

Homeward Bound: Data Update

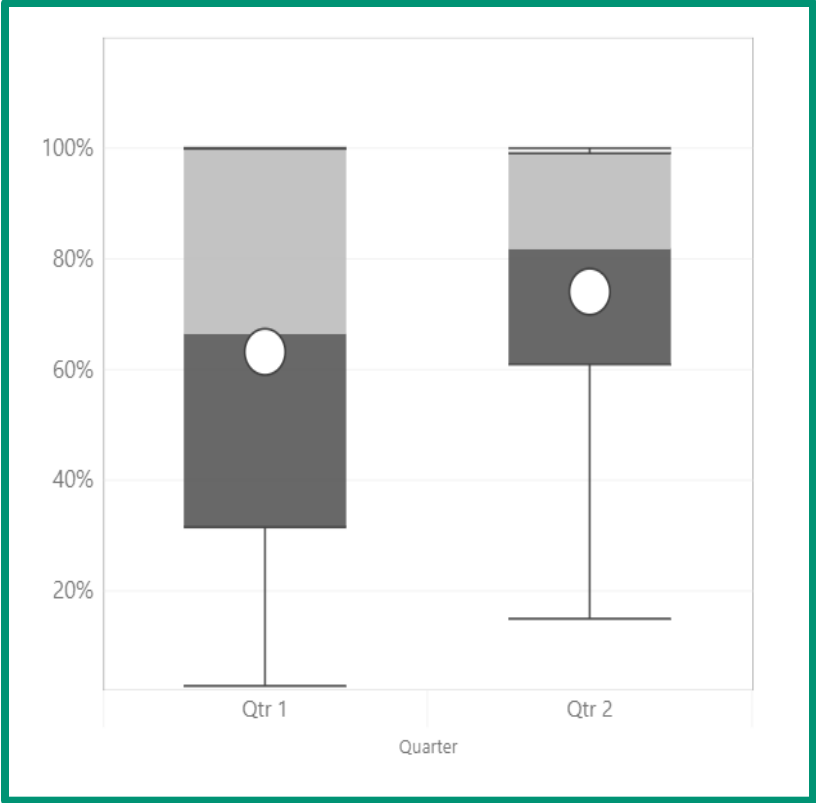
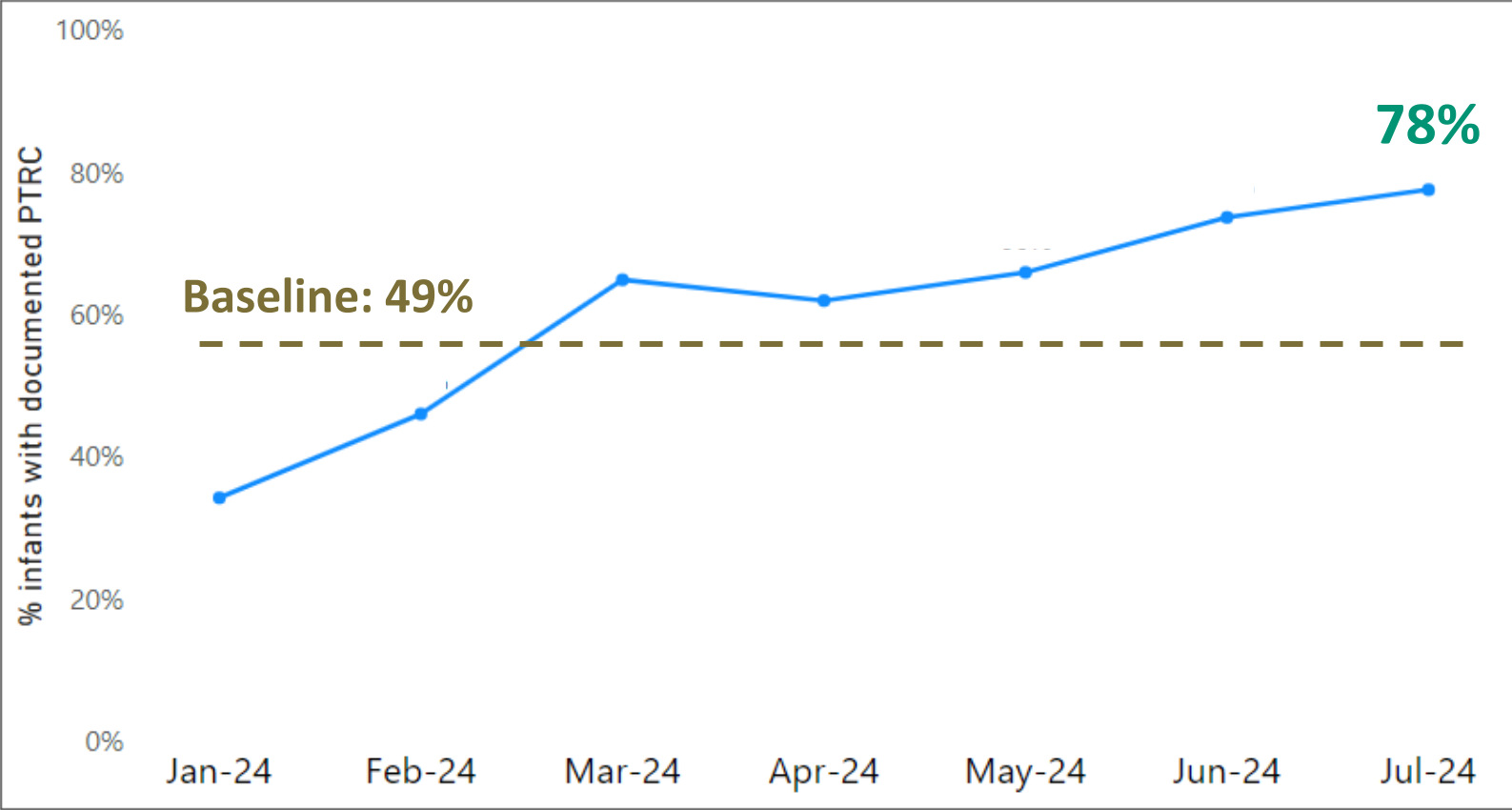
Estefania Rubio, MD, MPH



Primary aim: by 6/2025, each participating NICU will achieve a 20% increase in discharge readiness for NICU infants as measured by:

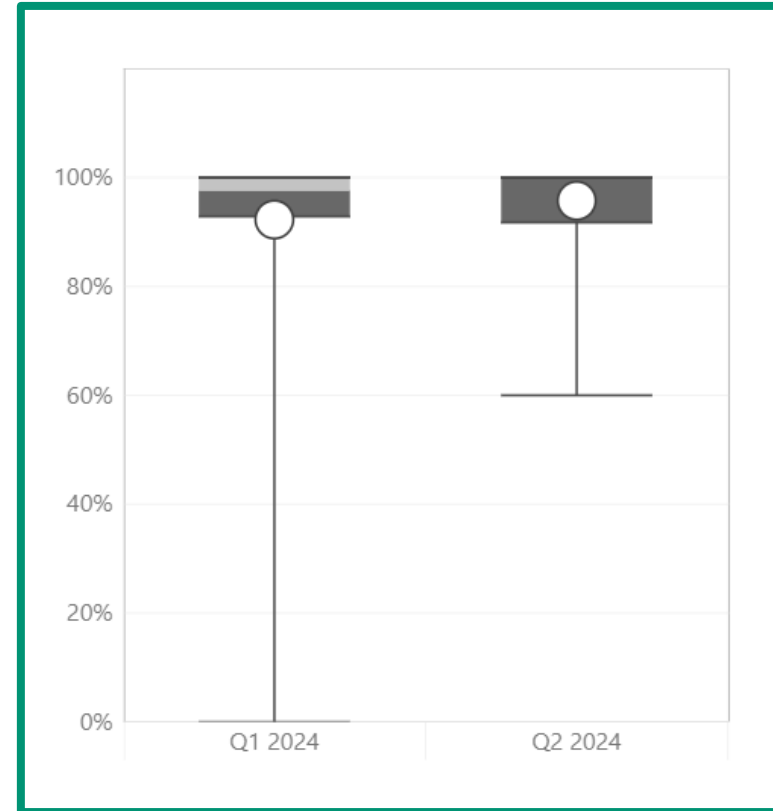
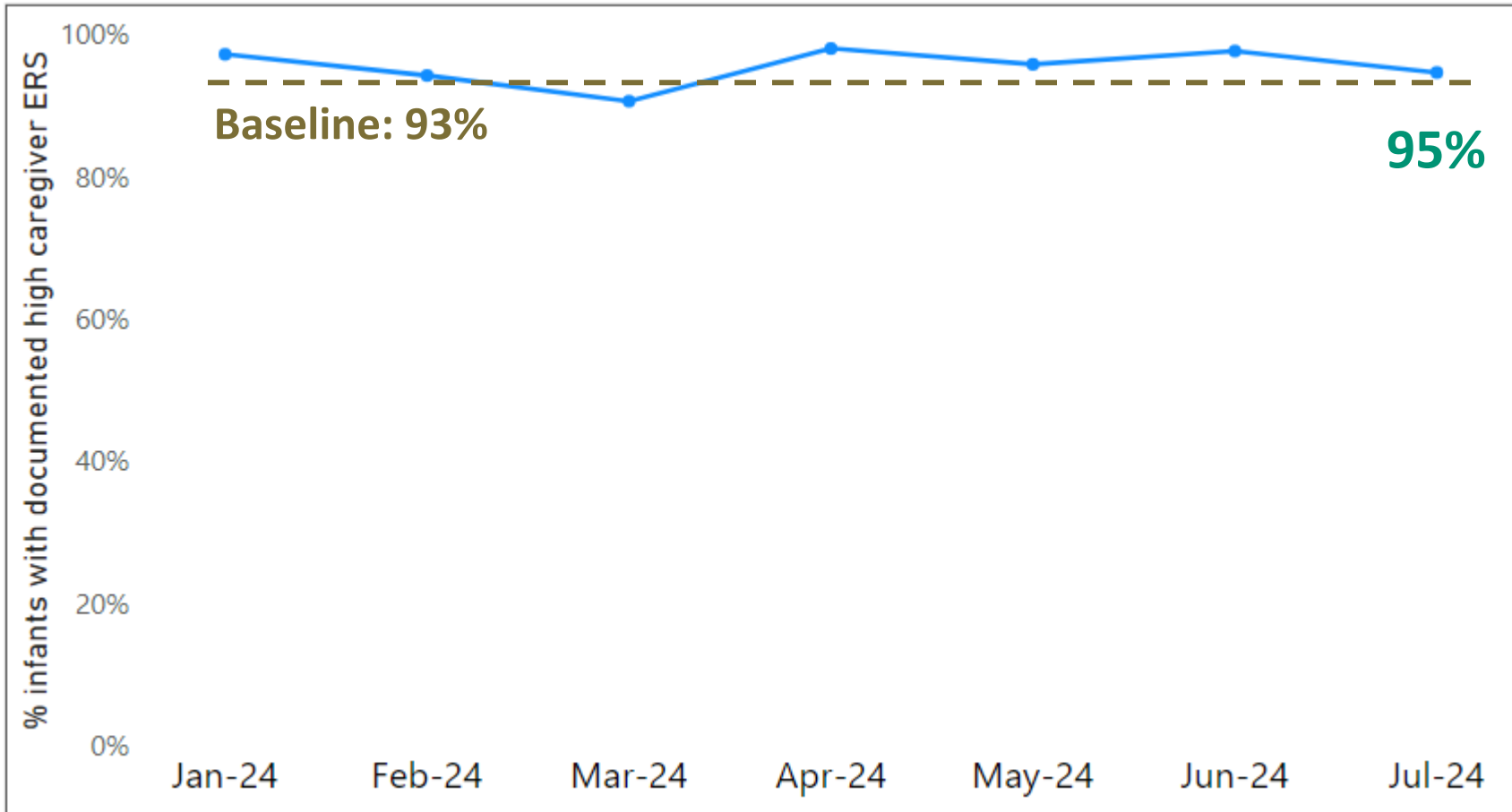
1. Parental technical readiness checklist completion
2. Emotional readiness score by parent survey

Completed Parental Technical Readiness Checklist



59% increase from baseline

Caregivers with Highest Emotional Readiness Score

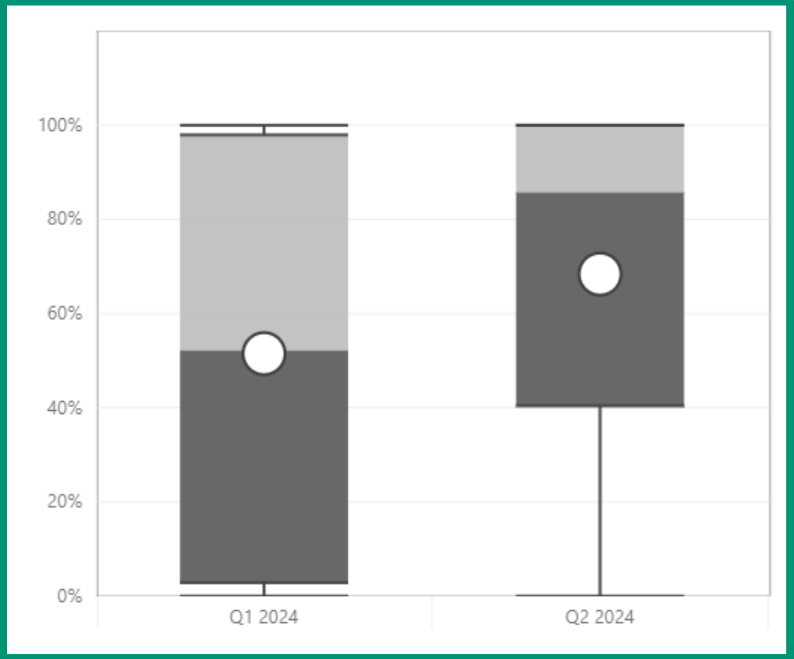
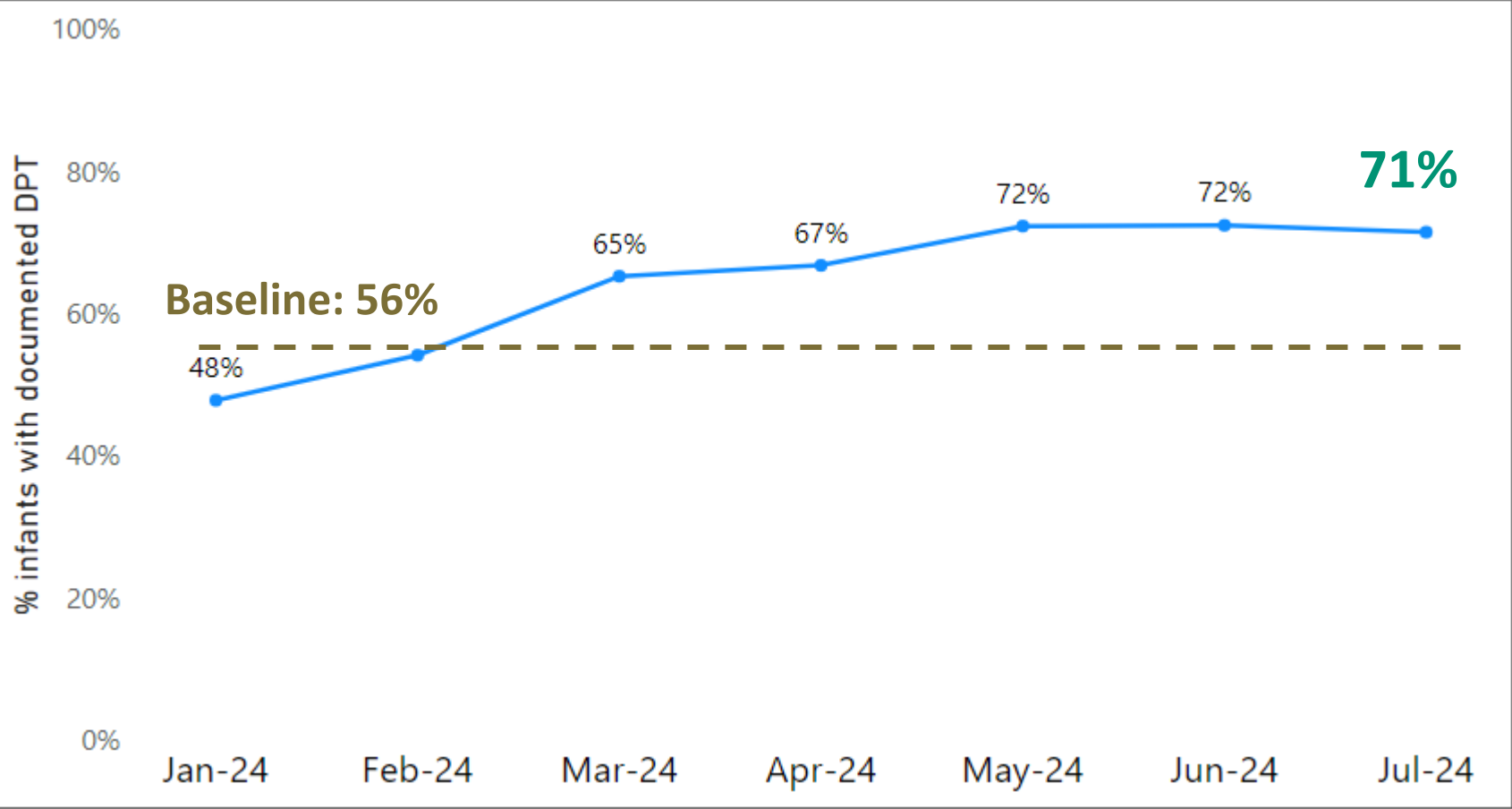


48% of infants don't have a documented Emotional Readiness Score!!

Homeward Bound Aims

Secondary aim: by 6/2025, each participating NICU will achieve a 20% increase in the completion of a discharge planning tool upon discharge home

Completed Discharge Planning Tool

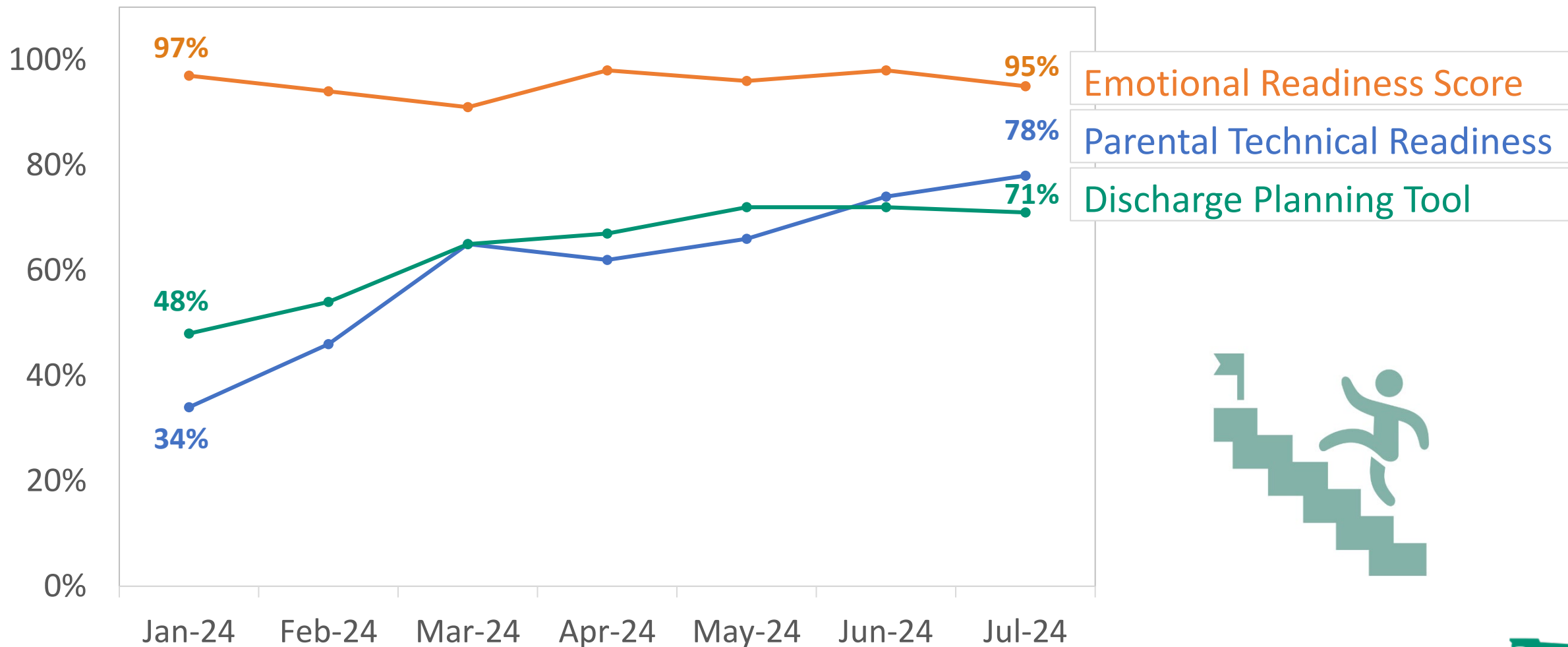


27% increase from baseline





Homeward Bound Aims



Aim

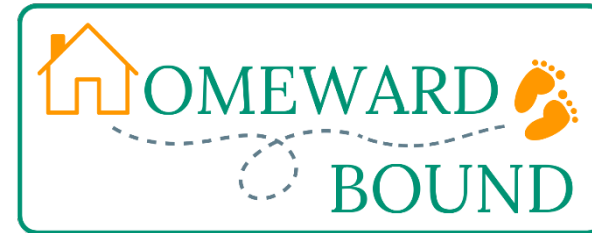
Primary Aim:

By June 2025, each participating NICU will achieve a 20 % increase in discharge readiness for NICU infants as measured by

- Parental technical readiness checklist
- Emotional readiness score by survey

Secondary Aim:

By June 2025, each participating NICU will achieve a 20% increase in the completion of a discharge planning tool upon discharge home



Primary Key Drivers

Family Engagement & Preparedness

Health Related Social Needs

Transfer and Coordination of Care

Family-centered care is a universal component of every driver & activity



Primary Key Driver

Secondary Drivers

Family Engagement and Preparedness

Educate caregivers to take ownership of infant care

Implement a discharge planning tool starting at admission

Engage care team to coach caregivers on infant care skills needed for transition to home

Family Engagement and Preparedness

% of hospitals that have fully implemented a:	Baseline	Q2-2024
Patient-specific care plan for family	50%	61%
Calling parents within 3 days after discharge	28%	52%
Pediatricians list for NICU grads & Medicaid	45%	47%



Primary Key Driver

Secondary Drivers

Health Related Social Needs

Assess family needs and connect to resources

Train and commit to dignity and respect in all family interactions

Family-centered care is a universal component of every driver & activity

Health Related Social Needs (HRSN)

Assess family needs and connect to resources

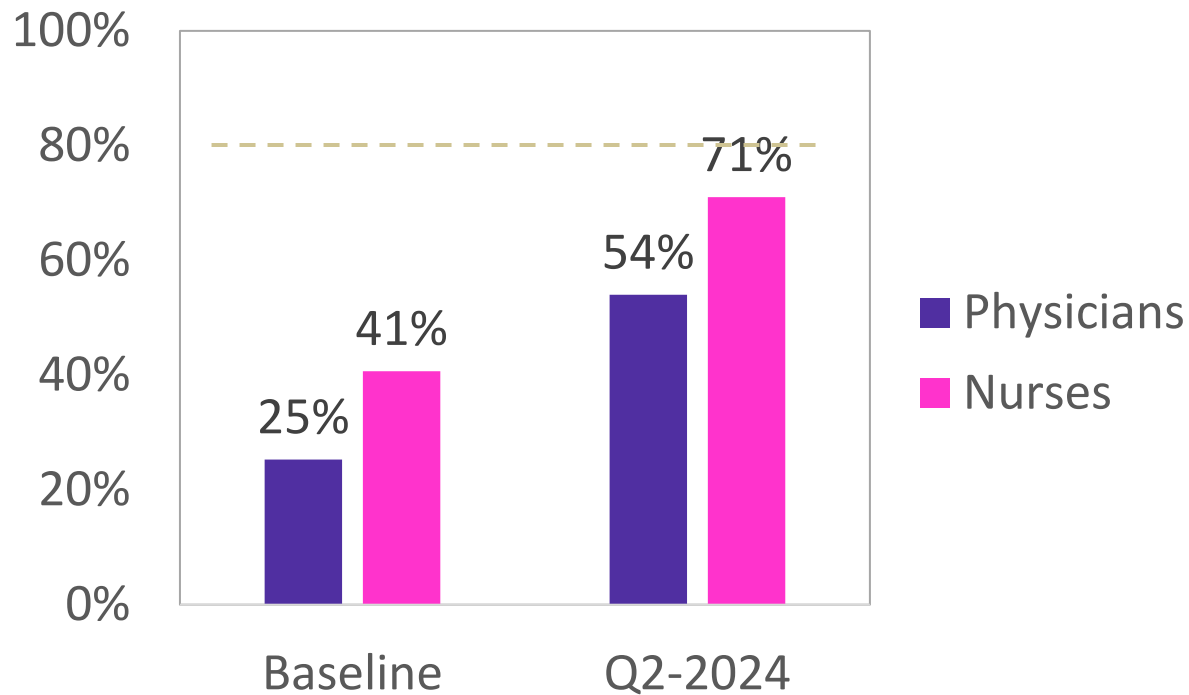
% of hospitals that have fully implemented a:	Baseline	Q2-2024
HRSN Assessment Tool	28%	65%
Process map to access HRSN from maternity unit	28%	54%
Food vouchers and breast pumps	28%	37%
Criteria to call PCP prior to discharge	18%	18%
Engagement of a community advisor	0%	14%
Engagement of a family advisor	0%	5%



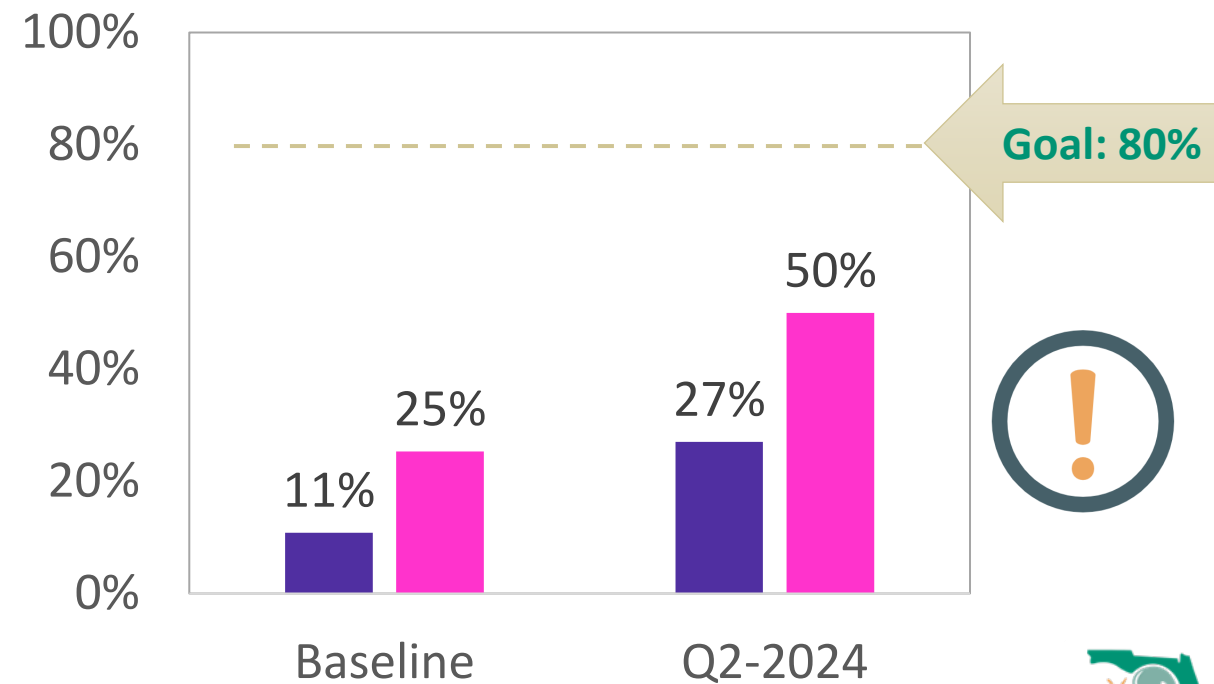
Health Related Social Needs

Train and commit to dignity and respect in all family interactions

Process to train parents on infant skills needed for transition to home



Respectful Care training and commitment to RC practices





Primary Key Driver

Secondary Drivers

Transfer and Coordination of Care

Orient caregivers to primary care/medical home

Coordinate referrals to subspecialist/rehabilitation services/mentoring programs

Provide a comprehensive discharge summary to caregivers and care team

Family-centered care is a universal component of every driver & activity

Transfer and Coordination of Care

% of hospitals that have fully implemented a:	Baseline	Q2-2024
Standardized format for discharge summary	96%	96%
Providing multiple copies of discharge summary	80%	87%

Key Takeaways

- **Significant Progress:** Strong improvements across key metrics, including a 59% increase in parental technical readiness checklist completion and a 27% increase in discharge planning tool completion.
- **Emotional Readiness:** Scores are generally high, but 48% of infants still lack a documented assessment.
- **Family-Centered Care:** Remains a core focus across all drivers and activities, with opportunities to:
 - Complete Respectful Care Training and commit to respectful practices
 - Engage Family and Community advisors
 - Continue supporting NICU parents with resources like food vouchers, breast pumps... WeCare?

Questions?

Thank you!

