

Photos on this panel and the inside of this brochure were provided by families whose children were born with special health care needs. We thank them for their generosity in supporting our efforts to assist other families.



Florida has many resources to help you and your family.



Information about available resources may be given to you by doctors and nurses, social workers, or other staff caring for you and your baby. This brochure may help you locate other resources and gather additional information about your baby's condition, family support groups, and health services once you are home.

Funding Opportunity #CDC-NU50DD004946. Contents do not necessarily reflect the official views of the CDC.

Special thanks to the University of South Florida Birth Defects Surveillance Program for their expertise and support.



## FAMILY SUPPORT

**Family Network on Disabilities** Family-driven support, education, information, resources, and advocacy for families of children with disabilities.

800-825-5736, [www.fndfl.org](http://www.fndfl.org)

**Easter Seals** National advocacy and support organization for disabilities, and provides child development services.

407-306-9766, [www.easterseals.com/florida](http://www.easterseals.com/florida)

**Family Cafe** Florida-wide organization that networks individuals with disabilities and their families to state agencies, non-profit organizations, and other service providers.

888-309-Cafe (2233), [www.familycafe.net](http://www.familycafe.net)

**Disability Rights Florida** Florida statewide advocacy and protection system for individuals with disabilities. Services are free and confidential.

[www.disabilityrightsflorida.org](http://www.disabilityrightsflorida.org)

**Center for Parent Information and Resources**

Information and education materials for families of individuals with special needs.

[www.parentcenterhub.org](http://www.parentcenterhub.org)

## INFORMATION ABOUT CONDITIONS

**Florida Birth Defects Registry** Specific health information on birth conditions and links to further information and resources.

[www.fbdr.org](http://www.fbdr.org)

**Centers for Disease Control and Prevention's National Center on Birth Defects and Developmental Disabilities**

Information on the research, prevention, and educational information regarding specific birth defects.

[www.cdc.gov/ncbddd](http://www.cdc.gov/ncbddd)

**National Organization for Rare Disorders (NORD)**

Information and resources on a variety of rare diseases.

203-744-0100, [www.rarediseases.org](http://www.rarediseases.org)

**Genetics Home Reference** A resource about a variety of genetic information, counselors, and conditions.

[ghr.nlm.nih.gov](http://ghr.nlm.nih.gov)

## HEALTH SERVICES

**Children's Medical Services Managed Care Plan (CMS Plan)**

Medical services to families of children with special health care needs.

850-245-4200

[CMSPlan.FloridaHealth.gov](http://CMSPlan.FloridaHealth.gov)

**Florida Medicaid** Medical coverage for low income families.

866-762-2237, [www.myflorida.com/accessflorida](http://www.myflorida.com/accessflorida)

**Florida Kidcare** Low cost medical coverage for children who do not qualify for Medicaid.

888-540-5437, [www.floridakidcare.org](http://www.floridakidcare.org)

**Woman, Infants & Children Program (WIC)** Free nutrition education and breastfeeding support.

[www.floridahealth.gov/programs-and-services/wic](http://www.floridahealth.gov/programs-and-services/wic)

## EARLY LEARNING, INTERVENTION & CHILD CARE

**Florida Early Steps Program** Provides early intervention services to infants and toddlers 0–36 months

800-218-0001

[www.CMS-Kids.com/families/early\\_steps/early\\_steps.html](http://www.CMS-Kids.com/families/early_steps/early_steps.html)

**Florida Office of Early Learning** Information and educational resources, including child care resources.

866-357-3239, [www.floridaearlylearning.com](http://www.floridaearlylearning.com)

**Healthy Start** Connects new mothers and pregnant women with health care and resources to nurture their children.

850-270-9246, [www.healthystartflorida.com](http://www.healthystartflorida.com)

**Help Me Grow** Connects families to a variety of health care, early education, and support services.

850-617-6333 or 2-1-1, [www.helpmegrowfl.org/](http://www.helpmegrowfl.org/)



Every parent, regardless of whether or not their child has special needs, experiences both joys and challenges.