

CARE FOR FAMILIES

- Identify the educational, psychosocial and support needs of family caregivers
- Evaluate the transition process for families when moving their loved one to the facility
- Assess expectations, communication and satisfaction of the resident's family
- Provide consultation and assistance to establish a family support group
- Provide consultation and assistance to assure family visits are positive and meaningful

Moving a loved one to an assisted living facility is one of the most difficult and emotional decisions a caregiver faces. The process begins before they move their loved one in and continues to evolve after placement. Having the knowledge, skills and insight to make the transition begin and continue on a positive track is critical.

Meeting the educational and emotional needs of the family caregiver can positively affect the quality of life of the resident, the overall stress level of the family, as well as the relationship between the family and staff.

About the USF Health Byrd Alzheimer's Institute

The USF Health Byrd Institute is a multi-disciplinary center of excellence at the University of South Florida and the largest freestanding facility dedicated to research and care of people with Alzheimer's disease and related memory disorders.

The core missions of the institute include:

- To conduct laboratory research to understand the changes in the brain that cause dementia and to develop approaches for the prevention and treatment of Alzheimer's disease.
- To conduct clinical trials to test treatments for individuals with all stages of memory loss.
- Provide state-of-the-art diagnostic evaluations and the highest level of patient care to individuals with Alzheimer's disease and other memory problems.
- Support family caregivers by providing educational programs, support groups, counseling and information.
- Provide education and training for healthcare professionals, service providers and students.

If you have any questions about Professional Consultation Services, please contact:

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PROFESSIONAL CONSULTATION SERVICES

Care for Families

Design for Dementia

Cultivating Staff Success

Evidence-Based Strategies



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USF Health Byrd Institute
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CULTIVATING STAFF SUCCESS

- *Conduct on-site observation and assessment to identify Alzheimer's education and training needs of professional caregivers*
- *Provide consultation to identify strategies for staff to reduce behaviors of residents with Alzheimer's*
- *Assess the unique educational needs of non-clinical and support staff to enhance their ability to interface with residents with dementia*

Ensuring staff have the knowledge, understanding and skills to effectively interact with and care for a resident with Alzheimer's, and the ability to also work with the families, is essential for the success of a memory care facility.

Consultation can be arranged to identify unique issues and concerns at your facility. We can determine the specific education and training needs for all staff including your administrative professionals, direct care staff and other support staff and volunteers.

RESIDENT ENGAGEMENT

- *Assess the overall goals and objectives of the activity program*
- *Evaluate how activities accommodate residents through all stages of Alzheimer's*
- *Provide assistance with the evaluation of monthly activity calendars*
- *Provide consultation to integrate activities in the facilities design, operations and activities of daily living*

A comprehensive and engaging activity program is essential to meet the social, emotional, cognitive, physical, spiritual, and creative needs of your residents. It is important to provide the accommodations necessary to assure the individual's needs are met through all stages of the disease.

Our experts can evaluate the current level of achievement of your activity program in meeting those goals and provide direction for additional evidence-based activities and accommodations that appeal to residents.

DESIGN FOR DEMENTIA

- *Provide consultation on the physical layout and design for new construction of memory care facilities*
- *Provide assistance with the renovation plans of existing facilities to meet the needs of memory care residents*
- *Consultation on the interior design and features to prevent or minimize behaviors and improve safety*
- *Consult with architects, designers and project managers to provide insight on the areas of cognitive loss and behaviors associated with Alzheimer's and the effect of the environment*

Development of assisted living and memory care facilities are in an upswing in communities across the country to meet the explosive demand to provide specialized care for individuals with Alzheimer's disease and other dementias.

The USF Health Byrd Institute can provide consultation to assist facilities in their understanding of the needs of this population and glean practical information regarding the design for dementia to minimize behaviors, maximize safety and engagement, and quality of life.