Homeward Bound: Overview

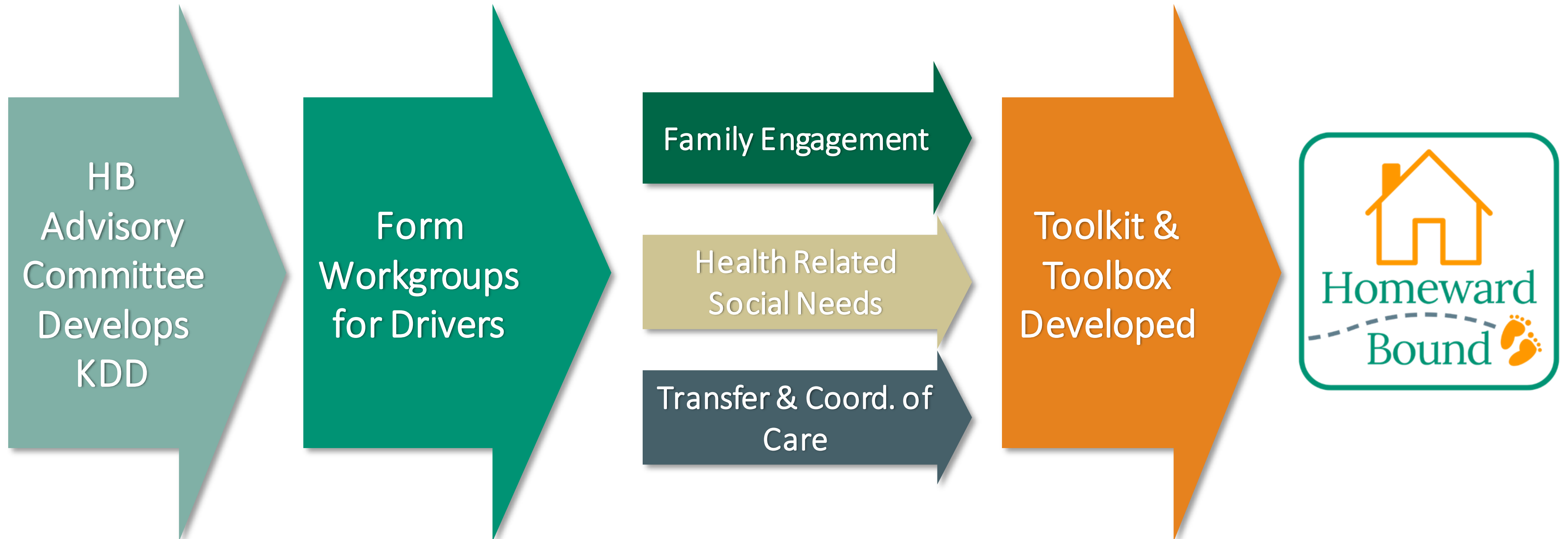
Lori Reeves, MPH

What Goes into Developing an FPQC Initiative?

- Work begins 9 months to a year before kick-off
- Initiatives are developed using evidence-based guidelines, research, best practices, and national expert consultation
- Our Homeward Bound Advisory committee develops the vision, aim and drivers
- Driver specific workgroups convene every two weeks to determine what potentially better practices support each driver
- Driver specific workgroups then review existing tools, adapt those that are a good fit, and develop entirely new tools if needed
- Workgroup and the Advisory committee work with the FPQC team to create a toolkit, along with a toolbox with additional resources
- Data measures are developed, along with tools to report data

FPQC

Creating the QI Package



Homeward Bound Aims

Primary aim: by 6/2025, **each participating NICU will achieve a 20% increase in discharge readiness for NICU infants** as measured by

1. Parental technical readiness checklist completion
2. Emotional readiness score by parent survey

Secondary aim: by 6/2025, **each participating NICU will achieve a 20% increase in the completion of a discharge planning tool** upon discharge home

FPQC

Vision: Integrate family into a "Family Centered" discharge process that encompasses Dignity & Respect, Participation, Communication, and Information Sharing. The process begins on admission, empowering families to collaborate with the clinical interdisciplinary team throughout their baby's transition from NICU admission to discharge home.

Aim

Primary Aim:

By June 2025, each participating NICU will achieve a 20 % increase in discharge readiness for NICU infants as measured by

- Parental technical readiness checklist
- Emotional readiness score by survey

Secondary Aim:

By June 2025, each participating NICU will achieve a 20% increase in the completion of a discharge planning tool upon discharge home

Primary Key Drivers

- Family Engagement & Preparedness
- Health Related Social Needs
- Transfer and Coordination of Care

Family-centered care is a universal component of every driver & activity

Primary Key Driver	Secondary Drivers
Family Engagement and Preparedness	Educate caregivers to take ownership of infant care
	Implement a discharge planning tool starting at admission
	Engage care team to coach caregivers on infant care skills needed for transition to home

Family-centered care is a universal component of every driver & activity

Primary Key Driver	Secondary Drivers
Health Related Social Needs	Assess family needs and connect to resources
	Train and commit to dignity and respect in all family interactions

Family-centered care is a universal component of every driver & activity

HOMEWARD BOUND

Primary Key Driver

Secondary Drivers

Transfer and Coordination of Care

- Orient caregivers to primary care/medical home
- Coordinate referrals to subspecialist/ rehabilitation services/mentoring programs
- Provide a comprehensive discharge summary to caregivers and care team

Family-centered care is a universal component of every driver & activity

Initiative Timeline