

# Homeward Bound

**Vision:** Integrate family into a “Family Centered” discharge process that encompasses Dignity & Respect, Participation, Communication, and Information Sharing. The process begins on admission, empowering families to collaborate with the clinical interdisciplinary team throughout their baby’s transition from NICU admission to discharge home.

## Aim

### Primary Aim:

By June 2025, participating hospitals will achieve a 20 % increase in discharge readiness for NICU infants measured by

1. Parental technical readiness checklist completion
2. Emotional readiness score by parent questionnaire

### Secondary Aim:

By June 2025, participating hospitals will achieve a 20% increase in the completion of a discharge planning tool upon discharge home

## Primary Key Drivers

Family Engagement and Preparedness

Health Related Social Needs

Transfer and Coordination of Care

## Secondary Key Drivers

Educate caregiver to take ownership of infant care

Implement a discharge planning tool starting at admission

Engage care team to coach parents on infant care skills needed for transition to home

Assess family needs and connect to resources

Train and commit to dignity and respect in all family interactions

Orient caregivers to primary care/medical home

Coordinate referrals to subspecialist/rehabilitation services/mentoring programs

Provide a comprehensive discharge summary to caregivers and care team

*Family-Centered Care is a universal component of every driver & activity*