




Course at a Glance

<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <h2>Course Custom Banner Here</h2> </div>  </div>																			
Course Title: Food and Culture																			
Course Number: HUN 3126		Department: Community & Family Health																	
		Credits: 3																	
Message From the Department: <ul style="list-style-type: none"> Dietary habits are influenced by individuals' cultural backgrounds. To provide individuals or a group of people effective nutritional counseling as health professionals, it's important to understand food choices within the context of their culture. You will learn various cultural groups and how individuals' ethnic, religious, and regional cultures affect people's food choices. You will be able to apply the knowledge that you learn from this course to your health care practice or other related careers. 		Course Overview Video: [Orientation PowerPoint Attached] 																	
Course Description: Food and Culture identify the meanings of food among different cultures, and explore the ways in which geography, cultural, political and economic forces interact to influence our food choices, health and nutritional status.																			
Course Objectives: <ol style="list-style-type: none"> Explain how societal and personal economics affect food intake and nutritional adequacy of diets. Identify and discuss common foods and meal composition of various cultural/ethnic groups. Explain how food and eating habits influence the health of the community. Discuss the impact, practice, and facilitation of pleasurable eating in a variety of cultural/ethnic groups. Identify and discuss factors affecting food and nutrition on various cultural groups. 																			
Course Structure: Web-based with narrated presentations, weekly modules, assignments due 11:59pm on Saturdays.																			
Types of Assessments: <table border="0" style="width: 100%;"> <tr> <td><input checked="" type="checkbox"/> Quiz/Exam</td> <td><input type="checkbox"/> Web Quest</td> <td><input type="checkbox"/> Journal/Blog</td> <td><input checked="" type="checkbox"/> Discussion Board</td> </tr> <tr> <td><input checked="" type="checkbox"/> Written Assignments</td> <td><input type="checkbox"/> Poster Presentation</td> <td><input type="checkbox"/> Individual Project</td> <td><input checked="" type="checkbox"/> Individual Presentation</td> </tr> <tr> <td><input type="checkbox"/> Group Project</td> <td><input type="checkbox"/> Group Presentation</td> <td><input type="checkbox"/> Case Study</td> <td><input type="checkbox"/> Research Paper</td> </tr> <tr> <td><input type="checkbox"/> Demonstration/Simulation</td> <td><input checked="" type="checkbox"/> Midterm/Final Exam</td> <td><input type="checkbox"/> Other (specify)</td> <td></td> </tr> </table>				<input checked="" type="checkbox"/> Quiz/Exam	<input type="checkbox"/> Web Quest	<input type="checkbox"/> Journal/Blog	<input checked="" type="checkbox"/> Discussion Board	<input checked="" type="checkbox"/> Written Assignments	<input type="checkbox"/> Poster Presentation	<input type="checkbox"/> Individual Project	<input checked="" type="checkbox"/> Individual Presentation	<input type="checkbox"/> Group Project	<input type="checkbox"/> Group Presentation	<input type="checkbox"/> Case Study	<input type="checkbox"/> Research Paper	<input type="checkbox"/> Demonstration/Simulation	<input checked="" type="checkbox"/> Midterm/Final Exam	<input type="checkbox"/> Other (specify)	
<input checked="" type="checkbox"/> Quiz/Exam	<input type="checkbox"/> Web Quest	<input type="checkbox"/> Journal/Blog	<input checked="" type="checkbox"/> Discussion Board																
<input checked="" type="checkbox"/> Written Assignments	<input type="checkbox"/> Poster Presentation	<input type="checkbox"/> Individual Project	<input checked="" type="checkbox"/> Individual Presentation																
<input type="checkbox"/> Group Project	<input type="checkbox"/> Group Presentation	<input type="checkbox"/> Case Study	<input type="checkbox"/> Research Paper																
<input type="checkbox"/> Demonstration/Simulation	<input checked="" type="checkbox"/> Midterm/Final Exam	<input type="checkbox"/> Other (specify)																	
Student Expectations: Students are required to log in to Canvas at least twice a week, students are expected to participate in meaningful discussion, submit assignments on time, and contact instructor about special requests ahead of time.																			
Technical Requirements: <i>(in addition to the standard technical requirements for all online courses)</i> <ul style="list-style-type: none"> Software Hardware 																			

All online courses receive 24-hour support by the Office of Educational Technology and Assessment. Contact the ETA department by using the [Tech Assistance](#) link in your course. Students can also receive assistance via telephone at 813-974-6666, Mon-Fri 8:30am – 5pm, or via email at eta@health.usf.edu

Please Note: The information on this document is subject to change. The course instructor has the right to change any information posted in this document. Students should check the official syllabus released during the first week of classes for any updates to this document. For more information on this course or academic programs, please contact the [COPH Department](#) directly.