

University of Florida Health – Jacksonville
Department of Obstetrics and Gynecology

Department/Labor and Delivery Standard Operating Procedure

SUBJECT: Post-placental Intrauterine Device (IUD) Insertion

Scope/Responsibility: Applies to Labor and Delivery and Postpartum Nursing Personnel

A. General:

1. An IUD is a small contraceptive device which is inserted into the uterus. The device is often 'T' shaped; and contains either copper or levonorgestrel (a progestin). They are one form of long-acting, reversible contraception and are some of the most effective types of reversible birth controls.

A. Equipment:

1. Consent form
2. Intrauterine Device
3. Sterile gloves
4. Betadine/Iodine
5. Scopettes
6. Sterile long ringed forceps in peel pack
7. Standard ring forceps (on delivery table)
8. Sterile scissors (on delivery table)

B. Procedure:

1. Obtain IUD from the OmniCell upon patient admission to Labor and Delivery. Secure the IUD in the locked cart/cabinet in patient room until the time delivery. Also ensure that all corresponding instruments and supplies necessary for the post-placental IUD insertion are placed in locked cart/cabinet with the IUD.
2. Obtain written informed consent from the patient on admission.
3. At the time of delivery, obtain the IUD and supplies from locked cart/cabinet.
4. Perform a "Time Out" prior to starting the procedure.
5. Once instructed by the provider, open the IUD inserter tray in a sterile fashion and the provider will remove the IUD from the inserter tray.
6. Open the long ringed forceps in a sterile manner and the provider will remove the ringed forceps in a sterile fashion.
7. Place the IUD information sticker (which contains the lot number and expiration date) from the package to the consent form
8. Ensure that the consent form remains in the patient's chart so that it may be scanned into the patient's medical record.

9. During routine postpartum care (fundal checks and pericare) carefully inspect perineum, pads, and blood clots for the presence of visible strings or an expelled IUD. Notify the Postpartum MD immediately if IUD expulsion is suspected.
- C. Documenting Procedures
1. Complete the patient information card from the IUD pamphlet inside the box.
 2. Give the provider the IUD lot number and expiration date
 3. Attach the IUD sticker with the lot number and expiration date to the front of the consent form
 4. Ensure consent form remains in the patient's chart so that it can be scanned into the patient's medical record.

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