# Course at a Glance Spring 2017

Course Title: Health, Behavior, and Society

Course Number: HSC 4211

Dept: CFH Credits: 3

Section 310: (Ref#12905) Instructor: S. Luke (sluke@health.usf.edu) & S.Green (sgreen10@health.usf.edu)

Section 311: (Ref#12906) Instructor: S.Green (shawnagreen@health.usf.edu) & Alexis Barr (awoods1@health.usf.edu)

Section 312: (Ref#22856) Instructor: S. Griner (staceygriner@health.usf.edu)

### **Course Description:**

This course is designed to introduce students to an ecological perspective of the determinants of health, specifically how health is shaped by the interactions of biology, individual behavior, social relationships, social stratification, institutions, neighborhoods and communities, culture, the physical environment, policies and globalization. Case studies of current public health problems will then be presented to enhance understanding of how these factors interact withon another and contribute to the public health problem of interest.

## Format of content presentation, activities and/or instructional methods:

Web-based (in Canvas) with narrated lectures. The course content will include videos, movies and live sessions when applicable (or needed).

#### Course content organization:

The class is organized into 15 lesson week modules. Each module is open for 1 week. Modules open on Mondays and close on Sundays at 11:59pm. All assignments are due prior to the closing day/time of each module on the specified deadlines and times for that given week.

#### Textbook and Ordering materials:

#### Required Text:

Edberg, M. (2015). Essentials of health behavior: Social and behavioral theory in public health (2<sup>d</sup> ed). Burlington, MA: Jones & Bartlett Learning.

HSC Bookstore http://usfhsc.bkstore.com.

The textbook is available for purchase/rental at the Health Sciences (HSC) Bookstore located at MDC 1031 on the USF Tampa Campus (http://usfhsc.bkstore.com). Texts may also be available for purchase/rental from several off-campus bookstores and n-line vendors, including but not limited to Amazon, Barnes & Noble, and eBay.

Additional required readings, lectures and handouts will be available in Canvas.

#### Recommended Text:

American Psychological Association. (2010). *Publication manual of the American Psychological Association*. (6th ed.). Washington, DC: American Psychological Association. ISBN-13: 978-1433805592.

## Topics:

- 1. Welcome & Orientation Week
- 2. Health & Behavior: The Big Picture
- 3. Health Issues & Behavior
- 4. Social & Behavioral Theory
- 5. Individual Health Behavior
- 6. The Social, Cultural & Environmental Context of Health Behavior
- 7. The Broader Social Context of Health & Behavior
- 8. Multilevel Theories & Ecological Levels
- 9. The Ecological Perspective
- 10. Communities & Populations
- 11. Schools & Worksites
- 12. Communications Campaigns
- 13. Global Health
- 14. High-Risk & Special Populations
- 15. Culture, Diversity & Health Disparities

#### Types of assessments and activities in the course:

- Quizzes
- Weekly Discussion Posts & Responses
- Group project
- Writing assignments

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#### **Course Expectations:**

To successfully complete this course, students are expected to:

- · Read and understand the syllabus.
- Log in to Canvas at least three times a week.
- Read all of the required course materials each week.
- View all pre-recorded lectures and videos.
- Engage with fellow students via online discussions.
- Ask questions. Contact the instructor (by e-mail or attending office hours) promptly if you are having difficulty understanding any of the course materials, lectures, or discussions.

## Required Dates to be Online:

Log in to Canvas by Wednesday the first week of class, but preferably by the first day. There are deadlines the first week of class.

# For more information about the Course, Contact:

Contact your instructor

Note: For problems accessing the course materials and other computer technical problems, click the **Tech Assistance** button in your course website and fill out a "Technical Problem Report Form". Tech Assistance button links to the Technical Assistance page of the Office of Educational Technology & Assessment website at: <a href="http://health.usf.edu/publichealth/eta/techsupport.html">http://health.usf.edu/publichealth/eta/techsupport.html</a>. Students can also receive assistance via telephone at 813-974-6666, Mon-Fri 8:30am-5pm, or via email at eta@health.usf.edu.

# Technology Requirements (e.g. software or hardware):

Visit this website for software requirements and downloads: http://health.usf.edu/publichealth/eta/students\_tech\_requirements.htm