What is the International Medicine Scholarly Concentration?

An interdisciplinary program designed to advance students’ knowledge of international health so that their clinical skills and research acumen become global tools when practicing medicine.

Co-Directors:

Lynette J Menezes, PhD  
AVP International  
USF Health  
Asst. Dean International  
Morsani College of Medicine  
lmenezes@usf.edu

John Sinnott, MD, FACP  
Chairman  
Internal Medicine  
jsinnott@usf.edu

Andrew Myers, MD  
Assoc. Professor of Medicine  
Director of COVID Care, TGH  
awm@usf.edu

Asa Oxner, MD  
Assoc. Professor & Vice Chair  
Internal Medicine  
aoxner@usf.edu

Julia Toman, MD  
Asst. Professor of Medicine  
Otolaryngology  
Head and Neck Surgery  
juliatoman@usf.edu

Potential Student Participants

Students desiring a global perspective of illness and health and an interest in an international research, clinical rotation or field experience with underserved populations are encouraged to apply.

Prerequisites

Students must be in good academic standing and have an interest in learning about global health issues, and be willing to commit time to course responsibilities at USF and/or abroad.

Program Activities

Over four years, students will participate in a minimum of 180 hours of scholarly interaction through mandatory and elective activities, to include monthly meetings, field experiences, research projects, and seminars. Each activity will be assigned a number of contact hours depending upon the quality of the work. Students are encouraged to avail themselves of all opportunities to broaden their experience in International Medicine.

Upon completion of the Scholarly Concentration in International Medicine, students will be able to:

◊ Evaluate the global impact of infectious diseases, trauma, metabolic and chronic illnesses on health outcomes with a special focus on women and children through an in-depth understanding of the factors that influence their epidemiology.

◊ Develop fundamental research skills through active participation in an international research project or healthcare intervention.

◊ Diagnose acute and chronic diseases of global importance including heart disease, asthma, diabetes, cancer and trauma-related illnesses, and developing world killers such as malaria, TB and HIV.

◊ Analyze the causes of global health inequities and its effects on health outcomes of individuals and populations in developing countries.

◊ Assess the strengths and weaknesses of global health interventions in impoverished communities and acquire practical knowledge and skills in designing and implementing these effectively.

◊ Acquire skills in time management, critical literature review, clinical evaluation and leadership development.
Stories from our Students

**Japan**

“Through imSC, I’ve been able to learn how to both design and implement a research proposal while working with mentors both locally, in Tampa, as well as abroad, in Japan. This opportunity has allowed me to explore the important topic of international health while learning the basics of how to construct a research project.”

- Matthew Udine, Class of 2024

“In the midst of a public health crisis, USF Health, and the imSC in particular, kept their virtual doors open. As a medical student, I was still provided opportunities to learn and grow by doing virtual research with mentors in the United States and abroad. The added layer of virtual communication sharpened my professional skills as well as taught me how to be proactive and dynamic as a current student and future provider.”

- Catia Sleet, Class of 2024

**Thailand**

“Looking back on this summer, I know that it is a collection of experiences that will shape the way I learn medicine and eventually practice as a physician. I met some of the nicest, most genuine individuals who had a tenth of the resources and opportunities I have but were some of the happiest people I’ve come into contact with…”

- Kimberly Menezes, Class of 2022

**Ghana**

“I did my project this summer at Noguchi Memorial Institute for Medical Research in Accra, Ghana. My research focused on testing patient samples for the presence of dengue and chikungunya virus. It was a very engaging experience and I definitely learned a lot. It is a good opportunity to learn more about biomedical techniques such as PCR.”

- Nadia Mohamed, Class of 2022

**France**

“The chance to conduct summer research with the International Medicine Scholarly Concentration was one of the best opportunities of my life. The ability to travel abroad, meet different people, and find new encounters is unparalleled. This experience goes much further beyond being another research project or trip to another country—the value of being immersed in and working with a truly international team, and learning high-level medical research skills from new lifelong mentors, colleagues, and friends, is priceless.”

- Zayn Mohamed, Class of 2022

**India**

“During my time at Kasturba Medical College in Manipal, India, I followed a general surgery team in outpatient clinic, inpatient service, and operating room. Though I learned a ton about surgery, health systems in India, food and culture, I have a new found appreciation for the many things we take for granted in our hospital system. There were rooms with up to ten patients, without privacy curtains or even air conditioning. I couldn’t imagine recovering from surgery in those conditions; yet, neither doctors or patients ever complained. I hope to carry the lessons I learned during my time in India as I continue with my medical career.”

- Joshua Mizels, Class of 2021

**Uganda**

“We are learning a lot from the incredible doctors, nurses and nuns that live and work here at Kitovu Hospital... It’s been rewarding to witness the resilience of the women who’ve traveled from around the country to get to this facility”

- Lauren Holt, Class of 2022

To learn more about student experiences abroad, please view our YouTube playlist here.