

Some risks of drinking and drug use during pregnancy

Fetal alcohol spectrum disorders

(alcohol)

Birth defects

(alcohol, marijuana, cocaine, opioids)

Low birth weight

(alcohol, marijuana, cocaine, opioids, methamphetamine)

Miscarriage

(alcohol, cocaine)

Premature birth

(alcohol, marijuana, cocaine, opioids, methamphetamine)

Development and behavior problems

(alcohol, marijuana, opioids, methamphetamine)



Sample Script for a Brief Intervention

| | |
|---------------------------|---|
| Raise the Subject | <ul style="list-style-type: none"> •“Thank you for completing this questionnaire and for being honest about this subject -is it ok with you if we review your results?” •“Can you tell me more about your past/current drinking or drug use? What does a typical week look like?” |
| Provide Feedback | <ul style="list-style-type: none"> •“I also thank you for trusting me and being willing to talk about this subject.” •“Sometimes patients who give similar answers on this questionnaire are continuing to use drugs or alcohol during their pregnancy.” •“I recommend to all my pregnant patients not to use any amount of alcohol or drugs, because of the associated risks” (review risks from front) |
| Enhance Motivation | <ul style="list-style-type: none"> •“What are your thoughts about this recommendation?” •“By being honest with me, it is obvious that you want to have a healthy pregnancy and we want to work with you to make this happen.” |
| Negotiate Plan | <ul style="list-style-type: none"> •Summarize conversation. Then: “What steps do you think you can take to reach your goal of having a healthy pregnancy and baby?” •“We can talk about this again at your next appointment.” |

No-Cost Resources

- SAMHSA Toll-Free Treatment Referral Hotline: 1-800-662-HELP
- Need ideas about how to integrate SBIRT into your practice? Visit fpqc.org/MOREVideos
- FL BH IMPACT provider-to-provider consultations: 1-833-951-0296 & flbhimpact.org

Interpreting the 5Ps Screening Tool

Billing for SBIRT

| Answers | Zone | Indicated Action | SBIRT Procedure Codes | | | | | | | | | |
|--|--|---|---|------|-------------|-------------------------------------|-------|-------------------------------|---------|-------|--|---------|
| “No” to all substance use questions | Low Risk | Positive reinforcement | <p>*Retroactively effective 1/1/2021</p> <ul style="list-style-type: none"> • Added to Medicaid Practitioner Fee Schedule • MDs, DOs, PAs, and APRNs can render SBIRT services <table border="1"> <thead> <tr> <th>Code</th> <th>Description</th> <th>Fee-for-Service Reimbursement Level</th> </tr> </thead> <tbody> <tr> <td>H0049</td> <td>Alcohol and/or drug screening</td> <td>\$17.08</td> </tr> <tr> <td>H0050</td> <td>Alcohol and/or drug screening, brief intervention, per 15 min.</td> <td>\$28.73</td> </tr> </tbody> </table> | Code | Description | Fee-for-Service Reimbursement Level | H0049 | Alcohol and/or drug screening | \$17.08 | H0050 | Alcohol and/or drug screening, brief intervention, per 15 min. | \$28.73 |
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| “Yes” to Parents | Risky | Review risk | | | | | | | | | | |
| “Yes” to Peer Questions | | Perform Brief Intervention/Referral | | | | | | | | | | |
| “Yes” to Partner, Past, or Present Questions | Harmful or Severe | Refer for further assessment and possible specialized treatment | | | | | | | | | | |

For more information visit fpqc.org/MORE

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