

Making Life Better

The Monsour Executive Wellness Center is located within the Carol and Frank Morsani Center for Advanced Healthcare on the USF Health campus in Tampa.

SAMPLE AGENDA

7:30AM - 8:00AM	Check In: Vitals, Body Composition, Chest X-Ray, Lung Function Test
8:00AM - 9:00AM	Vascular Ultrasounds, CT Scan of Heart
9:00AM - 10:00AM	EKG Treadmill Stress Test
10:00AM - 10:30AM	Hearing Examination
10:30AM - 11:30AM	Dermatological Skin Examination
11:30AM - 12:00PM	Lunch (included)
12:00PM - 1:00PM	Health Assessment and Physical Examination
1:00PM - 3:00PM	Dilated Eye Examination/Massage/Check Out

Take control of your health care and join us at USF Health for our Executive Wellness Program. For additional information or to schedule an appointment, please call **(813) 974-1794**, email executive@health.usf.edu, or visit us online at executivehealthtampa.com



“ I have been very impressed by the Executive Wellness program. The staff is very attentive and understands how important time is. The Doctors were amazing and were available all during the testing, reviewing real time results. This is not my first rodeo and I can say these folks are the best in the business! ”

Joe Lopano,
CEO of Tampa International Airport

Monsour Executive
Wellness Center
University of South Florida
13330 USF Laurel Drive
Tampa, FL 33612



executive

WELLNESS PROGRAM
Monsour Executive Wellness Center



We take care of you so you can get back to what is important to you.

THE ULTIMATE PHYSICAL

The executive physical was designed with the needs of a busy individual in mind. At the Monsour Executive Wellness Center, you will experience the latest in health technology. Your comprehensive examination is truly individualized as it is based on your personal healthcare needs and is strictly confidential.

Our Total Healthcare Experience

You will receive a personal phone call prior to your visit from our Executive Concierge to discuss your healthcare concerns. Our goal is to develop an ideal executive wellness agenda for you in collaboration with our medical director. Your examination will be specifically customized to meet your needs. Our physician staff includes both male and female doctors, should you have a preference.

Comprehensive Physical Examination

The day of your examination, our Executive Concierge will greet and escort you throughout your visit.

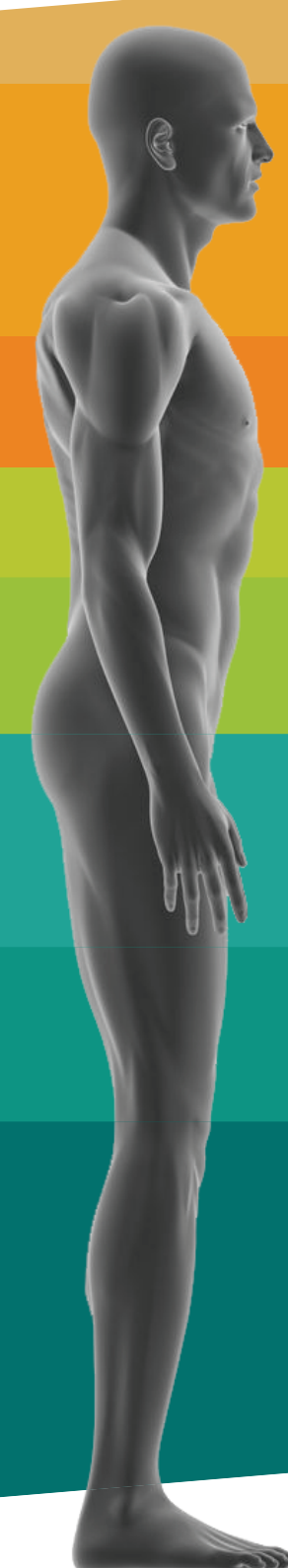
In your suite you will find:

- Wireless Internet
- A private bathroom, including shower.
- A relaxing and comfortable environment with full-service amenities.
- A healthy lunch (depending on your schedule) along with fruit and snacks will be provided throughout the day.

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All clients receive a full comprehensive physical examination and completed blood work evaluation:



- Head
 - Hearing Screening
 - Eye Examination
- Heart
 - Cholesterol Panel
 - EKG
 - Treadmill Stress Test
 - Cardio CRP *
 - Coronary Calcium Score
- Lungs
 - Chest X-Ray
 - Pulmonary Function Testing
- Skin
 - Dermatological Skin Check
- Men's Health
 - Prostate-specific Antigen (PSA)
 - Digital Rectal Examination
- Women's Health
 - Mammogram
 - Pelvic Examination
 - Pap Smear
 - Densitometry (Bone Density)
- Vascular Screening
 - Carotid Doppler
 - Aorta Ultrasound
 - Ankle Brachial Index
- Wellness and Prevention
 - Behavioral Health
 - Body Composition
 - Colonoscopy
 - Exercise Consultation
 - Nutritional Consultation
 - Wellness Massage

* Blood work included: Complete Blood Count, Comprehensive Metabolic Panel, Lipid Panel, Thyroid Stimulating Hormone, Urinalysis, and Prostate-specific Antigen (for men). Other blood work may be added but for an additional fee.