

Creating a
healthier world.

Public Health



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Advisors of Public Health



Meleine Desir



Annette Strzelecki



Thanh Le

Academic Advisors



Purpose:

- ✓ Support system for your academic success
- ✓ University connection/resources
- ✓ Requirements & Registration
- ✓ Policies and guidelines

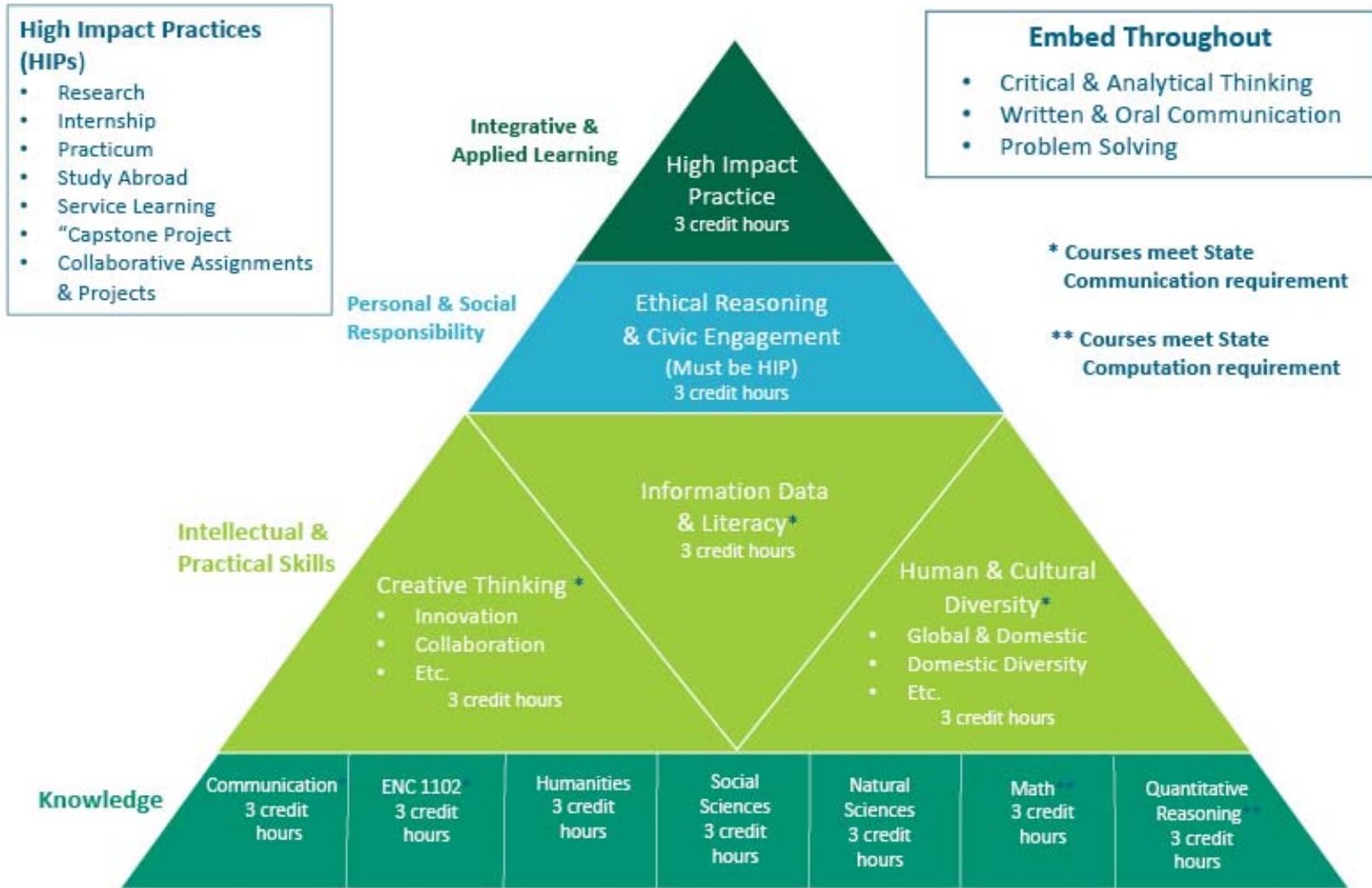
Appointments:

- ✓ Archivum: in person or phone
- ✓ Walk-in Advising

Resources:

- ✓ Weekly Emails
- ✓ Social Media

Enhanced Gen Ed. Core



What is Public Health?



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Public Health vs. Medical Field

Emphasis

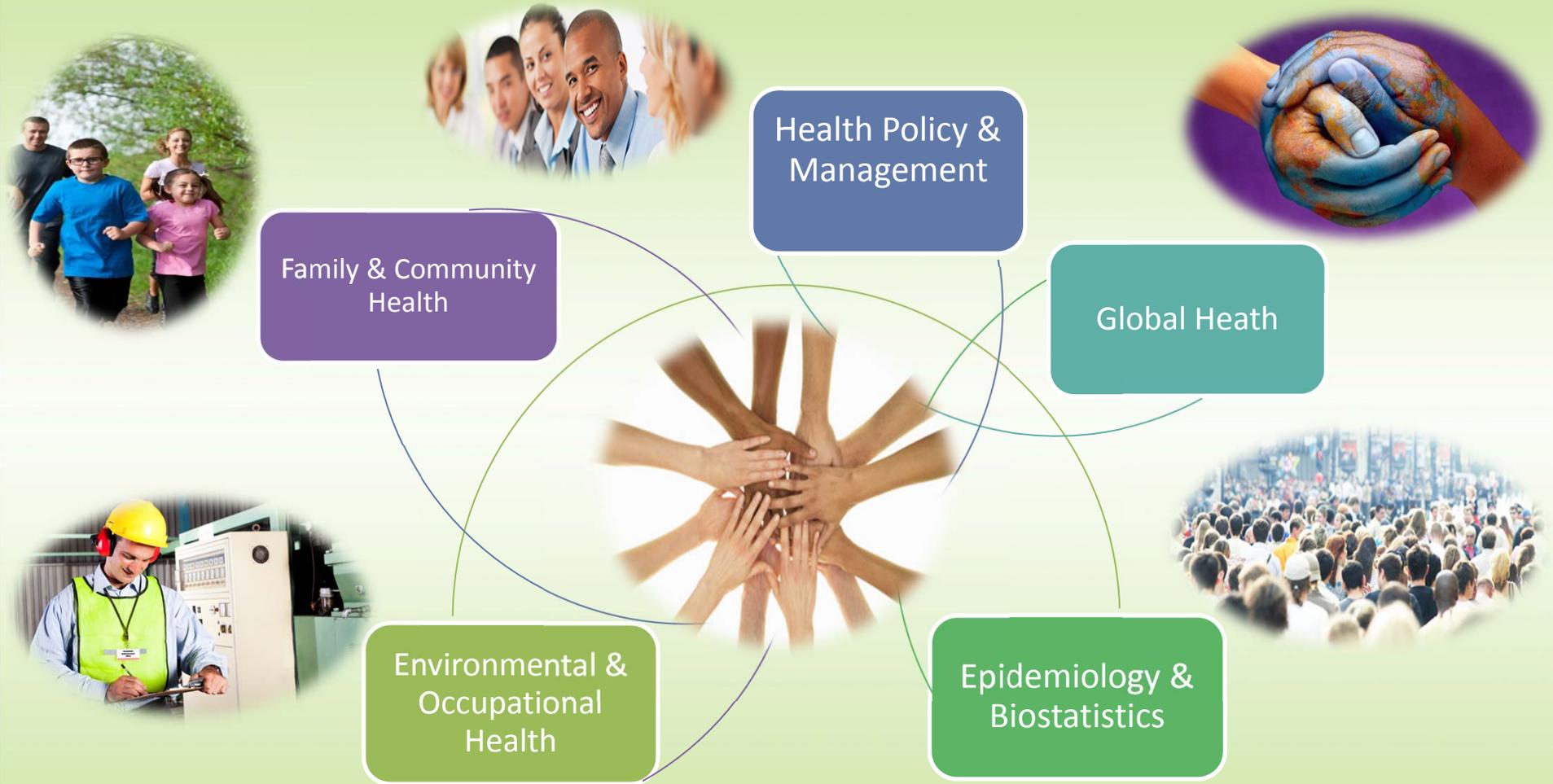
- **Public Health –3 P's: Promotion** of healthy lifestyles, **Prevention** of diseases and injuries, working with **Populations**.
- **Medical Field – Diagnose & Treat**

Serving People

- **Public Health – Work with populations & communities**
- **Medical Field – Work with patients and individuals**



Areas in Public Health



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Public Health Employment

- **Health Departments:**
 - Surveillance and tracking of communicable disease
 - Environmental Inspections
 - Emergency Preparedness & Disaster management
 - HIV/STD testing
 - Wellness Programs
- **Laboratory and Research**
 - Chronic and Infectious diseases
- **Local hospitals:**
 - Finance, billing, medical records, labs, admissions/collections, manage integrations of medical care, scientific advancements, novel wellness programs.



Continued...

- **Schools and Universities:**
 - Health Education
 - Instruction
- **Non-profit organizations:**
 - Healthy Start, March of Dimes, American Cancer Assoc.(ACS), American Heart Assoc. (AHA), Big Brothers / Big Sisters, etc...
 - Health Communication & Outreach
- **Hospitals and Clinics:**
 - Health Administration & Management
 - Health Policies and Laws
- **Health Insurance Companies:** claim processing, case managing, sales.
- **Federal Government:**
 - Veteran's Administration hospital
 - Center for Disease Control (CDC)
 - Civilian jobs in military



Bachelor of Science in Public Health



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Required Core Course

30
Credit
Hours

- Overview of PH Programs/Policies
- Intro to Environmental & Occupational Health
- Introduction to Epidemiology
- Health, Behavior, and Society
- Intro to Health Disparities & Social Determinants
- Foundations of Global Health
- Understanding U.S. Healthcare
- Biostatistics in Society
- Survey of Human Disease
- Workforce and Leadership

*We provide online options for many of our courses

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Skills Requirement

12
Credit
Hours

- Foundation of Public Health Writing
- Critical Issues in Public Health
- Foundation of Evaluation and Research
- **Pick One:**
 - Healthcare Ethics
 - Intro to GIS (Geographic Information System)
 - USF Study Abroad
 - Medical Terminology

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Electives/Specializations

12 Credit
Hours

Nutrition

- Sports Nutrition
- Nutrition & Disease
- Food & Culture
- Foundation of Food Safety

Infection Control

- Foundation of Infection Control
- Foundation of PH Immunology
- Emerging Infectious Disease
- Foundation of Food Safety

Health Education

- Health Education Theory & Behavior
- Intervention Program Planning and Management
- Health Education Methods, Communication, and Advocacy
- Foundation of Evaluation & Research
- Select One: Foundation of Maternal/Child Health or Women's Health

Environmental & Occupational Health

- Principles of Toxicology
- Environmental Health Science
- EOH Risk Analysis
- Occupational Health & Safety

Global Health

- PH Emergencies in Large Populations
- Public & Private Sector Continuity Planning for Emergencies
- Community Participation in Homeland Security/Disaster Preparation
- Disaster by Design: Exercise Development for Homeland Security Professionals

Lower Level Electives

- Intro to Public Health
- Contemporary Health Science
- Sex, Health, & Decision Making
- Careers in Public Health
- Nutrition

What do I do with my extra credits?

Pick up a minor

- Become more specialized
- Resume builder
- Conversation starter for interviews

EXTRA
CREDITS

Pre Health Profession Prerequisites

- Physical Therapy
- Occupational Therapy
- Medicine
- Pharmacy
- Physician
- Optometry

Are you a pre-health/pre-med student?



(Bachelors Degree + Application Requirement) = Apply to program

Medical School

Physicians Assistant

Physical Therapy

Dentistry

Pharmacy

Optometry

Chiropractor

Veterinarian

Athletic Training Programs



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Pre-Health/Pre-Med Track

- **Public Health**

Diseases, health promotion, healthcare, health policies/laws, research, humanitarian relief, disaster management, emergency planning, nutrition, health education, epidemics, and much more!

- **Requirements to apply to medical program:**

1. Science Pre-req courses
2. Entrance exam: MCAT, PCAT, OAT, DCAT, GRE, ETC...
3. Competitive GPA
4. Experiences: Clinical volunteering, community volunteering, shadowing, student organizations, research, study abroad, leadership experiences, internships, jobs, etc...

- Pre-Health Advising for public health students available

How do I track my progress?



DegreeWorks

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FKL's & General Education Core

Enhanced General Education Core Requirements

Academic Year: Catalog 2019-2020

Unmet conditions for this set of requirements:

You must complete 36 Credit Hours in General Education Courses. You currently have 0 Credit Hours and still need 36.

Minimum 2.00 GPA required in the Enhanced General Education Courses. Enhanced General Education Courses may also satisfy State Communication and Computational and/or State Mandated Requirements for particular MAJORS. Please consult with your advisor for clarification.

ENHANCED GENERAL EDUCATION CORE

Enhanced General Education Requirements

Still Needed: You must complete all of the following:

GENERAL EDUCATION KNOWLEDGE

(You must complete all of the following:) and

Composition I

(3 Credits in @ @ with Attribute SGEC) and

Composition II

(1 Class in ENC 1102*) and

Humanities

(3 Credits in @ @ with Attribute SGEH) and

Social Sciences

(3 Credits in @ @ with Attribute SGES) and

Natural Sciences

(3 Credits in @ @ with Attribute SGEN) and

Mathematics

(3 Credits in @ @ with Attribute SGEM) and

Quantitative Reasoning

(3 Credits in @ @ with Attribute 6AMT)

GENERAL EDUCATION INTELLECTUAL & PRACTICAL SKILLS

(You must complete all of the following:) and

Creative Thinking

(3 Credits in @ @ with Attribute TGEC) and

Information and Data Literacy

(3 Credits in @ @ with Attribute TGEI) and

Human and Cultural Diversity

(3 Credits in @ @ with Attribute TGED)

GENERAL EDUCATION PERSONAL & SOCIAL RESPONSIBILITY

(You must complete all of the following:) and

Ethical Reasoning and Civic Engagement

(3 Credits in @ @ with Attribute TGEE)

GENERAL EDUCATION INTEGRATIVE & APPLIED LEARNING

(You must complete all of the following:)

High Impact Practice

(3 Credits in @ @ with Attribute TGEH)

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Major on Degree Works

Major in Public Health BS

Academic Year: Catalog 2019-2020

Unmet conditions for this set of requirements:

Fifty-Four (54) Credits are Required. You currently have 0, you still need 54 more Credits.
Major GPA Overall USF coursework must be a 2.0 You have not satisfied this requirement.

Your Overall USF Major GPA is 0.00 .

PUBLIC HEALTH MAJOR COURSES: 30 Credit Hours

- | | |
|---|-------------------------------------|
| <input type="checkbox"/> Overview of Public Health Programs & Policies | Still Needed: 3 Credits in PHC 4101 |
| <input type="checkbox"/> Intro to Environmental & Occupational Health | Still Needed: 3 Credits in PHC 3302 |
| <input type="checkbox"/> Intro to Epidemiology | Still Needed: 3 Credits in PHC 4030 |
| <input type="checkbox"/> Foundations of Global Health | Still Needed: 3 Credits in HSC 4624 |
| <input type="checkbox"/> Introduction to Health Disparities & Social Determ | Still Needed: 3 Credits in PHC 4464 |
| <input type="checkbox"/> Biostatistics in Society | Still Needed: 3 Credits in PHC 4069 |
| <input type="checkbox"/> Health, Behavior, & Society | Still Needed: 3 Credits in HSC 4211 |
| <input type="checkbox"/> Understanding U.S. Health Care | Still Needed: 3 Credits in HSC 4630 |
| <input type="checkbox"/> Survey of Human Disease | Still Needed: 3 Credits in HSC 4551 |
| <input type="checkbox"/> Workforce and Leadership Development | Still Needed: 3 Credits in PHC 4117 |

SKILLS COURSES: 12 Credit Hours

- | | |
|--|--|
| <input type="checkbox"/> Foundation of Prof Writing in Public Health (FKL Writing) | Still Needed: 3 Credits in PHC 4720 |
| <input type="checkbox"/> Critical Issues in Public Health (FKL Capstone) | Still Needed: 3 Credits in HSC 4631 |
| <input type="checkbox"/> Foundations of Evaluation and Research in Public Health | Still Needed: 3 Credits in PHC 4755 |
| <input type="checkbox"/> Choose One of the Following Courses: | Still Needed: 1 Class in HSC 4537 or PHC 4140 or 4931 or 4942* |

ELECTIVES

The lower-level course electives are not required for the major, but two courses may be taken and applied toward the total degree hour's requirement (120 hours)

- | | |
|---|--|
| <input type="checkbox"/> Electives/Specializations Courses: 12 Credit Hours | Still Needed: 12 Credits in HSC 2017 or 2100 or 2130 or 2531 or 3503 or 3541 or 4134 or 4140 or 4172 or 4213 or 4430 or 4504 or 4573 or 4579 or HUN 2201 or 3126 or 3272 or 3296 or PHC 2100 or 3320 or 4031 or 4032 or 4141 or 4188 or 4234 or 4375 or 4376 or 4501 or 4582 |
|---|--|

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Academic Policies

- First Day Attendance – Mandatory
- First week: Add/Drop courses
- FY Advising Hold
- Withdrawal Deadlines:
 - 10th week
 - Summer A: 7th week
 - B: 4th week
 - C: 4th week
 - 3 before 60 hours, 2 after
- Excess Credit Hours
- Minors
- ARC Petitions
- Concurrent Degrees and Double Majors



Achieving Academic Success

Tips:

- ✓ Attend all of your classes
- ✓ Follow a schedule each day
- ✓ Get to know your professor and ask for their help
- ✓ Use ALL of the Resources such as
 - Tutoring, Writing Studio, Career Services, Counseling Center, Advisors, Students with Disabilities Services
- ✓ Where do I buy my books?
 - ✓ FKL : USF Bookstore
 - ✓ Public Health: Health Sciences Bookstore (813) 974-2011

Involvement and Opportunities

Student Organizations

- Undergraduate Public Health Student Association
- Pre-Med American Medical Student Association



Undergraduate Research

- Get started with research
- Research any topic of interest

Study Abroad:

- Japan, London, Quebec, Panama, etc...

USF Health Corps

- Volunteer Opportunities
- For Medical and Health majors

Health Scholars Program

- Study abroad scholarship
- Attend a conference
- Do research
- Other professional and leadership opportunities



Center for Leadership and Civic Engagement

- Provides service opportunities, leadership programs, and different services to get involved
- Ted talks
- Stampede to Service
- Bulls Service Breaks





Facebook:

<https://www.facebook.com/CollegeOfPublicHealthUndergraduate>

Twitter: https://twitter.com/USF_COPH_UG

Instagram: <https://instagram.com/usfcoph>

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Welcome to the College of Public Health!



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