



# COCONUT OIL CLINICAL TRIAL

## in Mild to Moderate Alzheimer's Disease

USF IRB Study # Pro00012233

### ABOUT THE CLINICAL TRIAL

There has been interest in utilizing coconut oil as a treatment option for individuals experiencing memory loss. Researchers along with Dr. Amanda Smith and Dr. Balebail Raj at the USF Health Byrd Alzheimer's Institute are doing a study to investigate the benefits of a coconut oil beverage on individuals with mild to moderate Alzheimer's disease.

The study is approximately 8 months long, including a screening visit and a one month post treatment follow-up. There are two 3-month treatment periods where all participants will receive active study treatment during one of the three month periods and a placebo product during the other. Which period you will receive the study treatment will be random. Neither you nor our research staff will know which treatment you are receiving at any time.

At this time, the only location for this research study is the USF Health Byrd Alzheimer's Institute. We will enroll approximately 65 individuals in the study.

### ABOUT THE STUDY TREATMENT

The study treatment, *Fuel for Thought*<sup>™</sup>, is being provided by Cognate Nutritionals. Participants will drink small 1 oz bottles of study treatment or placebo orally, 3 times a day for 6 months.

### WHO CAN BE IN THE STUDY?

In general, participants must:

- Be 60-85 years of age
- Have a documented diagnosis of mild to moderate Alzheimer's disease
- Be in relatively good health and not have a history of diabetic ketoacidosis or have medically significant levels of cholesterol, triglycerides, or glucose
- Have a study partner who can come with you to study visits and provide information about the Participant's memory and health status
- Be willing to complete the study procedures, evaluations, and take the study treatment as directed
- Participants cannot have taken coconut oil or Axona<sup>™</sup> within the last 30 days and must be stable on their other medications for 30-90 days.

*\*Other eligibility criteria applies. Please call us to find out if you or a loved one qualifies.*

### FOR MORE INFORMATION:

Dr Amanda Smith is the doctor in charge of this study. Please call us at (813) 974-4355 or email us at [jsmith10@health.usf.edu](mailto:jsmith10@health.usf.edu) to learn more about this clinical trial and find out if you or your loved one qualifies to participate.