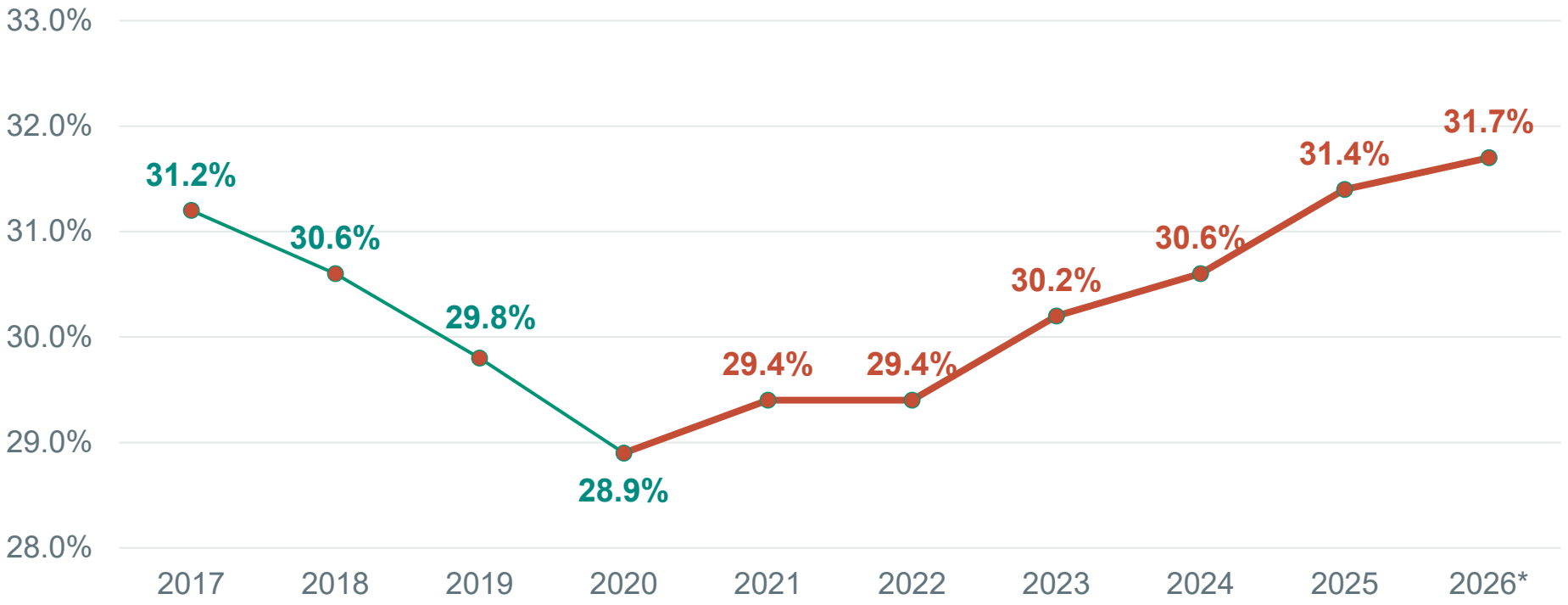
Cole Greves

FPQC

NTSV cesarean rates, FL Maternity Hospitals

The gains have been erased

After falling to 28.9% in 2020, the rate climbed above its 2017 level.



10%

Increase from 2020 to 2026*

31.7%

Highest rate in 10 years

NTSV: nulliparous, term, singleton, vertex. Source: Birth Certificate Data, Bureau of Vital Statistics, FDOH

*2026 rate includes data through August 2026.

Vertical axis starts at 28% to show annual changes.

FPQC

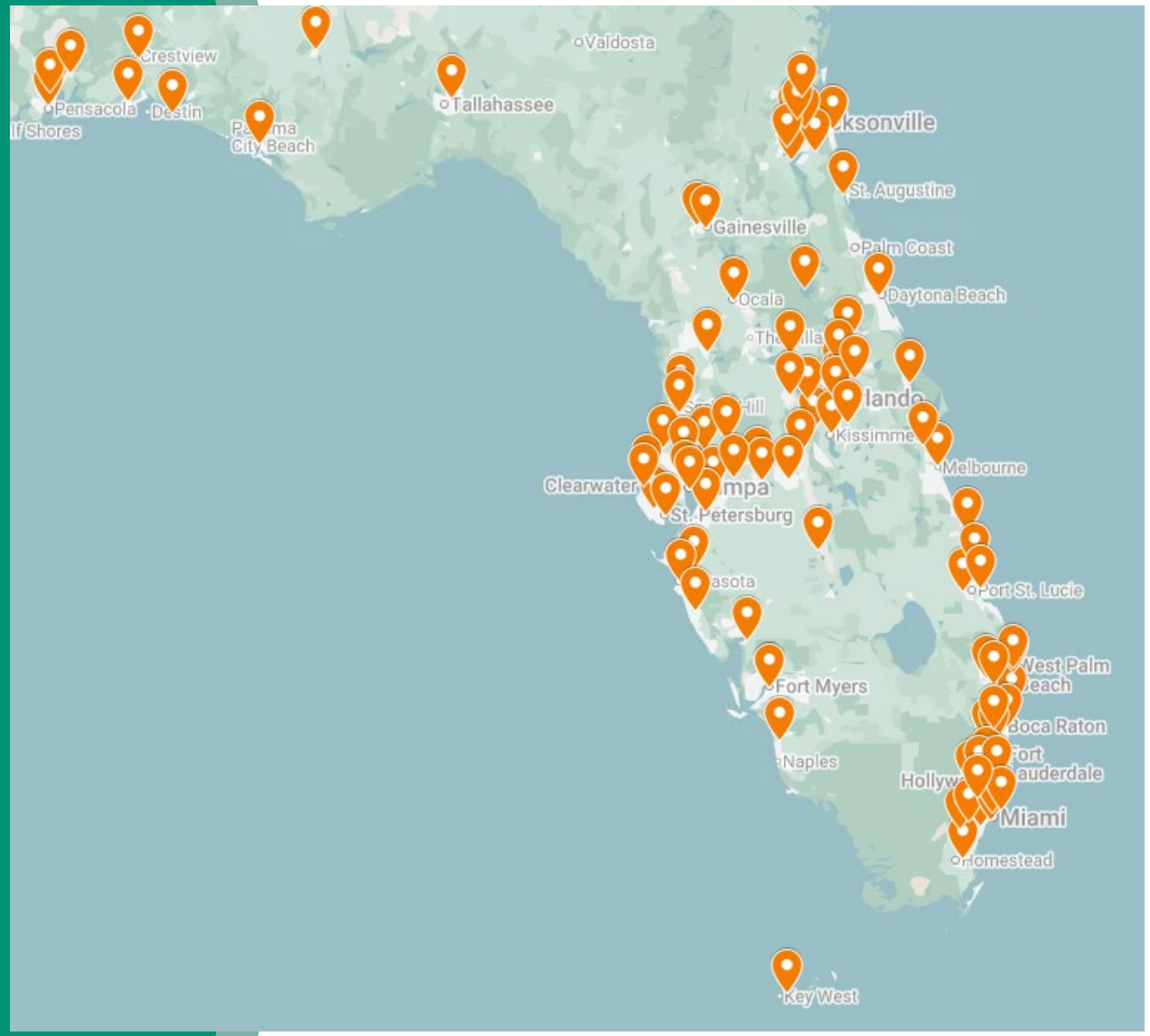
SAFE REDUCTION OF PRIMARY CESAREAN BIRTH

FLORIDA PERINATAL QUALITY COLLABORATIVE

SRPCB Hospitals:

96% (100) of FL maternity hospitals

95% of births in FL, 2024

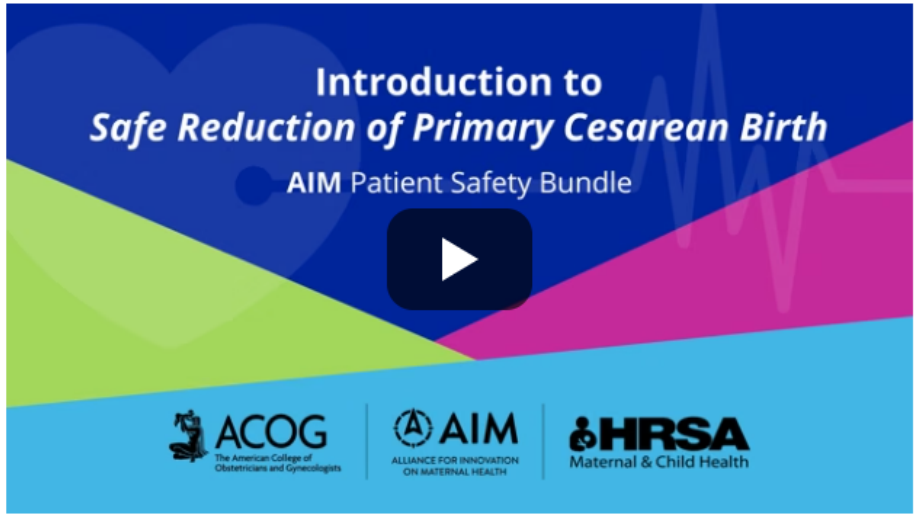


AIM - Saferbirth.org

- National, cross-sector commitment designed to support best practices that make birth safer, improve maternal health outcomes and save lives
- Developed Safe Reduction of Primary Cesarean Birth Bundle-revised 2023

SAFE REDUCTION OF PRIMARY CESAREAN BIRTH

The Safe Reduction of Cesarean Birth patient safety bundle was revised in 2023 to incorporate respectful care concepts, revise existing elements, include new elements related to evidence-informed practices, and update data collection plans. The bundle provides actionable steps to support labor and care processes that can be adapted to a variety of facilities and resource levels to improve quality of care and safely reduce cesarean births.



FPQC

Safe Reduction of Primary Cesarean Birth - Key Driver Diagram

***Global aim**: Support hospitals and care teams in implementing evidence-based, patient-centered labor and birth practices that promote vaginal birth and safely reduce unindicated cesarean births.*

Aim

By June 2028, participating hospitals will:

- Reduce the % of NTSV cesarean births by 10%.

- Increase the % of NTSV cesarean births that meet established clinical criteria by 20%.

Primary Drivers

- Promote team culture and clinical practice alignment that supports vaginal birth and shared decision-making
- Implement standardized processes for induction and labor support
- Standardize protocols for identification and response to labor challenges

Respectful care is a universal component of every driver and activity

Opportunity for Risk Reduction

- Nulliparity is a critical risk adjuster. Creates a standardized population.
- NTSV represents the most favorable conditions for vaginal birth with appropriate labor management
- The NTSV population exhibits the greatest variation for all sub-populations of cesarean births for both hospitals and providers
- The NTSV population is the largest contributor to the recent rise in cesarean rates