

# 7

## Step 7 After the meeting: Gather credible evidence

The example provided in the first row is based on a program aimed at increasing physical activity in schoolchildren.

Evaluation Question	Indicators	Data Sources	Performance Indicators
<i>What effects has the program had on schoolchildren?</i>	--Number of days walked or biked to school in past week  --Children's attitudes towards walking to school  --Children's scores on traffic safety test	--Surveys of parents and children (before and after the program)	--15% increase in number of days/week children walked or biked to school -- 20% increase in Likert scale average of three attitude questions --30% increase in children's traffic safety test scores