



### *Why Choose Holtz Children's?*

Holtz Children's Hospital has served the community since 1918 and is one of the largest children's hospitals in the southeast United States. Located at the University of Miami/Jackson Memorial Medical Center, we are known worldwide for our team of Pediatric Specialists experienced in treating children with all types of needs.

**Questions-** Please let us know if you have any questions or comments about Kangaroo Mother Care.

**Quality cannot be beaten** Kangaroo Mother Care is something special only you can do for your baby. By spending time skin to skin, you help your baby grow and thrive.

**Education** Together we make the best team to help your baby. We provide bedside and monthly education sessions on Kangaroo Mother Care

**Support** This venerable time in your lives requires support. Parenthood, baby care, and breastfeeding come with a lot of questions and we are here to help.

Contact Phone Numbers  
NICU A: 305-585-5140  
NICU B: 305-585-5145  
Intermediate Care: 305-585-5143



# Holtz Children's Hospital

UM/JACKSON MEMORIAL  
MEDICAL CENTER

## Kangaroo Mother Care



### *Project Newborn Neonatal Special Care Center*





We provide a comfortable chair and a special shirt to help you hold your baby skin to skin.



### Kangaroo Mother Care

A special way to care for your baby. We welcome you to our nursery and will teach you to hold your baby in this special way, skin to skin and heart to heart. When you hold your baby it helps him/her to feel secure and comforted.

### Classes and Support Groups

Ask your nurse about our classes and support groups to help you feel more comfortable with your baby's care.

### Benefits to Mommy

- Kangaroo Mother Care Helps you to produce more milk for your baby.
- It helps you learn the daily care of your baby.
- Makes you proud to know you can help your baby.
- It will help you and your baby breastfeed.
- Best of all, it will help you and your baby bond while you are in our nursery.

### Benefits to baby

- Helps your baby regulate his temperature.
- Helps your baby grow.
- Helps your baby sleep.
- Helps your baby feel your love when he needs it the most.



*Skin to Skin and Heart to Heart*

