

• Who?

• What?

• Whv?

• Where?

swaddling)

• SSC pamphlet

ROADMAP FOR INITIATING AND IMPROVING SKIN-TO-SKIN (SSC) IN THE NICU

SELECT A TEAM 1 • Include a parent and check Quick Start Guide **IDENTIFY IF SSC IS OCCURRING IN YOUR UNIT** 1 **IDENTIFY BARRIERS TO SSC** Is there a policy in place? Include staff and/or equipment What % of infants are currently receiving SSC? 3 • Who? • What? • Where? Whv? **IDENTIFY INFANTS WHO ARE DEVELOP / UPDATE A SSC** ELIGIBLE IN YOUR NICU FOR SSC POLICY • Identify babies who are not eligible and why (use evidence) Use the FPQC toolkit as a reference Identify another method that families can use if SSC isn't allowed (i.e., hand 6 EDUCATE PARENTS ABOUT SSC **EDUCATE & UPDATE** & WHY IT'S DONE • Develop a method to educate and update Promote resources available for support staff about SSC, the policy, and other changes • Let everyone know why your NICU is doing this project **CREATE TOOLS THAT STAFF AND** FAMILIES CAN UTILIZE FOR SSC Appointment cards for SSC MEASURE YOUR PROGRESS 8 Utilize tools from FPQC Competency for staff on SSC Competency for families on SSC **HOLD A KANGAROO-A-THON** 10 Take pictures • Wear a Kangaroo Suit

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CELEBRATE SUCCESS!