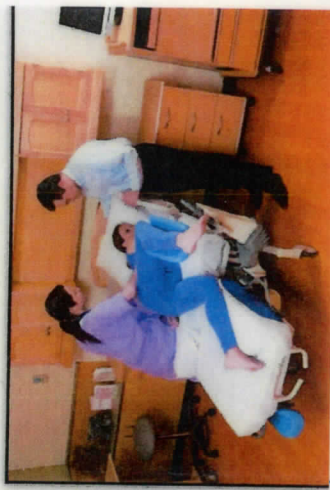
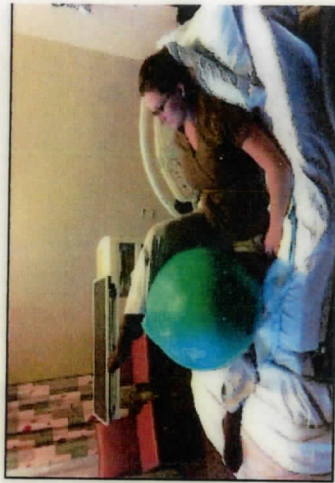


# Labor Positions Menu



# Why Move?

Decreased Cesarean Birth

Decreased Pain

Increased Blood Flow to Baby

Decreased Length of Labor

More Effective Contractions

Encourages Rotation and Decent of Baby



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