



## **Comfort Measures Power of Language Scenario**

Judy is a G1P0 @ 39weeks gestation.

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Nurse: Ask your routine questions in an abrupt manner. Perform a cervical exam that reveals that she is 2 cm/50%/-2 station. Speak to her in a negative way. For example. "If you think it hurts now just wait until you are in active labor" "You might as well get an epidural now" "It only gets worse from here"

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