Sample Skin-to-Skin Care (SSC) Staff Competency

Step	Action	Validation of Competence	Complete ✓
1	Complete learning module	Certificate of Completion	
2	Perform the mockup demonstration of standing transfer and seated transfer for SSC	Observation	
3	Assess infant's readiness for SSC	Observation	
4	Assess parent's readiness for SSC (Parent must complete parent education and comply with parent requirements in accordance with unit practice guidelines)	Observation	
5	Prepare infant-family caregiver dyad for SSC • Ensure proper attire for family caregiver & infant • Ensure parent personal needs are attended to prior to the session • Ensure comfortable safe setting and privacy for the session	Observation	
6	Perform transfer in accordance with unit practice guideline	Observation	
7	Review safety plan once settled in SSC position (How will the family caregiver access a clinician? When should the family caregiver access the clinician?)	Observation	
8	Document initiation of time of SSC session	Documentation	
9	Reassess dyad every 5 minutes x3 then every 15 minutes x2 then every 30 minutes (or as outlined in your infant practice guideline). Record assessment. Try to minimize infant disturbance	Documentation	
10	Document termination of the SSC session and how the experience was tolerated by the dyad	Documentation	
11	Prepare dyad for infant's transfer back to bed	Documentation	
12	Perform return transfer in accordance with unit practice guideline	Documentation	
13	Support infants transition back to bed by monitoring /recording vs until they return to baseline	Observation & Documentation	

Clinician: _____ _____ _____
Printed Name Signature Date

Observer: _____ _____ _____
Printed Name Signature Date

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