

# MOM Monday # 7

October 3, 2016

## MOM PROJECT ANNOUNCEMENTS

Several of our NICU team members completed the Breastfeeding Resource Nurse Master Trainings: Congratulations, BRN Masters: Jennifer Francis, Jenna Francis, Lori Isaacs, Doris Wallace, Carson Haynes, Meagan Beck, and Cindy Nichols, Thank you for being our change agents! The MOM initiative and your team support you, as we all work toward creating an infrastructure of support for mother's own milk (MOM) in WPH NICUs.

Trained BRNM have access to special education materials (DVDs) that are being sent to us.



There is a brand new online [Resource Page](#) full of resources related to MOM in the NICU that can be used. This can be shared with Mothers and Families or with Healthcare Providers. Materials are available in English and Spanish, where available

## UPCOMING EVENTS:

### **October MOM Collaborative Learning Session Webinar: Supporting Milk Supply**

Thursday, October 6<sup>th</sup> at 1 PM EST

Guest speakers from Tufts Medical Center, members of the NeoQIC human milk collaborative, will be presenting how they reduced time to first pumping session. This is the first PDSA cycle we are working on for this project. Please feel free to join us in the 11<sup>th</sup> floor conference room. This should be a wonderful opportunity to share your challenges and efforts to improve availability of milk and monitor milk supply for our NICU moms



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## Did you know?

- ♦ The incidence of breastfeeding of preterm infants is affected by the support provided at the hospital and in the neonatal intensive care unit (NICU).
- ♦ A top priority for neonatal nurses is to ensure that all families understand the unique role that human milk plays in the health of their child.
- ♦ Neonatal nurses should incorporate lactation support into their daily care to ensure that infants receive human milk through discharge and to help mothers achieve their personal breastfeeding goals.
- ♦ In the United States, infant mortality could be reduced by an estimated 21% if all infants received the recommended 6 months of exclusive human milk feeds (Chen & Rogan, 2004).