

# Some risks of drinking and drug use during pregnancy

## Fetal alcohol spectrum disorders

(alcohol)

## Birth defects

(alcohol, marijuana, cocaine, opiates)

## Low birth weight

(alcohol, marijuana, cocaine, opiates, meth)

## Miscarriage

(alcohol, cocaine)

## Premature birth

(alcohol, marijuana, cocaine, opiates, meth)

## Development and behavior problems


(alcohol, marijuana, opiates, meth)



# Sample Script for a Brief Intervention

<b>Raise the subject</b>	<ul style="list-style-type: none"> <li>•“Thank you for completing this questionnaire and for being honest about this subject -is it ok with you if we review your results?”</li> <li>•“Can you tell me more about your past/current drinking or drug use? What does a typical week look like?”</li> </ul>
<b>Provide feedback</b>	<ul style="list-style-type: none"> <li>•“I also thank you for trusting me and being willing to talk about this subject.”</li> <li>•“Sometimes patients who give similar answers on this questionnaire are continuing to use drugs or alcohol during their pregnancy.”</li> <li>•“I recommend to all my pregnant patients not to use any amount of alcohol or drugs, because of the associated risks” (review risks from front)</li> </ul>
<b>Enhance motivation</b>	<ul style="list-style-type: none"> <li>•“What are your thoughts about this recommendation?”</li> <li>•“By being honest with me, it is obvious that you want to have a healthy pregnancy and we want to work with you to make this happen.”</li> </ul>
<b>Negotiate plan</b>	<ul style="list-style-type: none"> <li>•Summarize conversation. Then: “What steps do you think you can take to reach your goal of having a healthy pregnancy and baby?”</li> <li>•“We can talk about this again at your next appointment.”</li> </ul>
<p>SAMHSA Toll-Free Treatment Referral Hotline            Florida Department of Children and Families mental health and substance use information, resources and treatment service website</p>	
<p><b>1-800-662-HELP (4357)</b>  <a href="http://www.myflorida.networkofcare.org">www.myflorida.networkofcare.org</a></p>	

## Interpreting the 5Ps Screening Tool

Answers	Zone	Indicated Action	SBIRT Billing
No to all substance use questions	Low Risk	Positive reinforcement	SBIRT is a model which supports preventive care and the identification of health concerns early in treatment before they become chronic, acute, or require more costly medical treatment, such as emergency services or hospital care. Please note that managed care plans have the flexibility to negotiate mutually agreed upon rates with providers.
“Yes” to Parents	Risky	Review risk	
“Yes” to Peer Questions		Perform Brief Intervention/Referral	 <p><b>FPQC</b>  <a href="http://www.fpqc.org/more">www.fpqc.org/more</a>            Modified with permission from <a href="http://www.sbirtoregon.org">www.sbirtoregon.org</a></p>
“Yes” to Partner, Past, or Present Questions	Harmful or Severe	Refer for further assessment and possible specialized treatment	