

Unit Based Council Supporting PACC in a High-Risk OB Facility

Lee Health HealthPark Medical Center

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HealthPark Medical Center



HealthPark Medical Center OB Services

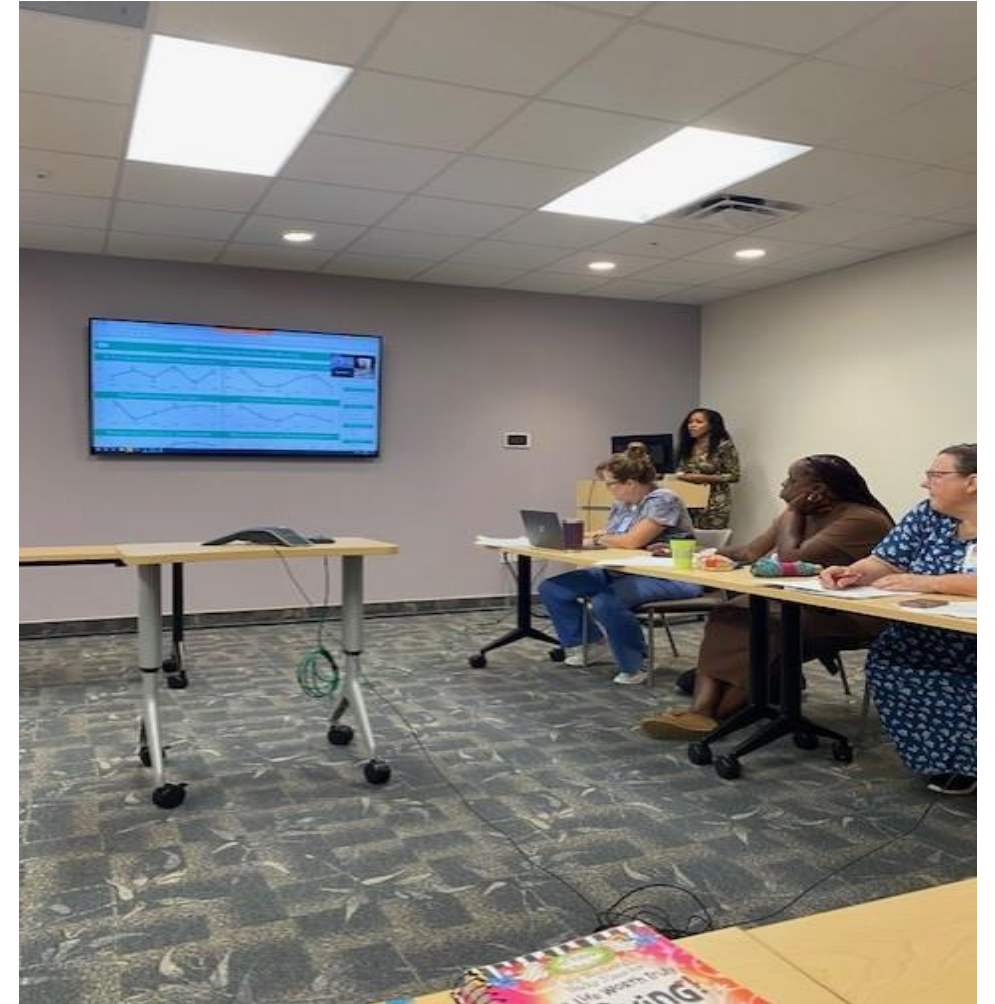
- HealthPark Medical Center is a 461-bed facility located in Fort Myers, FL.
- The OB services department offers a 7-bed OBED, 19-bed L&D unit, 8-bed OBOR PACU, 3 OBOR rooms, a 13-bed high risk antepartum unit, and two postpartum units consisting of 36 beds and 13 beds.
- The OB services department delivers approximately 6,100 infants per year.
- This department guided by their Unit Based Council, developed practice changes to meet the PACC initiative's primary goals. These goals included an increase in the percentage of patients with a 2-week postpartum encounter scheduled prior to discharge by 20 percent as well as increasing postpartum patient education.



OB Services Unit Based Council (UBC)

- The UBC consists of staff from each OB department. (Usually 10-15 members per meeting) We meet monthly to discuss issues within our department and within our health system.
- Our goal is to provide a structure and process for professional nurses and others who provide direct nursing care to expectant mothers. This process includes decision making related to the standard of evidence-based nurse practice and performance improvement that impacts the outcome of patient care.
- **The UBC works with our PACC committee to initiate small tests of change within our department.**
- **The UBC gave feedback to the PACC committee on challenges and changes needed for the initiative to succeed.**

UBC



The start of the PACC Initiative

- HealthPark Medical Center's OB services department started the PACC initiative journey in October 2022. The committee had monthly meetings and discussed the current practice of the department.
- Initial chart audits were performed, and the initial hospital level data collection form was sent to FPQC.
- **The committee identified strengths and barriers to the initiative and developed 30-day, 60-day and 90-day goals.** The information was then presented to the unit-based council, followed by the staff at the quarterly staff meeting.
- The committee looked at six primary drivers that included: the percentage of scheduled early postpartum visits, postpartum warning signs, postpartum discharge assessment, education of post-birth health check, education on family planning, and maternal discharge risk assessment.



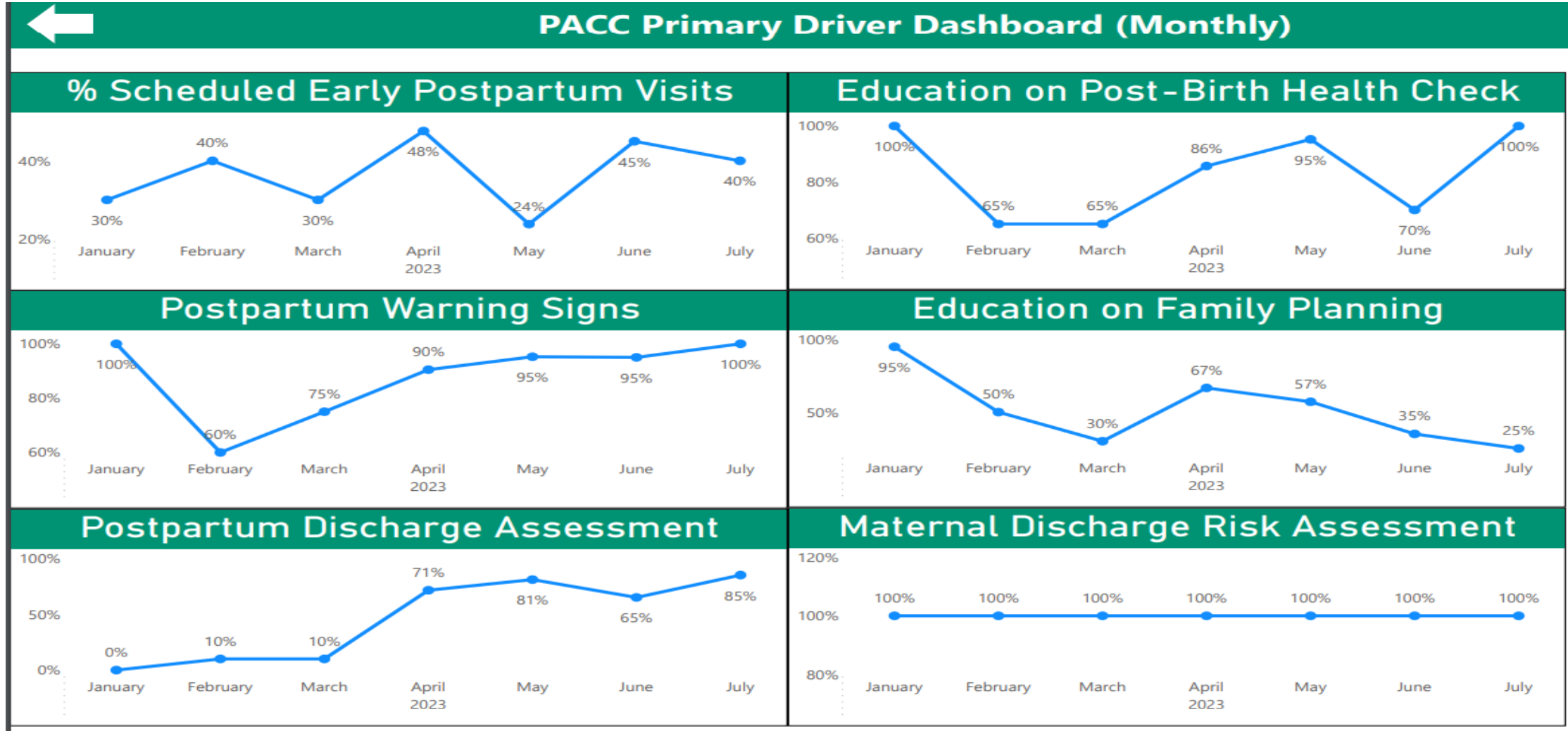
The Results

Our team had improvements in the overall quarterly performance in 5 out of the 6 primary drivers. The specific results will be shared on the next slide.

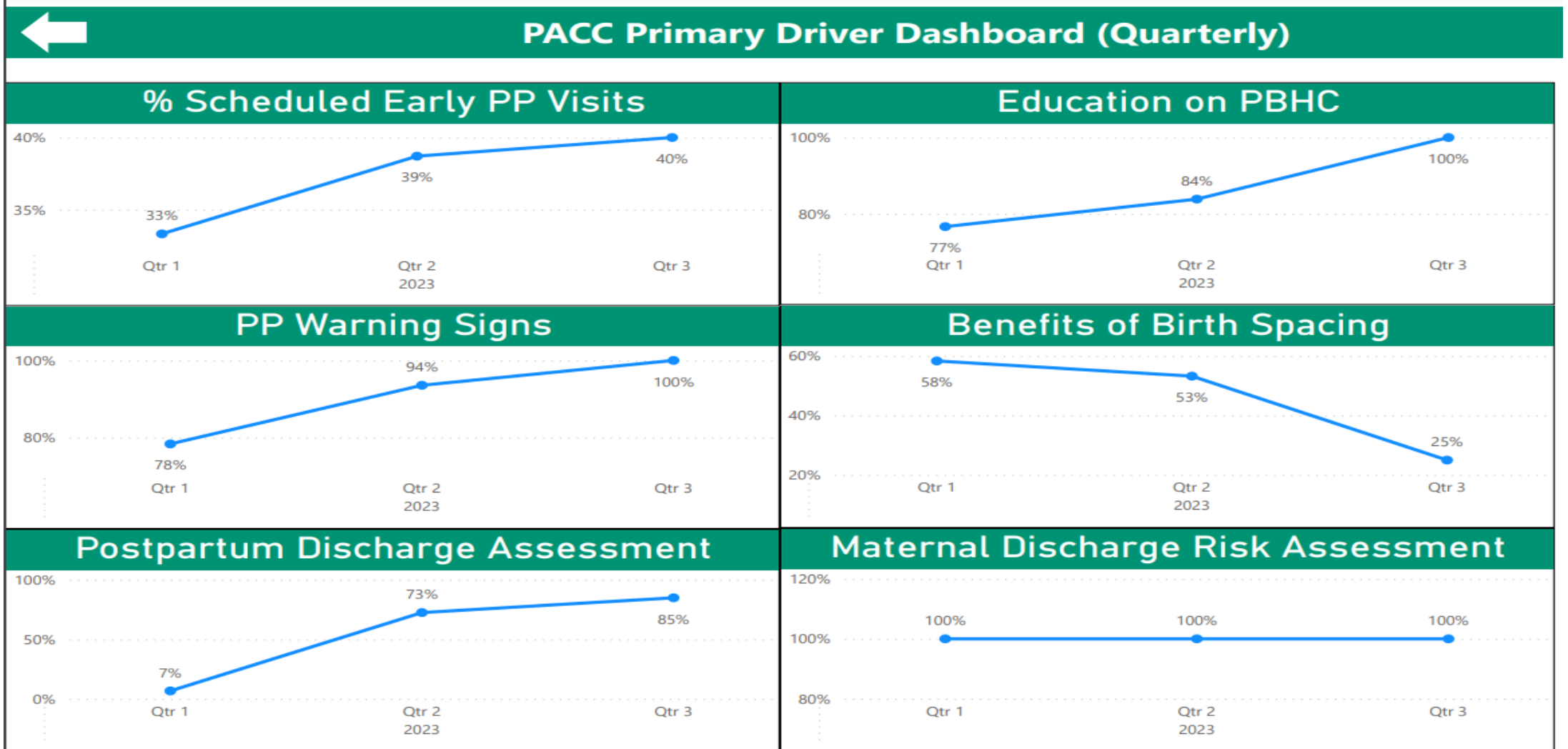
Each month the data collected was brought to the UBC and reviewed. The lowest scoring area became the primary focus for the next month.



HPMC Monthly Performance (Through July 2023)



HPMC Quarterly Performance



Conclusion

- Every maternity hospital should develop and implement a process to provide respectful, timely, and risk-appropriate care and services for postpartum patients.
- An important element in having a safe discharge process involves having interdisciplinary teams including administration, nursing, obstetric providers, neonatology, social work, Healthy Start and other community providers.
- HealthPark Medical Center OB services has shown improvement in their discharge process after initiating the PACC initiative. They plan to continue working on the key drivers and are excited to share the data they have collected at this point.
- HealthPark Medical Center OB services is honored to work along with the FPQC to improve maternal health in Fort Myers, Florida.



References:

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Thank You

