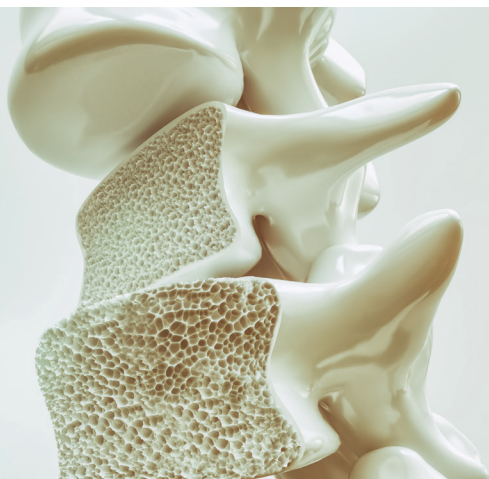


Joining the bone health database

- › You do not need to change your primary care physician or any other specialist who takes care of your bone health.
- › Come in for a visit every 6 months and participate at your level of comfort.



The data collected will be used to:

- › Study natural course of bone changes with aging and under different health conditions.
- › Study the genetics and causes of low bone mass.
- › Improve diagnostic algorithm for osteoporosis and disease monitoring.
- › Find new ways to track disease progression and predict responses to different treatment options.

and much more.

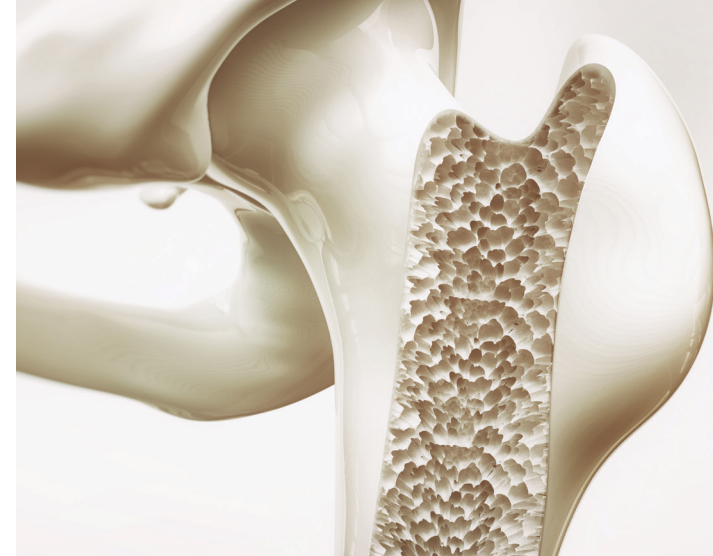
Contact information

Email

bonehealthregistry@epi.usf.edu

Learn more online

health.usf.edu/care/diabetes-endocrinology/services-specialties/calcium-bone



NOW ENROLLING

**BONE HEALTH
DATABASE STUDY**

**USF DIABETES AND ENDOCRINOLOGY CENTER
OSTEOPOROSIS PROGRAM**

This study has been approved by the University of South Florida (IRB #003408).

USFHealth

LET'S PROTECT YOUR BONES TOGETHER.

Approximately 10 million Americans have Osteoporosis, and 44 million have low bone density, placing them at an increased risk of fractures. ¹

1 in 3 women and 1 in 5 men who are 50 and older will have a fragility fracture. The most common of them are associated with osteoporosis. ²

Up to 14% of women aged 65 and older with an initial clinical spine, hip, femur, or clavicle fractures, will have fracture again within one year; the risk will double within two years and triple within five years. ³

References

1. Wright NC, Looker AC, Saag KG, et al. The recent prevalence of osteoporosis and low bone mass in the United States based on bone mineral density at the femoral neck or lumbar spine. *J Bone Miner Res.* 2014;29(11):2520-2526.

2. International Osteoporosis Foundation <https://www.osteoporosis.foundation/>.

3. Balasubramanian A, Zhang J, Chen L, et al. Risk of subsequent fracture after prior fracture among older women. *Osteoporos Int.* 2019;30(1):79-92.

Benefits of enrolling into the USF Bone Health database:

- › Receive a high level of osteoporosis diagnosis and treatment.
- › Receive updates on bone health meetings, lectures, seminars.
- › Participate in research you are interested in.

Our mission is primary and secondary fracture prevention due to osteoporosis by:

- › Improvement of screening for osteoporosis in high-risk populations.
- › Providing treatment for eligible patients in a timely manner.
- › Providing regular patient monitoring.

Enroll today

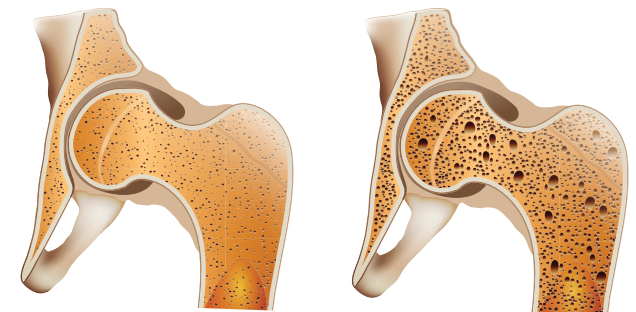
Email

bonehealthregistry@epi.usf.edu

Eligibility for bone health database enrollment:

- › Any participant with documented osteopenia or osteoporosis and willing to provide documentation of their diagnosis.
- › Have a prior fracture history determined as fragility fracture that occurred after minimal or low trauma, including a fall from own body height.
- › Have chronic conditions associated with bone loss, including but not limited to some endocrine disorders, malabsorption, immobilization, history of organ transplantation, etc.
- › Take high-risk medications for a prolonged time, such as steroids, or undergo cancer treatment with high-risk medications.

Osteoporosis



Normal bone

Osteoporosis