

Course at a Glance

Spring 2016

Course Title: Women's Health: A Public Health Perspective

Course Number: HSC 4172

Dept: CFH

Credits: 3

Instructor Name: Helen Mahony, MPH

Instructor Email: hgeorgie@health.usf.edu

Course Description:

Women's Health is an elective course in the College of Public Health at the University of South Florida (USF). There are no specific pre-requisites for this course. This course is designed to familiarize students with Women's Health from a Public Health Perspective. The course content will emphasize the social, economic, environmental, behavioral, and political factors associated with women's health.

This population-based course will also provide the student with an overview of women's health across the lifespan. Students will have the opportunity to explore the multidimensional and multidisciplinary dimensions of women's health, which include physical, mental, social, intellectual, and spiritual aspects. The course will also emphasize health promotion, disease prevention, and overall well-being. The focus of this course will be to provide the student with the tools and techniques to make informed decisions about women's health.

Format of content presentation, activities and/or instructional methods:

Multiple methods and media will be used to present the course content and facilitate student attainment of course objectives. Lecture and reading materials will be posted no later than the Monday that begins the week of the assigned lecture.

Course content organization:

The course is divided in to 4 Modules with a total of 15 weekly units. Student assessment includes individual work (exams, film critiques, web-based scavenger hunt, and syllabus quiz) and group discussions.

Textbook and Ordering materials:**Required Text:**

Alexander, L. L., LaRosa, J. H., Bader, H., Garfield, S., & Alexander, J. A. (2014). *New Dimensions in Women's Health*, 6th edition. Sudbury, MA: Jones & Bartlett Publishers, Inc. ISBN 1-978-1-4496-9813-3

The textbook is available at the **USF Health Bookstore**, located at MDC 1031 on the USF Tampa Campus. Regular hours are Monday-Friday 8:00 a.m. to 5:00 p.m. (813-974-4984). Textbooks are also available from offsite college bookstores and from online vendors, such as amazon.com and barnesandnoble.com.

How to Order:

Download USF Health Bookstore Order Form:

http://health.usf.edu/publichealth/eta/pdf/HSC_GradTextbook_OrderForm.pdf

Other Required Materials:**Topics or course learning objectives:**

Upon completion of this course, the student will be able to:

1. Understand population-based approaches to the assessment of women's health issues through their lifespan and discuss these issues from a public health perspective of health promotion and prevention
2. Explain factors affecting "women's wellness" over the life cycle and understand holistic healthcare.
3. Identify women's health issues related to health risks, health maintenance, and health promotion.
4. Develop strategies for improving the health of women at the personal and professional levels.
5. Determine the relationship between lifestyle, socioeconomic and educational status in the healthcare of women.
6. Identify and evaluate resources contributing to promotion of women's health issues.
7. Demonstrate critical reading, writing, and thinking skills.

Types of assessments and activities in the course:

Assignment	Point Value
Introductory Post	1
Syllabus Quiz	5
Web-based Scavenger Hunt	5
Exams (4 at 15 points each)	60
Film Critiques (3 at 5 points each)	15
Discussion Posts/Responses (14 at 1 point each)	14
TOTAL	100

Student Expectations:

What is the instructor expecting of me?

1. Students are expected to view all prerecorded lectures and read/view all course materials. When students encounter something they do not understand (e.g., a word for which they do not know the definition) they are expected to look it up/seek additional information/understanding.
2. Students are expected to submit all assignments by the deadlines.
3. Students are expected to interact with fellow students via the discussions.
4. Students are expected to log onto the course website at least twice per week to read announcements. Announcements will be made to alert students to important information related to the course, including any changes in policies.
5. Any student with a disability is encouraged to meet with the instructor privately during the first week of class to discuss accommodations. Each student must bring a current memorandum of accommodations from the Office of Student Disability Services and give the instructor two weeks' notice before exams. All course documents are available in alternative format if requested. For more information: <http://www.asasd.usf.edu/index.htm>.
6. Any student who anticipates the need of missing any exams due to the observation of a major religious observance should provide notice of the date(s) to the instructor, in writing, by the second-class meeting. For more information: <http://sa.usf.edu/handbook/policies/ReligiousPracticesPolicy.htm>.

Use of "People First Language"

Please be advised that People First Language is the terminology that should be used in this course to describe individuals who live with health issues. Rather than use labels to define individuals with a health issues, it is more appropriate to use terminology, which describes individuals as being diagnosed with an illness or disorder. Use phrases such as "individuals with a mental illness" rather than "the mentally ill" or "people living with HIV" rather than "HIV infected." This terminology emphasizes the treatment of a person with a disease rather than simply treating a disease. Please use the People First Language in all course assignments.

For more information about the Course, Contact:

Name: Helen Mahony, MPH

Contact Info: hgeorgie@health.usf.edu

Note: For problems accessing the course materials and other computer technical problems, click the **Tech Assistance** button in your course website and fill out a "Technical Problem Report Form". Tech Assistance button links to the Technical Assistance page of the Office of Educational Technology & Assessment website at: <http://health.usf.edu/publichealth/eta/techsupport.html>. Students can also receive assistance via telephone at 813-974-6666, Mon-Fri 8:30am-5pm, or via email at eta@health.usf.edu.

Technology Requirements (e.g. software or hardware):

Visit this website for software requirements and downloads:

http://health.usf.edu/publichealth/eta/students_tech_requirements.htm

Other technology requirements (hardware and software) specific for this course:

Note: These are in addition to the basic technology requirements for all online courses.

Please Note: The information on this document is subject to change. The course instructor has the right to change any information posted in this document. Students should check the official course syllabus released during the first week of classes for any updates to this document.