



CULTURE WARS

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Disclosures

- None

Background

- Harbor-UCLA Medical Center
 - *Los Angeles County Department of Health Services*
 - Safety Net (County) Hospital
 - *Academic Tertiary Care Hospital*
 - *+/- 300 Bed facility*
 - *>400 Resident trainees*



Labor & Delivery

- \cong 900 deliveries / year

- Demographics

- 60% Latinx
- 25% African American
- 15% other

- TOLAC Center

- Eclampsia / PreE with SF (16% vs 4%)

- Obesity (Avg BMI > 32)

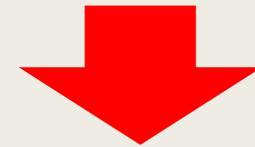
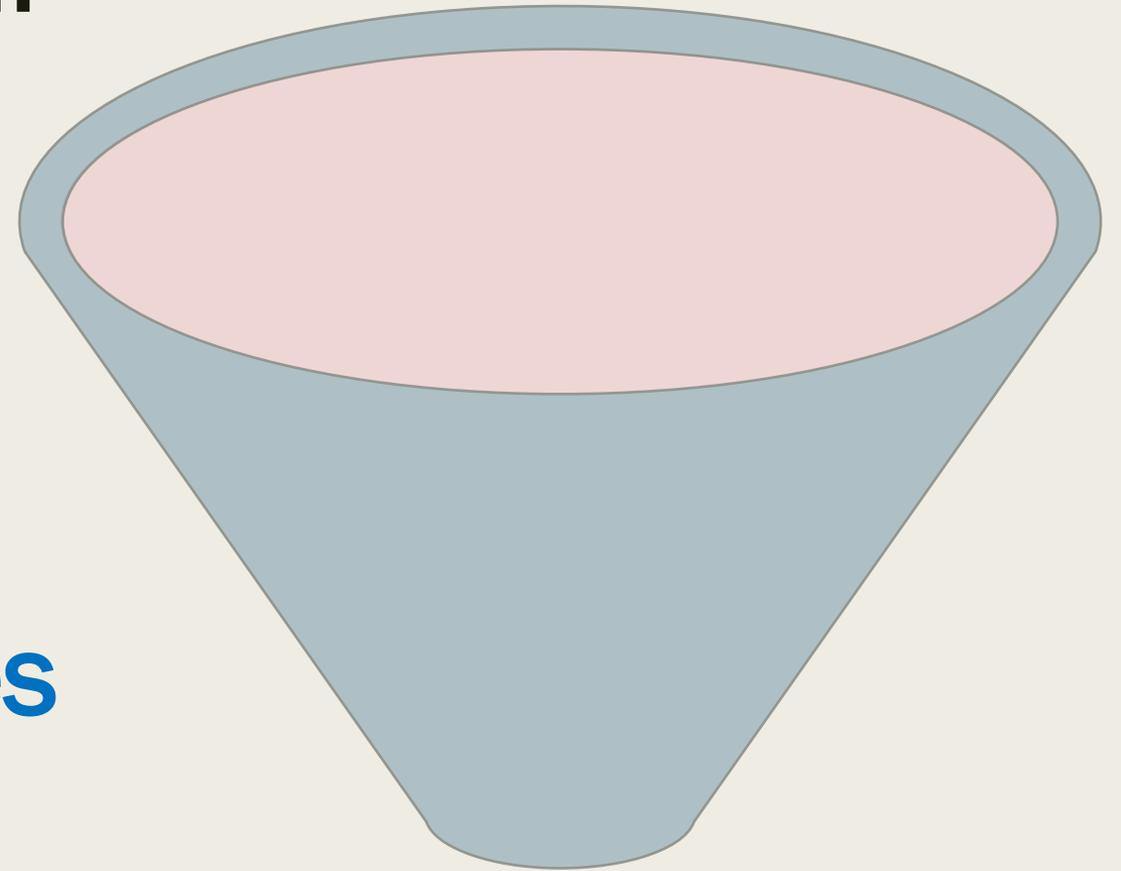
- Diabetes (18% vs 6%)

Significantly higher rate of co-morbidities

NTSN C-Sx Rate: 27%

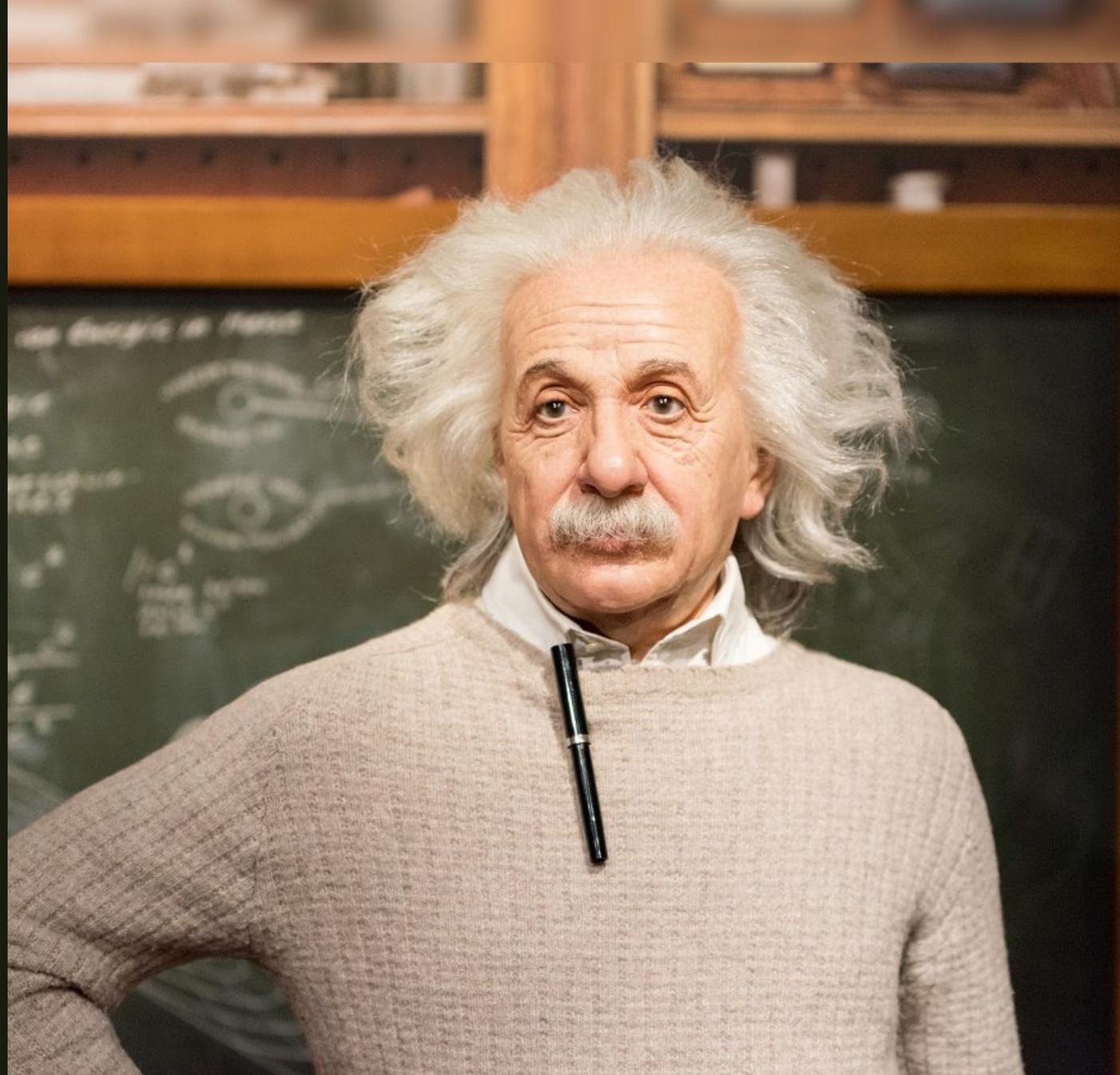
We Asked... We tried...
Our Problems

Our patients
Our staff
Our processes



Suboptimal

“The definition of insanity is repeatedly trying the same thing over and over again hoping for a different outcome.”



Our Path

- Joined the CMQCC Increasing Vaginal Birth Collaborative
 - **FOUGHT**
- Identified Champions / Coaches
 - **FOUGHT**
- Involved Executive Management
 - **FOUGHT**
- Shared Data / Meetings
 - **FOUGHT**

What we learned...

CULTURALLY

- Start small but you need to find Champions IN EACH DISCIPLINE
- Create a safe place to be challenged
- Listen. Listen. Listen... Then (maybe) speak
- Explain until you're blue in the face ...



CULTURE CHANGE IS SLOW AND PAINFUL

What we learned...

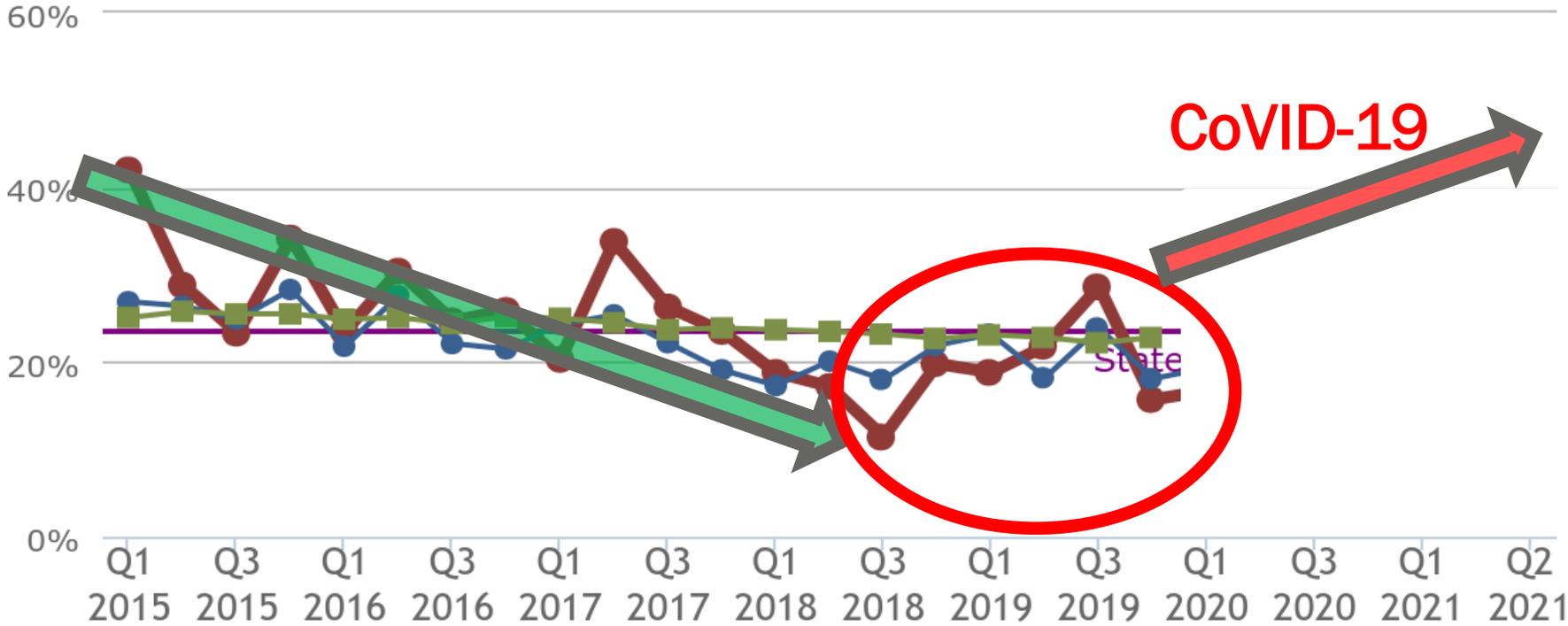
PRACTICALLY

- Man... do I hate the ARRIVE trial!!!!
- Checklists / huddles
- It ALL starts in the office
- Nurses have POWER... talk to your patients...

So here we are...

Cesarean Birth: NTSV (PC-02: Period-Specific)

Cesarean Birth: NTSV - Nullip Term Singleton Vertex (PC-02: Period-Specific)



- LAC / Harbor-UCLA Medical Center
- CA MDC Average Rate