

# FPQC MORE Prenatal Provider Resources

## Tips for Healthy Start Coalitions

As part of the Maternal Opioid Recovery (MORE) initiative, FPQC has compiled resources for prenatal care providers and their patients to encourage and support the early identification of pregnant women with Substance/Opioid Use Disorder (SUD/OD), and link them with available services before delivery. Overdoses are now the leading cause of pregnancy-associated death in Florida. SUD/OD during pregnancy contributes to poor infant outcomes and increased NICU admissions. Substance use is a key risk factor for child abuse and neglect, and involvement with the child welfare system.

Healthy Start Coalitions can play a key role in reducing the impact of perinatal substance use on mothers, babies, and families by distributing these resources through their provider outreach activities. Information on SUD/OD screening and related resources can be presented in ways that complement and reinforce the importance of Healthy Start prenatal screening, and referral to home visiting and other services through CONNECT. Healthy Start can also make prenatal care providers aware [of case management and other resources](#) available to patients enrolled in managed care plans. The goal is to identify risks and provide services to ensure the best outcomes for mothers, babies and families!

This tip sheet provides an overview of resources for prenatal providers and their patients, and best practices for disseminating this information in your community. It also highlights strategies and resources for training prenatal care providers and other community programs that serve pregnant women and their families.

### Overview of Resources for Prenatal Providers

- **A letter from Dr. Jan Lanouette, MORE Medical Lead** (PDF) describing the FPQC project work with participating hospitals. Dr. Lanouette underscores the importance of SUD screening and outlines resources and training available to practitioners.
- **MORE Prenatal Care SUD Screening Algorithm** (PDF) providing a flow chart for SUD screening and responding to results.
- **MORE Prenatal Checklist** (WORD) for documenting efforts to identify and address perinatal substance in the office setting. The checklist can be adapted to reflect specific office practices and protocols.
- **Provider Resources, including**
  - **A Pocket Card** (PDF) on Screening, Brief Intervention & Referral to Services (SBIRT)
  - **Narcan Information** (PDF) for providers
  - **Trauma-Informed Care** (PDF) tip sheet
  - A flyer on the **Florida Behavioral Health Impact initiative** (PDF)
  - ACOG's Opinion on **Tobacco and Nicotine Cessation During Pregnancy** (PDF)
  - A **Quick Start Tip Sheet** to help prenatal care providers integrate screening and follow-up into their practices.
- **FAQs** to help answer provider questions about reimbursement, screening tools, and other topics.



- ✓ *We suggest providing 1 set of material for each prenatal care clinic or office!*
- ✓ *Material can be compiled in a separate folder OR incorporated into Healthy Start folders. Some providers will prefer a notebook or binder for easy reference. Do what works!*
- ✓ *Color is best! Avoid reproduction in B&W, multiple duplication from a single origin, if possible.*
- ✓ *Localize by adding information on CONNECT and community treatment providers.*

## Resources for Patients

- **The MORE Hope booklet** (PDF), developed in collaboration with the Hillsborough Healthy Start Coalition, the booklet provides comprehensive education and guidance to women affected by substance use
- A brochure on **Opioid Safety & How to Use Naloxone** (PDF)
- A **palm card** with links to helpful websites (edit in Adobe Acrobat Professional or Adobe Illustrator)
- Information on postpartum birth control, emphasizing the benefits of long-acting reversible contraception (**LARC**) (PDF)



- ✓ *We suggest providing multiple copies of patient education material for each prenatal care clinic or office! Encourage providers to give the information to pregnant or postpartum mother affected by SUD/OD.*
- ✓ *Color is best! Avoid reproduction in B&W, multiple duplication from a single origin, if possible.*
- ✓ *You can customize the palm card as well as add supplement material with patient-facing information on community resources, including how to access CONNECT and Healthy Start. Remember, size matters! Because of the stigma associated with SUD/OD, material should be discrete and easily concealed to protect patient privacy.*

## Where to Find These Resources

Downloadable, reproducible material is located in the Community Provider Prenatal SUD/OD Screening & Resources section on the [FPQC website](#). For ease of downloading, the prenatal provider and patient resources are compiled into a single PDF, and also available separately. WORD versions of the MORE Prenatal Checklist, patient palm card and MORE stickers are provided to allow adaptation by the coalition or doctor's office.

## Distributing These Resources to Prenatal Care Providers

The easiest way to get this information into doctors' offices is to distribute it as part of your regular provider education and outreach activities! Your distribution plan should reflect your resources and community needs.

It is important to make providers aware that screening and early intervention for specific conditions like SUD/ODU is a critical next step following completion of the Healthy Start prenatal screen. Like the prenatal screening, SUD/ODU screening should be done on ALL patients in a positive, affirming manner. Check out the MORE training resources and videos below and incorporate them in your provider training!



- ✓ ***Leverage your relationships with delivery hospitals, particularly if they are part of the MORE initiative.***
  - *Request an opportunity to present these resources at OB departmental meetings.*
  - *Organize joint visits to prenatal providers with hospital staff.*
  - *Provide training to hospital staff on community resources, plans of safe care, SBIRT, CONNECT and other topics!*
- ✓ ***Offer lunch & learns or similar training opportunities to prenatal providers' office staff on prenatal screening & SBIRT, plans of safe care, substance abuse treatment services, specialized home visiting programs for substance affected families (if available), and, of course, CONNECT!***
- ✓ ***Don't forget to link recommended screening for SUD/ODU to the Healthy Start prenatal screen. For example, 5P's can be listed as a reason for referral to Healthy Start on the prenatal screen.***

## Training Resources

The FPQC MORE website (<https://health.usf.edu/publichealth/chiles/fpqc/MORE>) includes pre-recorded presentations, videos and tools to support SUD/ODU screening, referral and support. Training resources are available to help Healthy Start staff learn about SUD/ODU, its impact on pregnant women, and the MORE initiative. Engaging videos – offering the perspectives of women who experienced OUD during pregnancy, as well as prenatal care providers who serve them – are also available for use in training OB office and hospital staff. On-demand training specific to the distribution and use of prenatal provider and patient resources will also be available soon through the Healthy Start Learning Management System.



### Selected MORE Training & Resources for Healthy Start Community/Provider Outreach Staff

- ✓ [Urgent Message to Providers and Hospitals: Opioid Use During Pregnancy from the Florida Pregnancy-Associated Mortality Review \(PAMR\) 2020](#)
- ✓ **Maternal Opioid Use: Latest Research and Practice – 2019 Chiles Lecture**  
[View Recording](#) – [Download Slides](#)
- ✓ **Overview of the MORE Initiative - February 2020**  
[View Recording](#) - [Download Slides](#)
- ✓ **Partnering to Help Women with Opioid Use Disorder - June 2020**  
[View Recording](#) - [Download Slides](#)
- ✓ **MORE Resources for Prenatal Providers & Patients**  
Healthy Start LMS (coming soon)
- ✓ Check the [FPQC website](#) for more training topics & downloadable resources



### Selected Prenatal Care Provider & Hospital Staff Training Resources

- ✓ **Screening, Brief Intervention & Referral to Care (SBIRT)**
  - [FPQC Video: Dr. Jan Lanouette, Clinical Lead for the Maternal Opioid Recovery Effort \(MORE\) in Florida, reviews Screening, Brief Intervention, Referral to Treatment \(SBIRT\) for substance use in pregnant women. She discusses the advantages of a verbal screen vs. urine screening.](#)
  - [FPQC Video: Dr Pam Carbiener, FPQC OB OUD expert explains the process for conducting SBIRT including patient interview process.](#)
  - **An Effective Approach to Care: [ACOG SBIRT video](#)**
  - **FPQC Recommended Screening tools**
    - [NIDA Quick Screen, 5 P's, CRAFFT](#)
- ✓ **Stigma**
  - [FPQC Video From Judgement to Healing: the Impact of Stigma](#)
  - [Beyond Labels: MOD toolkit](#)
- ✓ **Motivational Interviewing**
  - [Introduction to MI and Evidence for its Use with Women with Substance Use Disorder](#)
  - [Tips on Using Motivational Interviewing in Women with Substance Use Disorder](#)
- ✓ **Plans of Safe Care**
  - [FPQC MORE POSC Video](#)
  - [POSC template example \(Healthy Families Florida\)](#)
- ✓ **Overdose Prevention**
  - [FPQC video: Narcan Saves Mothers' Lives](#)
- ✓ Check the [FPQC website](#) & [YouTube video playlist](#) for additional resources.

## Best Practices from Healthy Start Community/Provider Liaisons

Coming soon!

March, 2022