Some risks of drinking and drug use during pregnancy

- **Fetal alcohol spectrum disorders**
  - (alcohol)

- **Birth defects**
  - (alcohol, marijuana, cocaine, opioids)

- **Low birth weight**
  - (alcohol, marijuana, cocaine, opioids, methamphetamine)

- **Miscarriage**
  - (alcohol, cocaine)

- **Premature birth**
  - (alcohol, marijuana, cocaine, opioids, methamphetamine)

- **Development and behavior problems**
  - (alcohol, marijuana, opioids, methamphetamine)
Sample Script for a Brief Intervention

Raise the Subject

• "Thank you for completing this questionnaire and for being honest about this subject - is it ok with you if we review your results?"
• "Can you tell me more about your past/current drinking or drug use? What does a typical week look like?"

Provide Feedback

• "I also thank you for trusting me and being willing to talk about this subject."
• "Sometimes patients who give similar answers on this questionnaire are continuing to use drugs or alcohol during their pregnancy."
• "I recommend to all my pregnant patients not to use any amount of alcohol or drugs, because of the associated risks" (review risks from front)

Enhance Motivation

• "What are your thoughts about this recommendation?"
• "By being honest with me, it is obvious that you want to have a healthy pregnancy and we want to work with you to make this happen."

Negotiate Plan

• Summarize conversation. Then: "What steps do you think you can take to reach your goal of having a healthy pregnancy and baby?"
• "We can talk about this again at your next appointment."

No-Cost Resources

• SAMHSA Toll-Free Treatment Referral Hotline: 1-800-662-HELP
• Need ideas about how to integrate SBIRT into your practice? Visit fpqc.org/MOREVideos
• FL BH IMPACT provider-to-provider consultations: 1-833-951-0296 & flbhimpact.org

Interpreting the 5Ps Screening Tool

<table>
<thead>
<tr>
<th>Answers</th>
<th>Zone</th>
<th>Indicated Action</th>
<th>SBIRT Procedure Codes</th>
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</thead>
<tbody>
<tr>
<td>• &quot;No&quot; to all substance use questions</td>
<td>Low Risk</td>
<td>Positive reinforcement</td>
<td>Retroactively effective 1/1/2021</td>
</tr>
<tr>
<td>• &quot;Yes&quot; to Parents</td>
<td>Risky</td>
<td>Review risk</td>
<td>• Added to Medicaid Practitioner Fee Schedule</td>
</tr>
<tr>
<td>• &quot;Yes&quot; to Peer Questions</td>
<td></td>
<td>Perform Brief Intervention/Referral</td>
<td>• MDs, DOs, PAs, and APRNs can render SBIRT services</td>
</tr>
<tr>
<td>• &quot;Yes&quot; to Partner, Past, or Present Questions</td>
<td>Harmful or Severe</td>
<td>Refer for further assessment and possible specialized treatment</td>
<td>Code</td>
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For more information visit fpqc.org/MORE

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