

# Maternal Discharge Risk Assessment



Questions:	Checked
<p><b>1</b> Has the patient been diagnosed with chronic hypertension, gestational hypertension, pre-eclampsia, eclampsia, maternal heart disease, or related conditions?</p> <ul style="list-style-type: none"> <li>Schedule blood pressure check in 2-3 days and appointment with OB or PCP in 1-2 weeks.</li> <li>If yes to maternal heart disease, schedule appointment with cardiology in 1-2 weeks.</li> </ul>	<input type="checkbox"/>
<p><b>2</b> Does the patient have a history of venous thromboembolism (DVT or pulmonary embolism) this pregnancy or on anticoagulation prior to delivery?</p> <ul style="list-style-type: none"> <li>If yes, then ensure patient has 6 weeks of medication for anticoagulation in hand prior to discharge.</li> </ul>	<input type="checkbox"/>
<p><b>3</b> Did the patient have a c-section or 3rd or 4th degree vaginal laceration?</p> <ul style="list-style-type: none"> <li>If yes, schedule for 1-2-week incision check with OB.</li> </ul>	<input type="checkbox"/>
<p><b>4</b> Does the patient have substance use disorder or screened positive with an evidence-based verbal screening tool?</p> <ul style="list-style-type: none"> <li>If yes, perform SBIRT, refer for MAT/MOUD, provide Naloxone kit/Rx, and OB follow up in 1-2 weeks.</li> </ul>	<input type="checkbox"/>
<p><b>QUESTIONS TO ASK THE PATIENT:</b></p> <p><b>5</b> Ask: Do you feel unsafe at home? Is there a partner from a relationship who is making you feel unsafe now?</p> <ul style="list-style-type: none"> <li>If yes, then refer to case manager or social worker for assessment prior to discharge.</li> </ul>	<input type="checkbox"/>
<p><b>6</b> Ask: Over the last two weeks have you felt down, depressed, hopeless, have little interest in doing things, or have a history of mood or anxiety disorder?</p> <ul style="list-style-type: none"> <li>If yes, then screen with Edinburgh Postnatal Depression Scale (recommended), contact OB provider, and schedule follow up for mood check in 1-2 weeks. Consider psych consult prior to discharge or discharge as appropriate.</li> </ul>	<input type="checkbox"/>
<p><b>7</b> Ask: Can I connect you to additional community resources?</p> <ul style="list-style-type: none"> <li>If yes, consult social worker, refer to Healthy Start, Medicaid Case Manager, or hospital financial counselor.</li> </ul>	<input type="checkbox"/>