

## Policy

### **University of South Florida – Morton Plant Mease Health Care Primary Care Sports Medicine Fellowship**

#### **Fellow Scope of Practice and Faculty Supervision Summary:**

This document describes the usual scope of practice for primary care sports medicine fellows (PGY-4 residents) in training and the supervision provided by program faculty members. While not limited to the following activities, fellows in training are expected to demonstrate competence in these areas as they progress from direct supervision to oversight. Fellows are authorized to perform any activity assigned while under the direct supervision of an appropriately credentialed attending physician.

**PGY-4:** The PGY-4 resident will perform clinical duties utilizing degrees of supervision commensurate with their level of competence in multiple environments – clinical, academic and administrative. The clinical environments and the supervisory lines of responsibility are delineated in a separate policy on *Supervisory Lines of Responsibility*.

Specialized technical clinical skills exclusive to fellowship training will be taught by primary care sports medicine faculty in various clinical settings under direct supervision progressing to oversight commensurate with their documented competency. There may also be instances for rare hospital consultation of sports medicine services. These will occur directly with an appropriately credentialed primary care sports medicine faculty.

Further scope of practice includes supervision and teaching of lower level residents and / or medical students as well as research which includes quality improvement. Other academic duties of the fellow will include leading journal club, lessons learned to develop skills at cause analysis, and other scholarly activity in addition to the previously mentioned quality improvement with the intention to be either publishable or worthy of presentation at local, regional and/or national meetings.

And finally, the resident's scope of practice will include completing appropriate administrative tasks related to patient care. This would include prescriptions, reviewing consultant recommendations, appropriate coding and billing and completing informed consent for care or research purposes.

***NOTE: Individual fellow procedural certification is maintained in the fellow's central file. To verify an individual fellow's scope of practice, please call the residency education coordinator at 467-2502 Monday – Friday, 8:30 AM – 5:00 PM, or the attending physician of record.***

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#### **Supervisory Lines of Responsibility:**

Supervisory lines of responsibility for the care of patients in each clinical environment of the primary care sports medicine fellowship training program are as follows:

**Primary Care Sports Medicine Clinics at TFHC and USF.** During primary care sports medicine clinics at TFHC and USF, the primary care sports medicine faculty members are ultimately responsible for the care of patients. The primary care sports medicine fellows (PGY-4 residents) actively participate in the care of these patients under the direct supervision of the primary care sports medicine faculty members.

**Continuity Clinics at TFHC.** During their continuity clinics at TFHC, the primary care sports medicine fellows (PGY-4 residents) actively provide care to patients under the Indirect Supervision (with Direct Supervision immediately available) of a Family Medicine faculty member designated as their preceptor for that session and receive patients appropriate for their board certification or eligibility.

**Training Rooms, Games, Events, Mass Events and Emergency Department (ED).** In the various training rooms, games or events, mass events, and in the ED, the primary care sports medicine fellows (PGY-4 residents) actively provide care to patients under the direct supervision of a sports medicine faculty member (either primary care sports medicine attending or orthopedic surgery attending) present at the time. Once deemed competent to do so by the sports medicine faculty, the fellow may assess, work up and treat patients in the training room, on-site at athletic games, events and mass events; and in the ED under indirect supervision or oversight. While fellows (PGY-4 residents) are being supervised under indirect supervision or oversight, a designated primary care sports faculty member is immediately available for precepting via pager/mobile phone and is immediately available to come to the site where patient care is being delivered if requested by the fellow or if deemed necessary by the faculty member. In cases when care has already been delivered, the faculty is available for oversight to provide guidance and to assist in directing any necessary changes in the follow up care of the patient.

**Orthopedic Subspecialty, Physical Therapy, Cardiology, Diagnostic Imaging and Elective Rotations.** During these rotations the orthopedic surgery, physical therapy, cardiology, radiology and elective faculty members respectively are ultimately responsible for the care of patients. The primary care sports medicine fellows (PGY-4 residents) actively participate in the care of these patients under the direct supervision of these respective faculty members for each of these rotations.

**Unique Circumstances.** In the event that a patient suffers an apparent life threatening or catastrophic injury and needs transportation to an Emergency Room, the resident may continue to act according to accepted resuscitative protocols until such time as the

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#### **Supervisory Lines of Responsibility:**

transfer has occurred. The resident should then immediately communicate with the appropriate faculty member for debriefing.

## Direct Observation Ultrasound Skill Competency Evaluation

Fellow:	Date:
Faculty Attending:	Location/Site:
Procedure: Diagnostic U/S      U/S Guidance Injection/Aspiration	

<i>Below Expectation</i>	<i>Meets Expectation</i>	<i>Above Expectation</i>	<i>Not Observed or Indicated</i>
Selection of procedure & treatment plan <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obtaining Informed Consent <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Proper Patient Positioning <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Handling / Selection of Probe <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Proper Utilization of Controls <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Identifying Image Landmarks <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Utilization of Accepted Protocols in Scanning <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sterile Technique <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Awareness & Management of Complications <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Professionalism & Respect for Patient During Procedure <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Appropriate Documentation Utilizing Procedure Specific Terminology & Image Recording <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Level of Independent Practice: Must Meet Expectations in Appropriate Areas to Perform with Oversight

- Not Ready to Perform Procedure
- Ready to Perform Procedure with Direct Supervision
- Ready to Perform Procedure with Direct Supervision Immediately Available
- Ready to Perform Procedure with Oversight

Action Plan (Needed if *not ready* or *ready with Direct Supervision*)

Resident Signature (Only if Action Plan Needed)

Faculty Attending Signature

# Event Coverage Competency List

Fellow: _____	Date: _____
Faculty Attending: _____	Event Type: _____

<i>Below Expectation</i>	<i>Meets Expectation</i>	<i>Above Expectation</i>	<i>Not Observed</i>
<b>Completed AMSSM Sideline Preparedness Mini-Conference &amp;/or USF ATC/EMS Field Training (This includes spine board procedures and face mask removal)</b> <small>Competencies: SBP-12,23,24; ICS-11; P-21</small>			
<input type="checkbox"/>	<input type="checkbox"/>		
<b>ACLS Certification &amp; FL State Medical Licensure</b> <small>Competencies: P-11,21</small>			
<input type="checkbox"/>	<input type="checkbox"/>		
<b>Event Preparation (ie: EAP Review with personnel / inclement weather management)</b> <small>Competencies: SBP-11,12,13</small>			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Manages Non-emergent Injury (ie: Soft Tissue, Joint, HEENT, concussion)</b> <small>Competencies: PC-32</small>			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Manages Urgent / Emergent Injury (Includes Downed Athlete / neck injuries / major joint dislocation)</b> <small>Competencies: PC-31,32,34; SBP-13</small>			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Communication (ie: Introduction / Familiarization and collaboration with Sports Medicine Team; Player Injury/Availability Status with Coach, ATC &amp; Family where appropriate)</b> <small>Competencies: P-13,23; ICS-11,13,22,23</small>			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Communication (Transitioning care regarding Player status with Coach, ATC, other physicians, family or other members of the sports medicine collaborative team where appropriate)</b> <small>Competencies: P-23,24; ICS-21,22,23</small>			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Debriefing with ATC / Event Personnel</b> <small>Competencies: SBP-14; PBLI-12,14</small>			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Level of Required Supervision

*(\*Must meet this level of expectations to perform Event Coverage independently)*

- Not Ready for Independent Event Coverage

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- Ready for Event Coverage with Direct Supervision

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- Ready for Event Coverage with Direct Supervision Available\*

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- Ready for Event Coverage with Oversight\*

Action Plan (Needed if *not ready* or *ready with Direct Supervision*)

Resident Signature (Only if Action Plan Needed)	Faculty Attending Signature
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## Direct Observation Procedural Skill competency Evaluation

Fellow:	Date:
Faculty Attending:	Location/Site:
Procedure: Inject/Aspirate      Splint/Cast      Other:	

Below Expectation	Meets Expectation	Above Expectation	Not Observed or Indicated
Selection of procedure & treatment plan <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obtaining Informed Consent <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Proper Patient Positioning <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Handling of Instruments / Materials <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Identifying Landmarks <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Local Anesthetic <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sterile Technique <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Application of Splint / Cast <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Awareness & Management of Complications <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Professionalism & Respect for Patient During Procedure <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Appropriate Documentation Utilizing Procedure Specific Terminology <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Level of Independent Practice: Must Meet Expectations in Appropriate Areas to Perform with Oversight

- Not Ready to Perform Procedure
- Ready to Perform Procedure with Direct Supervision
- Ready to Perform Procedure with Direct Supervision Immediately Available
- Ready to Perform Procedure with Oversight

Action Plan (Needed if *not ready* or *ready with Direct Supervision*)

Resident Signature (Only if Action Plan Needed)	Faculty Attending Signature
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## Fellow Direct Observation Checklist

Fellow: \_\_\_\_\_ | Date: \_\_\_\_\_  
 Faculty Attending: \_\_\_\_\_  
 Visit Type: Outpatient; PPE; Training Room

Check *MISSED* only if opportunity was there but missed by fellow  
 Check *YES* if directly observed

INTERPERSONAL COMMUNICATION SKILLS		Yes	Missed	Comments
Demonstrates positive rapport	ICS-11			
Manages Conflict with patient/family	ICS-12			
Utilizes Shared Decision Making & team approach including in transitions	ICS-12,13			
Communicates with Easy to Understand Language	ICS-12			
Accurately documents transitions of care	ICS-11			
Communications minimize conflict across the sports team & player	ICS-14			
Effectively Roles models communication, conflict management	ICS-15,25			
Effective Patient Education including Risk / Benefit of Treatments	ICS-21			
Proper transitions in care of the athlete to members of the sports medicine team	ICS-21			
Provides Patient Education Materials	ICS-23			
Develops Patient Education Materials	ICS-24			
Expertly teaches primary care sports medicine	ICS-25			
PATIENT CARE				
Collects basic medical H&P including basic MSK exam	PC-11, 12			
Collects detailed / advanced Hx of sports related conditions	PC-12, 13			
Performs specialized & pertinent MSK examination techniques	PC-12, 13			
Develops DDX for common medical & sports related issues	PC-21, 22			
Sets appropriate tests and plans for common medical & sports related problems	PC-21, 22			
Modifies DDX based upon H&P	PC-23			
Integrates Test results to modify planning when necessary	PC-23, 24			
Understands & Integrates EBM principals into treatment plan	PC-23, 24			
Expertly role models collecting hx & managing complex sports problems	PC-15,25			
Community resource for athletic events & polic development for events	PC-35			
MEDICAL KNOWLEDGE				
Uses knowledge of basic science when evaluating sports medicine issues; including rehab strategies	MK-12			
Integrates scientific knowledge into the Tx of common sports related issues	MK-13			
Integrates scientific knowledge into the complex Tx of sports related issues	MK-14			
Integrates science into the Tx / Modalities pertinent to stage of life	MK-13			
Integrates science and demonstrates appropriate RTP/activity decisions	MK-14, 23			
Has collective knowledge to incorporate basic science, diagnose and treat complex medical or sports medicine problems	MK-15,25,35			
Demonstrates knowledge of diagnostic testing in sports related conditions	MK-22			
Demonstrates knowledge of Injury & Injury risk associated with sport	MK-22,32			

## Fellow Direct Observation Checklist

Inteprets diagnostic studies used in sports related conditions	MK-23			
Demonstrates knowledge of complications in managing sports related issues	MK-23			
Demonstrates knowledge of supplements and PED's	MK-23			
Demonstrates knowledge of RTP for life threatening conditions	MK-24			
Show competence in prevention programs (OT/PT/Home) for sports injuries	MK-33			
Integrates Biomechanics into Tx planning	MK-34			
Undertands complications and controversies in management decisions	MK-34			
<b>PRACTICE BASED LEARNING &amp; IMPROVEMENT</b>				
Acknowledges gap in knowledge & expertise and accepts feedback	PBLI- 11, 12			
Uses IT to retrieve reliable information	PBLI- 21			
Consistently seeks feedback and adapts a learning plan with that information	PBLI-13,14			
Utilizes literature to taylor EBM planning for patient care issues	PBLI-22, 24			
Independently develops self-improvement plans in practicing sports medicine	PBLI-15			
<b>SYSTEM BASED PRACTICE</b>				
Demonstrates knowledge of different systems involved in athlete care	SBP-21			
Collaborates with other members of the healthcare team for the athlete	SBP-11, 12			
Understands role of members of the sports medicine community	SBP-12			
Utilizes a team-based approach to the care of the athlete	SBP-13			
Works with sports medicine community to enhance athletic safety	SBP-15			
Displays understanding of the economics of athletic care	SBP-22			
Demonstrates medico-legal understanding of sports medicine issues	SBP-23			
Manages work in training room / clinic including transitions of care	SBP-24, ICS11,13,21, 23; P14			
Able to develop policies and roles models cost containment in sports medicine	SBP-25			
<b>PROFESSIONALISM</b>				
Displays appropriate attire	P-11			
Displays appropriate compassion and unbiased interactions	P-11			
Demonstrates appropriate practice with in context of patient expectations	P-13			
Advocates for patient when faced with competing influences	P-14			
Fosters collegial spirit with members of the sports medicine team	P-14			
Role models compassion, empathy and respect with patient interactions	P-15			
Identifies ethical issues and manages patients in these complex situations	P-22,23,24			
Leads and sets standards between colleagues in the sports medicine community	P-25			

Overall Comments: