# Kimberly M. Chism, MPH, RDN, LDN CURRICULUM VITAE

CREDENTIALS Registered Dietitian Nutritionist through the Commission on Dietetic Registration

Licensed Dietitian/Nutritionist in the state of Florida

**EDUCATION** Master of Public Health, Public Health Practice Aug 2012

Overall GPA 3.75

University of South Florida, Tampa, FL

Dietetic Internship July 2001-Dec 2001

St. Luke's Hospital/Mayo Clinic, Jacksonville, FL

Bachelor of Science, Dietetics July 2001

Overall GPA 3.80

Harding University, Searcy, AR

TEACHING Florida Medical Clinic, Land O Lakes, FL Apr 2017-May 2021

**EXPERIENCE** Well-Being, LLC, Tampa, FL

In-person and virtual group instruction Curriculum design and development

Moffitt Cancer Center, Tampa, FL Oct 2012-Dec 2015

In-person group instruction Survivorship program

University of South Florida, Tampa, FL Oct 2003-June 2011

Mar 2002-Sept 2003

In-person group instruction

EDG 4909, College Health Promotion (co-instruction in 2010)

Multiple courses (guest presentations)

LEARN program (instruction)
Curriculum design and development

South Bay Hospital, Sun City Center, FL

In-person group instruction

Outpatient diabetes education program

## PROFESSIONAL EXPERIENCE

### **Registered Dietitian**

April 2017-May 2021

Florida Medical Clinic, Land O Lakes, FL Well-Being, Tampa, FL

- Co-designed and co-led a 12-week wellness transformation program for participants
- Developed program curriculum and created PowerPoint presentations and supplementary materials
- Taught in-person and virtual program classes and provided individual health coaching and support
- Led engaging and informative grocery store tours, wrote nutrition articles for website, and created social media posts
- Monitored participants' progress through a food and fitness tracking application and helped document program outcomes

#### **Clinical Dietitian**

Oct 2012-Dec 2015

Moffitt Cancer Center, Tampa, FL

- Developed, implemented, and evaluated nutrition care plans for oncology patients in both the inpatient and outpatient setting
- Provided individual nutrition counseling and education on a variety of nutrition topics
- Coordinated nutrition-related quality improvement in an outpatient nutrition clinic
- Facilitated an eight-week group survivorship program for cancer survivors

#### **Registered Dietitian**

Oct 2003-June 2011

University of South Florida, Tampa, FL

- Provided individual medical nutrition therapy and nutrition counseling to students through Student Health Services
- Conducted interactive nutrition education presentations for a variety of groups and classes on campus
- Co-taught a peer education course
- Coordinated and implemented campus nutrition promotion activities
- Facilitated a 12-week group weight management program, LEARN, for students

#### **Clinical Dietitian**

March 2002-Sept 2003

South Bay Hospital, Sun City Center, FL

- Developed and implemented nutrition care plans for hospital patients
- Conducted group nutrition education classes and provided individual medical nutrition therapy for patients in outpatient diabetes education program
- Assisted diabetic nurse educator with diabetes education program management and annual diabetes fair

Dietetic Intern June 2001-Dec 2001

St. Luke's Hospital/Mayo Clinic, Jacksonville, FL

 Developed dietetic practice skills in clinical dietetics, community dietetics, and food service management

- Provided medical nutrition therapy to patients
- Developed community nutrition assessment, program planning, and evaluation skills
- Completed training in foodservice management

PRESENTATIONS Eubanks, R., May, K., & Norman, J. (2009). Nutritional management of eating

disorders and diabetes. Presented at 2009 Diabetes Update: Eating Disorders & Diabetes and Advanced Topics in Diabetes Care. University of South Florida,

Tampa, FL

PROFESSIONAL Medical Nutrition Therapy

INTERESTS Nutrigenomics

Aging and Neurocognitive Disorders

Autoimmune Conditions and Gluten-Related Disorders

**CONTINUING** Metabolic Health Summit (2019 and 2020)

**EDUCATION** Brain Health: Mood, Metabolism, and Cognition (2017)

Coursework from CDR-Approved Providers (2015-2019): Gluten Sensitivity, Food Allergies and Intolerances, Dietary Supplements, Probiotics, and Bone

and Joint Health

TECHNICAL Microsoft Word, Excel, Outlook, and PowerPoint

**REFERENCES** Available upon request

SKILLS