

Maternal Opioid Recovery Effort (MORE) Data: Definitions, Processes and Tools

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Partnering to Improve Health Care Quality for Mothers and Babies

Global AIM: Improve identification, clinical care and coordinated treatment/ support for pregnant women with any opioid use and their infants





SMART Goal

By 3/2021, >50% pregnant women with any opioid use will receive screening, prevention, and treatment services



Data collection will inform how your hospital is doing and help identify areas for improvement



Processes for Data Collection



Data type and frequency of reporting

Monthly



- Patient level data
 - Screening, treatment, services
- Action/Hospital level data
 - Staff education
 - Pain management policies & procedures







Identify qualifying Maternal Opioid Use cases

Early identification of cases through universal screening*

Prospectively create a log of identified cases

Check Inclusion & Exclusion Criteria

*This denotes <u>screening</u>, <u>not</u> <u>biologic testing</u>;

Validated screening tools include NIDA Quick Start, 4Ps, 5Ps, CRAFFT and others.



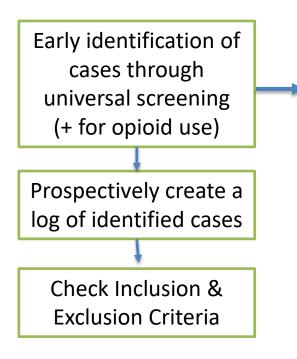
Inclusion/Exclusion criteria

Any pregnant women who is admitted to your hospital <u>for</u> in observation status or seen in the ED <u>during this pregnancy</u>, regardless of infant outcome Pregnant women who are in observation status or seen in the ED Pregnant women not admitted for delivery





Identify qualifying Maternal Opioid Use cases



Use adequate ICD-10 codes: **F11.xx**

For identification of cases: Do not rely on ICD-10 codes alone

Codes

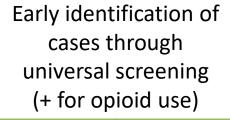
- ▶ F11 Opioid related disorders
 - F11.1 Opioid abuse
 - F11.10 uncomplicated
 - F11.11 in remission
 - F11.12 Opioid abuse with intoxication
 - F11.120 uncomplicated
 - ▶ F11.121 delirium
 - ▶ F11.122 with perceptual disturbance
 - ► F11.129 unspecified
 - ▶ F11.14 with opioid-induced mood disorder
 - F11.15 Opioid abuse with opioid-induced psychotic disorder

..... the list goes on, find the one that best fits your patient diagnosis





Identify qualifying Maternal Opioid Use cases



Prospectively create a log of identified cases

Check Inclusion & Exclusion Criteria



MORE Discharge Checklist

Services Provided	
	Yes
Postpartum depression screening	
Social work consult	
Peer counselor visit	
Behavioral health counseling	
Substance use disorder counseling	
Contraception counseling/plan	
Plan of Safe Care initiated/updated	
Report to DCF	
Completed/filed	
Accepted	
• Accepted	





Identify qualifying Maternal Opioid Use cases

Early identification of cases through universal screening (+ for opioid use)

Prospectively create a log of identified cases

Check Inclusion & Exclusion Criteria



Chart Abstraction

		DEM	IOGRAPHICS	\$			
GA W	eeks Davs		of delivery	1 1	Maternal ag	e e	
Type of insurance	Medicaid/Medicaid plans Private Uninsured Unknown	Mother's Race	□ White	Unknown	Mother's Ethnicity	☐ Hispanio	panic
Prenatal care started on	☐ I trimester ☐ II / III trimester ☐ No prenatal care		ther intend to newborn(s)?	□ Yes □ No	Route of delivery	□ Vaginal □ Cesarear	n
		S	CREENING				
Opioid use	☐ Prior to current pregnancy ☐ During current pregnancy ☐ At admission prior to delivery	,		lone:	Prenatally	Delivery admission	No screening
	☐ Post delivery/postpartum ☐ Unknown		Infectious	Hepatitis A Hepatitis B Hepatitis C	0		
Opioid use	☐ Screening tool ☐ Urine toxicology ☐ Medical record		diseases	Gonorrhea Chlamydia Syphilis	0	0	0
(check all that apply)	☐ Infant with signs of NAS ☐ Other:			Tuberculosis al Health			
				rtner violence			
	Select any of the follow		RUG USE	northus matemail Iab o	nofemation		
☐ Methadone ☐ Subutex (Bu ☐ Suboxone (ing it tilete is a t	☐ Benzodiazo	epine	☐ Cocaine ☐ SSRI ☐ Marijuana	☐ Alcohol ☐ Other o	
□ Other opioi	d			ines (e.g. Adderall)	☐ Tobacco	(includes e-cigi	vape pen)
			REATMENT				
Was the opioid	□ Yes □ No	☐ During C	I/Behavioral He current Pregnan	су	☐ During cur		
prescribed? Detox during pregnancy	☐ Unknown ☐ Yes ☐ No	☐ Post del			 □ On admiss □ Post delive □ Not started 	ery/Postpartu	
		☐ Unknow	n		☐ Unknown		
	INFANT NUTRITIO				ROOMING	5 IN	
Breastfeed	ing or pumping at maternal discharge	☐ Yes ☐ No ☐ Contrain		Rooming-In prior to maternal discharge	☐ Yes ☐ No ☐ Unable	□ Unkno	wn
			DISCHARGE				
Education	☐ MAT & SUD treatment ☐ Infectious/mental health com ☐ Narcan ® (naloxone) use	orbidities	□ Safe sleep	ing non-pharmaco	ological manag	ement	
Services completed prior to maternal discharge	PPD screening Social work consult Peer counselor visit Pediatric consult	Yes	No/Unknown	Pt. declined	Opioid prescribed at discharge	□ Yes □ No □ Unknown	1
ľ	Contraceptive plan						
	OB Postpartum visit Sched			□ Instructed	☐ Pt. declin	ied □ No	ot offered
Referrals		uled follow-u	p within 2wks		☐ Pt. declin	ed □ No	ot offered ot offered



Data Collection Sheet

www.fpqc.org/MORE

Complete audit form for each qualifying patient with any opioid use





What do I do with the Study ID#?

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STUDY	י חוי		
וטטופ	שו	 	



FPQC Maternal Opioid Recovery Effort (MORE) Data Collection Sheet

Complete for any pregnant woman admitted to the hospital for delivery with any opioid use during this pregnancy regardless of infant outcome

		DEMOGRAPHICS	6		
GA W	eeks Days	Date of delivery	/	Maternal ag	e
	☐ Medicaid/Medicaid plans	☐ White	☐ Unknown		
Type of	□ Private	Mother's □ Black		Mother's	☐ Hispanic☐ Non-Hispanic
insurance	☐ Uninsured	Race Asian		Ethnicity	☐ Unknown
	☐ Unknown	□ Other:			□ OHKHOWH
	☐ I trimester			-	
Prenatal care started on	□ II / III trimester	Does mother intend to keep her newborn(s)?	□ Yes □ No	Route of delivery	□ Vaginal □ Cesarean
Started on	☐ No prenatal care	keep her newborn(s):	□ NO	delivery	□ Cesaleali

- Study ID #: Start at 001 and add sequentially
- Every patient chart that you include for MORE data submission should get a hospital assigned Study ID number

Keep an on-site log of the study ID number and the medical chart number and/or identifiable patient information for data verification

SCREENING

	SC	CREENING				
	□ Prior to current pregnancy□ During current pregnancy		Oone:	Prenatally	Delivery admission	No screening
Opioid use	☐ At admission prior to delivery		HIV			
1st identified	☐ Post delivery/postpartum		Hepatitis A			
	□ Unknown		Hepatitis B			
		Infectious	Hepatitis C			
	☐ Screening tool	diseases	Gonorrhea			
Opioid use	☐ Urine toxicology		Chlamydia			
identified by:	☐ Medical record		Syphilis			
(check all that	☐ Infant with signs of NAS		Tuberculosis			
apply)	□ Other:	Ment	al Health			
		Intimate pa	artner violence			

Exclusion: Women referred from Substance Use Disorder (SUD) Treatment Facilities & Clinics do not require screening



SCREENING

	S	CREENING				
	□ Prior to current pregnancy□ During current pregnancy		Oone:	Prenatally	Delivery admission	No screening
Opioid use	☐ At admission prior to delivery		HIV			
1st identified	☐ Post delivery/postpartum		Hepatitis A			
	□ Unknown		Hepatitis B			
		Infectious	Hepatitis C			
	☐ Screening tool	diseases	Gonorrhea			
Opioid use	☐ Urine toxicology		Chlamydia			
identified by:	☐ Medical record		Syphilis			
(check all that	☐ Infant with signs of NAS		Tuberculosis			
apply)	☐ Other:	Ment	al Health			
		Intimate pa	artner violence			



Identify when screening was performed

	SC	CREENING				
	□ Prior to current pregnancy□ During current pregnancy		Done:	Prenatally	Delivery admission	No screening
Opioid use	□ At admission prior to delivery		HIV			
1st identified	□ Post delivery/postpartum		Hepatitis A			
	□ Unknown		Hepatitis B			
		Infectious	Hepatitis C			
	☐ Screening tool	diseases	Gonorrhea			
Opioid use	☐ Urine toxicology		Chlamydia			
identified by:	☐ Medical record		Syphilis			
(check all that	☐ Infant with signs of NAS		Tuberculosis			
apply)	Other:	Ment	tal Health			
		Intimate pa	artner violence			

Teams may need to add timing when the service was provided in the EMR or use a paper form that includes this information



DRUG USE

	RU	IG USE			
Select any of the following if there is a	mate	rnal history OR positive maternal lab co	nfirm	ation	
Methadone		Benzodiazepine		Cocaine	☐ Alcohol
Subutex (Buprenorphine)		Barbiturates		SSRI	☐ Other drugs:
Suboxone (Buprenorphine/Naloxone)		PCP		Marijuana	
Other opioid		Amphetamines (e.g. Adderall)		Tobacco (ir	ncludes e-cig/vape pen)

- Include substances reported by the mother as well as those that come back positive in laboratory testing if the patient gives consent for biologic testing
- Note e-cigarettes/vape pens should be reported as Tobacco



TREATMENT

		TREATMENT			
Was the	☐ Yes	Mental/Behavioral Hea	alth started:	MA	T Started:
opioid	□ No	☐ During Current Pregnand	У	□ During curre	ent pregnancy
prescribed?	□ Unknown	\square On admission, prior to de	elivery	□ On admissio	on, prior to delivery
Doton domino		□ Post delivery/Postpartum	ı	☐ Post deliver	y/Postpartum
Detox during pregnancy	□ Yes □ No	☐ Not started		□ Not started	
pregnancy	□ 140	□ Unknown		□ Unknown	
	INFANT NUTRITIC	N		ROOMING	IN
		☐ Yes	Rooming-In	□ Yes	
_	or pumping at maternal discharge	□ No	prior to maternal	□ No	□ Unknown
		☐ Contraindicated	discharge	□ Unable	

Note that rooming-in means that the infant roomed-in with the mother prior to maternal discharge





ON DISCHARGE

		ON	DISCHARGE			
		Dis	charge Bundle			
Education	☐ MAT & SUD treatment ☐ Infectious/mental health o	omorhidities	☐ Family plann ☐ NAS includi	ing ng non-pharmacol	ogical manag	ement
Ludodion	☐ Narcan ® (naloxone) use		☐ Safe sleep	ng non-pharmacol	ogical manag	Smont
		Yes	No/Unknown	Pt. declined		
Services	PPD screening				Opioid	
completed	Social work consult				prescribed	☐ Yes
prior to	Peer counselor visit				at	□ No
maternal discharge	Pediatric consult				discharge	□ Unknown
uloonal go	Contraceptive plan					
	OB Postpartum visit ☐ Sch	eduled follow-u	up within 2wks	☐ Instructed	☐ Pt. decline	ed 🗆 Not offered
Referrals	Behavioral Health/MAT	Scheduled foll	ow-up	☐ Referral	☐ Pt. declin	ed 🗆 Not offered
	Healthy start services/home	visiting		☐ Referral Made	☐ Pt. decline	ed 🗆 Not offered

If there are data elements not included in the EHR, start collecting as soon as screening is positive for opioid use



FPQC Maternal Opioid Recovery Effort (MORE) Data Collection Definitions

Collect data on all women admitted to the hospital for delivery with <u>any</u>opioid use during this pregnancy regardless of infant outcome

DEMOGRAPHIC

GA: Infant's birth gestational age. Collect in weeks and days.

Date of delivery: Collect in MM/DD/YY format.

Maternal age: the age of the mother at the time of delivery. Completed years only. Do not round up.

Type of insurance: Mother's insurance type as documented in the medical record.

Race & Ethnicity: Mother's race and ethnicity as documented in the medical record.

Prenatal Care: specify the trimester when prenatal care started as documented in the medical record.

Mother intends to keep her newborn(s): whether the mother intends to keep her newborn(s) at the time of mother's discharge

Route of delivery: final route of delivery as documented in the medical record.

SCREENING

Opioid use 1st identified: the period when opioid use was first identified by someone in the healthcare system.

Opioid use identified by: tool/test/circumstance that identified opioid use. Check all that apply.

Infectious disease screening: woman was screened for HIV, Hepatitis A, Hepatitis B, Hepatitis C, Gonorrhea, Chlamydia, Syphilis and Tuberculosis either prenatally or during this admission for delivery as documented in the medical record

Mental Health screening: woman was screened for psychiatric comorbidities including peripartum depression.

Intimate partner violence screening: woman was screened for physical, sexual, or psychological harm by a current or former partner or spouse.

DRUG USE

Select any that apply for the listed drugs (illicit or prescribed) based on maternal report or drug screen (mother, infant).

TREATMENT

Prescribed opioid: the opioid was prescribed by a medical professional.

Detox during pregnancy: woman who received opioid detoxification as the primary intervention during this pregnancy.

MAT started: specify the period when MAT was started as documented in the medical record (treatment has to be started not referred).

Mental/Behavioral Health: specify the period when mental/behavioral health was started as documented in the medical record (treatment has to be started not referred). Mental/behavioral health services to be defined by hospital.

Breastfeeding or pumping at maternal discharge: mother is breastfeeding infant or pumping at maternal discharge.

Rooming-in: the Infant roomed in with the mother prior to maternal discharge. Mark unable if infant was transferred to another facility or to the NICU

ON DISCHARGE - Discharge Bundle

Education: education provided to the patient on: MAT & substance use disorder (SUD) treatment, infectious/mental health comorbidities, narcan® (naloxone) use, family planning, NAS including non-pharmacological management and safe sleep.

Services completed prior to maternal discharge: Post partum depression (PPD) screening, social work consult, peer counselor visit, pediatric consult and contraceptive plan documented in the medical record. As part of a contraceptive plan a method must be provided, if method not available, an appointment must be schedule to provide the method in the contraceptive plan.

Opioid prescribed at discharge: Whether or not an opioid was prescribed at discharge for pain management.

Referrals provided prior to maternal discharge: OB postpartum visit, behavioral health/MAT and Healthy start services/home visiting programs

See back of the data collection sheet for helpful definitions

Measurement Grid

- List of measures: Outcome, Structural and Process
- Frequency
- Specifics: how measure is calculated,
 exclusions and notes
- Aligned with key driver diagram





Measurement Grid

#	Process Measures	Description	Frequency
	Some process measures will be re	ported on individual infants, and some will be reported on individual hospitals.	
1	Universal Screening	Abstract the first 20 medical records/quarter of all pregnant women admitted for delivery to determine if SUD screening was documented in the medical record (either prenatally or during delivery admission) Numerator: # of women with documented SUD screening Denominator: the first 20 women admitted for delivery in the quarter, regardless of opioid use. Exclusion: Women referred from SUD treatment facilities and clinics or already on MAT do not require screening This denotes screening, not biologic testing; Validated screening tools include 4Ps, 5Ps, NIDA, CRAFFT and others	Monthly Source: AIM





1

Identify qualifying Maternal Opioid Use cases

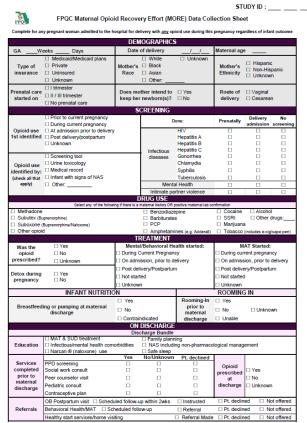
Early identification of cases through universal screening (+ for opioid use)

Prospectively create a log of identified cases

Check Inclusion & Exclusion Criteria



Chart Abstraction





Enter data in the REDCap data portal

Florida Perinatal Qu	uality Collaborative	Resize font. C Returning?
	prove Health Care Quality others and Babies	
Maternal Opioid Recovery	Effort (MORE) Initiative	
	, ,	
Please complete for any woman admitted to the infant outcome.	hospital for delivery with <u>any</u> opioid use durin	ng this pregnancy regardless of
Please complete for any woman admitted to the	hospital for delivery with <u>any</u> opioid use durin	ng this pregnancy regardless of
Please complete for any woman admitted to the infant outcome.	hospital for delivery with <u>any</u> opioid use durin	ng this pregnancy regardless of

the project and data lead once <u>DUA</u> is fully executed





Data Submission

- Each hospital lead will receive the REDCap link for data submission
- Bookmark this link, you will use the same link throughout the initiative to submit your data







Partnering to Improve Health Care Quality for Mothers and Babies

QUESTIONS?



Access to Online Reporting System

- We are developing your reports in our new online system— Power Bi
- You can access your updated report one day after submitting your data
- © Complete this link if you would like to access the online reporting system: https://tinyurl.com/FPQCreports





Data type and frequency of reporting

Monthly

- Patient level data
 - Screening, treatment, services



- Action/Hospital level data
 - Staff education
 - Pain management policies & procedures







Maternal Opioid Recovery Effort (MORE) Hospital Level Data Collection Form

MORE education bundle compliance for healthcare team

Please report the cumulative percent of staff and providers who received education on each of the following topics:

	Ancillary	Nurses	ARNPs, PAs, MDs
Universal Screening	%	%	%
Trauma-informed care	%	%	%
Psychology of addiction (including stigma)	%	%	%
Motivational interviewing	%	%	%
Guideline to reduce use of opioids in pain mgmt.	%	%	%
Family planning	%	%	%
Infectious/mental health co-morbidities	%	%	%

Ancillary staff is to be defined by each hospital and may include: OT specialist, social worker, case manager, Healthy Start specialist, etc.





Maternal Opioid Recovery Effort (MORE) Hospital Level Data Collection Form

MORE education bundle compliance for healthcare team

Please report the cumulative percent of staff and providers who received education on each of the following topics:

Universal Screening

Trauma-informed care

Psychology of addiction (including stigma)

Motivational interviewing

Guideline to reduce use of opioids in pain mgmt.

Family planning

Infectious/mental health co-morbidities

Ancillary	Nurses	ARNPs, PAs, MDs
%	%	%
%	%	%
%	%	%
%	%	%
%	%	%
%	%	%
%	%	%

Modules available at www.fpqc.org/opioids





Tells us where you are implementing Policies to support MORE

Policies					
Has your hospital :	Not started	Planning	In-place	Fully implemented	
Implemented a universal screening protocol/guideline for substance use (for all pregnant women)?					
Implemented a guideline/protocol for post-delivery and discharge pain management prescribing practices for routine vaginal and cesarean births focusing on limiting opioid prescription?					
Completed the local OUD Treatment Resources Document to map local community resources for pregnant and postpartum women with OUD?					



Affiliated Prenatal Care Sites

Affiliated Prenatal Care (PNC) Sites

Percent of PNC sites affiliated with your hospital performing screening for OUD with all pregnant patients which includes SBIRT, linkage to care, brief intervention, and referral.



Universal Screening

Abstract the first 20 medical records/quarter of all pregnant women admitted for delivery to determine if SUD screening was documented in the medical record (either prenatally or during delivery admission) Number of pregnant women with SUD screening documented in the medical record (either prenatally or during delivery admission) /20 women

- This question will only come up every 3 months
- Abstract the first 20 medical record of <u>all</u> <u>pregnant</u> women to determine if screening was documented in the medical record



Let us how we can support your efforts

Challenges and Opportunities	
What challenges or barriers have you encountered that impact the MORE initiative?	
What new process has your hospital implemented that has been helpful in the management of MORE infants?	
What are you working on during the next quarter?	
What can FPQC and our partners do that could be helpful?	



Hospital Level Data

1

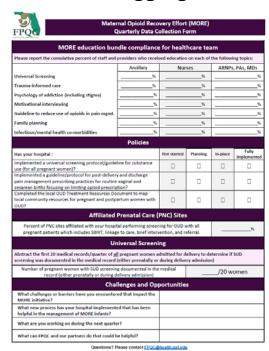
Track data for healthcare team members individually



Poll/Hospital's Intranet



Complete Data Collection Form with aggregate data





Enter data in the REDCap data portal

Florida Perinatal Quality Coll	aborative Resize font					
Partnering to Improve Health Care Quality for Mothers and Babies						
Maternal Opioid Recovery Effort (MORE) Initiative						
Please complete for any woman admitted to the hospital for delivery with any opioid use during this pregnancy regardless of infant outcome.						
Thank you!						
Hospital Name * must provide value	Y					
Study ID #	Start with 001 and add consecutively for each infant					
most provide variety	Start with CO 1 and SOU consecutively for each man.					

Link will be sent to the project lead



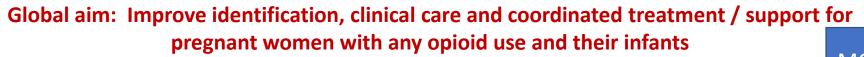


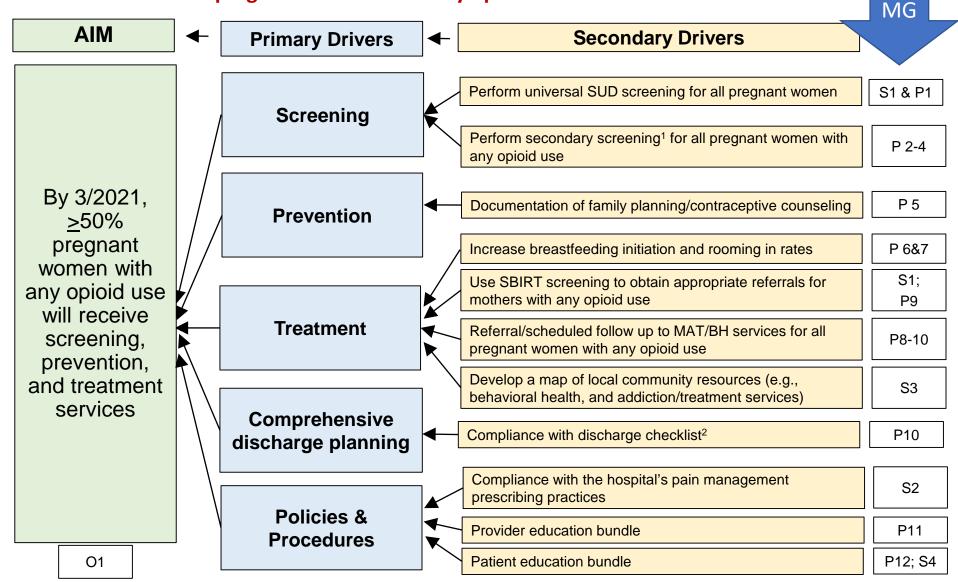


Data Collection

- Data collection starts January 1, 2019







¹Secondary screening: 1) infectious diseases: HIV, HepA, HepB, HepC, GC, CT, syphilis and TB; 2) mental health including postpartum depression; 3) Intimate partner violence ² Discharge checklist: 1) Peer counselor visit 2) Postpartum depression screening, 3) Social work consult, 4) Pediatric consult, 5) Contraceptive plan, 6) Scheduled OB postpartum visit, 7) Scheduled Behavioral Health and/or MAT visit or referral, 8) Healthy Start/Home visiting program referral, and 9) patient education bundle (MAT & SUD treatment, infectious/mental health comorbidities, safe sleep, NAS including non-pharmacological management, family planning and Narcan ® (naloxone) use) v.11/7/2019

Bundles / All or nothing





Global aim: Improve identification, clinical care and coordinated treatment / support for pregnant women with any opioid use and their infants

AIM ← Primary Drivers ← Secondary Drivers

By 3/2021,

>50%

pregnant

women with

any opioid use

will receive

screening,

prevention,

and treatment

services

Comprehensive discharge planning

Compliance with discharge checklist²

² Discharge checklist:

- 1. Peer counselor visit
- 2. Postpartum depression screening
- Social work consult
- 4. Pediatric consult
- 5. Contraceptive plan
- 6. Scheduled OB postpartum visit
- 7. Scheduled BH and/or MAT visit or referral
- 8. Healthy Start/Home visiting program referral, and
- 9. Patient education bundle

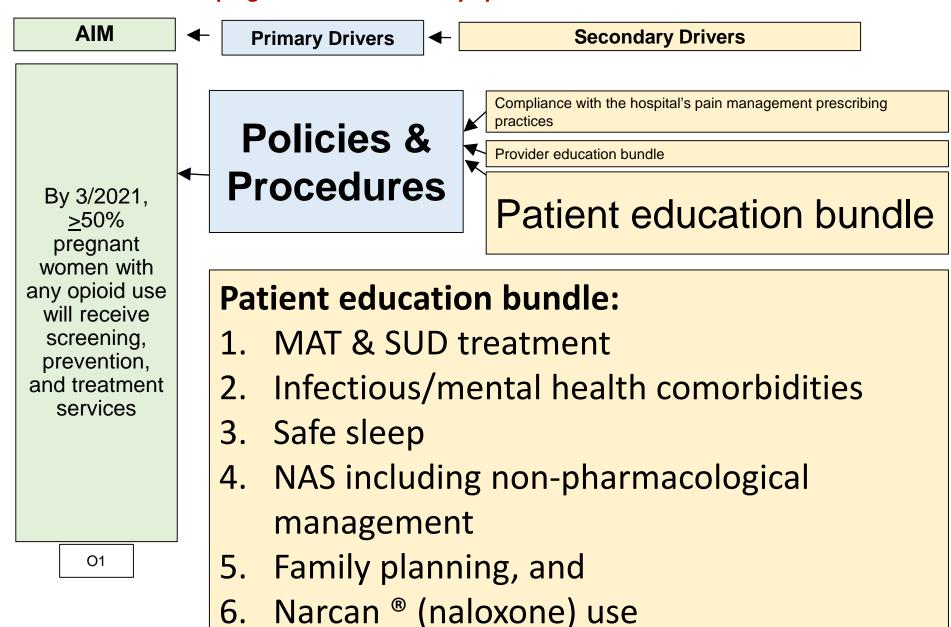
01

Global aim: Improve identification, clinical care and coordinated treatment / support for pregnant women with any opioid use and their infants

AIM Secondary Drivers Primary Drivers Compliance with the hospital's pain management prescribing practices Policies & Provider education **Procedures** By 3/2021, bundle >50% pregnant women with **Provider education bundle:** any opioid use Universal screening will receive screening, 2. Trauma-informed care prevention, and treatment Psychology of addiction (including stigma) 3. services Motivational interviewing 4. Clinical guidelines to reduce use of opioids in pain management Family planning 01

7. Infectious/mental health co-morbidities

Global aim: Improve identification, clinical care and coordinated treatment / support for pregnant women with any opioid use and their infants





Partnering to Improve Health Care Quality for Mothers and Babies

QUESTIONS?





THANK YOU!

Technical Assistance:

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Partnering to Improve Health Care Quality for Mothers and Babies