

# EPIC DISCHARGE CHECKLIST



## Maternal Discharge Risk Assessment

Patient Label
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- Scheduled follow-up postpartum appointment (2-3 weeks if **no** risk factors).
  - 2-3 day bp check for **HTN** & 1-2 week appointment w/OB or PCP
  - **Maternal Heart Disease**- schedule f/u with Cardiology in 1-2 weeks
- History of venous thromboembolism (**DVT or PE**) or **anticoagulation** prior to delivery- if yes, needs 6-week anticoagulant prescription in hand prior to DC.
- C-Section, 3<sup>rd</sup> degree, 4<sup>th</sup> degree laceration**- if yes, need 1-2 weeks incision check with OB.
- Substance abuse disorder or positive drug screen**- if yes, refer to case manager for substance abuse follow-up, and OB follow up in 1-2 weeks.
- Ask patient**, "Do you feel **unsafe** at home? Is there a partner from a relationship who is making you feel unsafe now?"- if yes, refer to case manager for assessment prior to DC.
- Screen with **Edinburgh Postnatal Depression Scale**- if score is 10 or greater, contact OB provider, consult care mgr., and schedule follow-up for mood check in 1-2 weeks. Consider psych consult prior to discharge or discharge as appropriate.
- Ask patient**, "Do you have **help at home**? Can I connect you to additional community resources?"- consult care mgr., refer to Healthy Start, Medicaid Case Manager, or hospital financial counselor.

- Preferred Pharmacy has been entered prior to discharge so prescriptions can be sent electronically
- Patient has appropriate follow-up appointments- postpartum and newborn. Enter appointments in Discharge navigator for follow-up and documentation on AVS. **PP apt date** \_\_\_\_\_ **provider** \_\_\_\_\_

- Discharge order has been entered                       Med rec is complete before AVS can be printed
- Stop IV infusion(s), if applicable                       D/C IV in LDA avatar, if applicable                       Resolve Education
- Resolve Care Plans
  - Select Care Plan tab
  - Click "Manage Plan and Document Progress"
  - Click "Resolve Plan" tab
  - Click "Met" next to Care Plan Goals

- Complete Discharge Navigator- include **POST BIRTH** Smartphrase                       Return MyChart Bedside tablet
- Preview & print AVS                       Fill-out **Post-Birth Wallet Card** & give to pt. (remind to keep for 1 yr)
- Complete Vital Signs within **2 hours** of discharge- **time:** \_\_\_\_\_ (call provider if abnormal)
- Review AVS with patient; patient signs last page (stays in their chart)
- Remind pt to fill out HCAPS **survey** at home                       Remove HUGS tag, remove one ID band place with Footprint ID
- Discharge patient from Epic after they leave the unit- **Discharge time:** \_\_\_\_\_

DC RN \_\_\_\_\_

DC Provider \_\_\_\_\_