CESAREAN (C-SECTION)

Cesarean is a type of surgery done to deliver your baby through your belly. It should only be done when there is a health problem or emergency with mom or her baby.*

> Longer hospital stay and recovery time More pain after surgery Wound infection after surgery Bleeding requiring blood transfusion Injury to internal organs Higher risk of blood clots Accidental surgical cut to baby Baby may separate from you for care Breathing problems for baby Higher risk of problems in future pregnancies Delivery day can be planned Safer delivery of large baby (10-11 lbs)

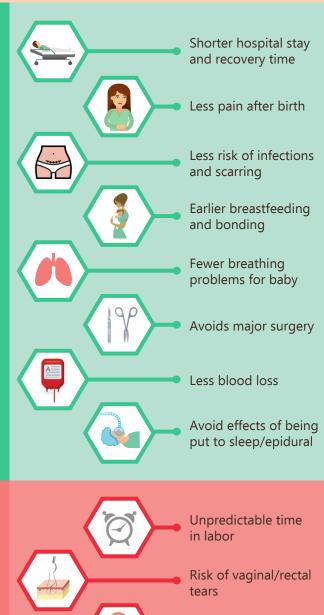
> > Safer delivery of baby in breech position



* Discuss plans for your labor and delivery with your doctor early in your pregnancy.

VAGINAL BIRTH

Is a method of delivery of your baby through your vagina.*



Injury to baby that is very large or breech



* Discuss plans for your labor and delivery with your doctor early in your pregnancy.