## Common Services

Our most common services and scheduling frequency

<table>
<thead>
<tr>
<th>Service</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physical Examination</strong></td>
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<tr>
<td>Comprehensive History and Physical Examination</td>
<td>ANNUALLY</td>
</tr>
<tr>
<td>Body Composition</td>
<td>ANNUALLY</td>
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<tr>
<td>Dermatological Skin Check</td>
<td>ANNUALLY</td>
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<tr>
<td><strong>Lab Evaluation</strong></td>
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<tr>
<td>Comprehensive Metabolic Panel</td>
<td>ANNUALLY</td>
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<tr>
<td>Complete Blood Count</td>
<td>ANNUALLY</td>
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<tr>
<td>Lipid Panel (Cholesterol)</td>
<td>ANNUALLY</td>
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<tr>
<td>Thyroid Stimulating Hormone (TSH)</td>
<td>ANNUALLY</td>
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<tr>
<td>Prostate Specific Antigen (PSA)</td>
<td>BASELINE AGE 50, THEN ANNUALLY</td>
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<tr>
<td>Urinalysis</td>
<td>ANNUALLY</td>
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<tr>
<td><strong>Heart Health</strong></td>
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<tr>
<td>Resting EKG</td>
<td>ANNUALLY</td>
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<tr>
<td>Exercise Treadmill Stress Test</td>
<td>BASELINE AT INITIAL EXAM, REPEAT AS INDICATED</td>
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<tr>
<td><strong>Lung Health</strong></td>
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<tr>
<td>Chest X-Ray</td>
<td>BASELINE AT INITIAL EXAM, REPEAT AS INDICATED</td>
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<tr>
<td>Spirometry</td>
<td>ANNUALLY</td>
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<tr>
<td><strong>Women’s Health</strong></td>
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<tr>
<td>Pelvic Exam</td>
<td>ANNUALLY, PAP SMEAR AS INDICATED</td>
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<tr>
<td>Mammogram</td>
<td>BASELINE AGE 40, THEN ANNUALLY</td>
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<tr>
<td>Bone Density</td>
<td>BASELINE AGE 50, REPEAT AS INDICATED</td>
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<tr>
<td><strong>Vascular Screening</strong></td>
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<tr>
<td>Carotid Doppler B</td>
<td>BASELINE AGE 50, REPEAT AS INDICATED</td>
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<tr>
<td>Aortic Ultrasound B</td>
<td>BASELINE AGE 50, REPEAT AS INDICATED</td>
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<tr>
<td>Ankle Brachial Index</td>
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<tr>
<td><strong>Sensory Screening</strong></td>
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<tr>
<td>Audiogram</td>
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<tr>
<td>Vision Screening and Eye Dilation</td>
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<tr>
<td><strong>Wellness and Prevention</strong></td>
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<td>Behavioral Health</td>
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<td>Exercise Consultation</td>
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<td>Nutritional Consultation</td>
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<tr>
<td>Colonoscopy</td>
<td>BASELINE AGE 50, REPEAT AS INDICATED</td>
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</tbody>
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For more information, please call 813-974-1794 or email executive@health.usf.edu