



30-60-90 Plan

This document was developed to help you clarify your plan for the first 90 days of your work for your FPQC Initiative. This is an example plan.

| Foundations | |
|------------------|---|
| Strengths | <ul style="list-style-type: none">• Strong leadership and clinical team engagement• Comprehensive interprofessional collaboration: The team includes all members who influence the neuroprotection of the newborn—RNs, MDs, APRNs, PT/OT/ST, Nutrition, Lactation, and Family/Community representatives. |
| Barriers | Large unit dynamics: With nearly 150 team members, implementing change requires additional time and strategic coordination. |

| Focus Area |
|--------------------|
| Stress Cues |

| Looking Ahead | |
|---|--|
| Three Things to Accomplish in the Next 30 Days | <ol style="list-style-type: none">1. SOOTHE Interprofessional Team Confirmed: All disciplines are identified and prepared to participate.2. Meeting Schedule Established: Regular meetings set at mutually agreed times, with a virtual participation option available.3. Kickoff Planned: Target date – (insert date).4. Data Collection Initiated: Baseline data collection to begin following kickoff. |
| Three Things to Accomplish in Next 60 Days | <ol style="list-style-type: none">1. Review Existing Policies and Education: Assess current unit materials related to infant stress cues and update as needed.2. Enhance Staff Education: Develop or revise stress cue education resources to support staff in coaching families.3. Continuing Data Collection: Maintain ongoing data tracking to monitor progress and outcomes. |
| Three Things to Accomplish in Next 90 Days | <ol style="list-style-type: none">1. Implement Staff Training: Launch SOOTHE education sessions for all unit staff.2. Initiate Family Education: Provide bedside teaching materials and guidance for staff to share with families.3. Integrate into Meetings: Add NICU Staff and Neonatal Department meeting agendas to present baseline findings and establish a plan for ongoing updates. |