Some risks of drinking and drug use during pregnancy

Fetal alcohol spectrum disorders
(alcohol)

Birth defects
(alcohol, marijuana, cocaine, opiates)

Low birth weight
(alcohol, marijuana, cocaine, opiates, meth)

Miscarriage
(alcohol, cocaine)

Premature birth
(alcohol, marijuana, cocaine, opiates, meth)

Development and behavior problems
(alcohol, marijuana, opiates, meth)
Sample Script for a Brief Intervention

- "Thank you for completing this questionnaire and for being honest about this subject - is it ok with you if we review your results?"
- "Can you tell me more about your past/current drinking or drug use? What does a typical week look like?"

Provide feedback
- "I also thank you for trusting me and being willing to talk about this subject."
- "Sometimes patients who give similar answers on this questionnaire are continuing to use drugs or alcohol during their pregnancy."
- "I recommend to all my pregnant patients not to use any amount of alcohol or drugs, because of the associated risks" (review risks from front)

Enhance motivation
- "What are your thoughts about this recommendation?"
- "By being honest with me, it is obvious that you want to have a healthy pregnancy and we want to work with you to make this happen."

Negotiate plan
- Summarize conversation. Then: "What steps do you think you can take to reach your goal of having a healthy pregnancy and baby?"
- "We can talk about this again at your next appointment."

SAMHSA Toll-Free Treatment Referral Hotline
Florida Department of Children and Families mental health and substance use information, resources and treatment service website
1-800-662-HELP (4357)
www.myflorida.networkofcare.org

Interpreting the SPs Screening Tool

<table>
<thead>
<tr>
<th>Answers</th>
<th>Zone</th>
<th>Indicated Action</th>
<th>SBIRT Billing</th>
</tr>
</thead>
<tbody>
<tr>
<td>No to all substance use questions</td>
<td>Low Risk</td>
<td>Positive reinforcement</td>
<td>SBIRT is currently reimbursed as part of the global fee by Medicaid. Check with Managed Care Plans in your area to determine if they offer separate reimbursement or are willing to consider doing so for enrollees in their plans.</td>
</tr>
<tr>
<td>&quot;Yes&quot; to Parents</td>
<td>Risky</td>
<td>Review risk</td>
<td></td>
</tr>
<tr>
<td>&quot;Yes&quot; to Peer Questions</td>
<td></td>
<td>Perform Brief Intervention/Referral</td>
<td></td>
</tr>
<tr>
<td>&quot;Yes&quot; to Partner, Past, or Present Questions</td>
<td>Harmful or Severe</td>
<td>Refer for further assessment and possible specialized treatment</td>
<td></td>
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</tbody>
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