

# What is a **Mentor**?

Henrietta Logan, Ph.D.

Professor, Department of Community

Dentistry and Behavioral Science

University of Florida



*Service Award*

- In a broad sense, a mentor is someone who takes a deep personal interest in developing a successful professional.

- A fundamental difference between a mentor and an advisor is that mentoring is a personal as well as a professional relationship. An advisor might or might not be a mentor, depending on the quality and or depth of the relationship.

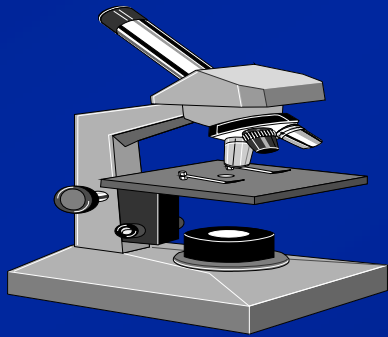
- An effective mentoring relationship is characterized by mutual trust, understanding, and empathy.

- A successful mentor is prepared to deal with population-diversity issues, including those peculiar to ethnicity, culture, sex, and disability.

It is hard to know when you get  
there if you don't know where  
you are going!

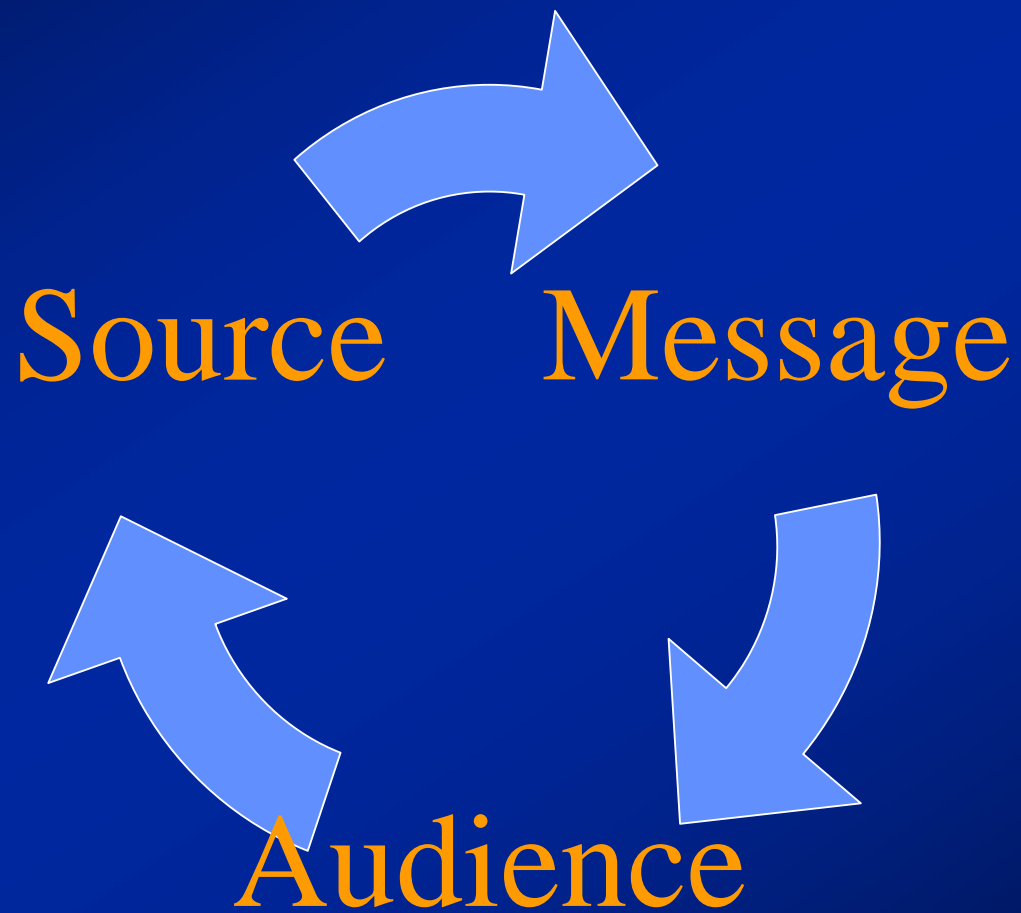


# What are my, your, our Goals?



- The goal of a mentoring relationship is to advance the educational and personal growth of a student.

*Avoiding the Appearance  
of a  
Colonial Power*



# Audience (mentee)

- STRESS
- CONFLICT
- FEAR

# Message

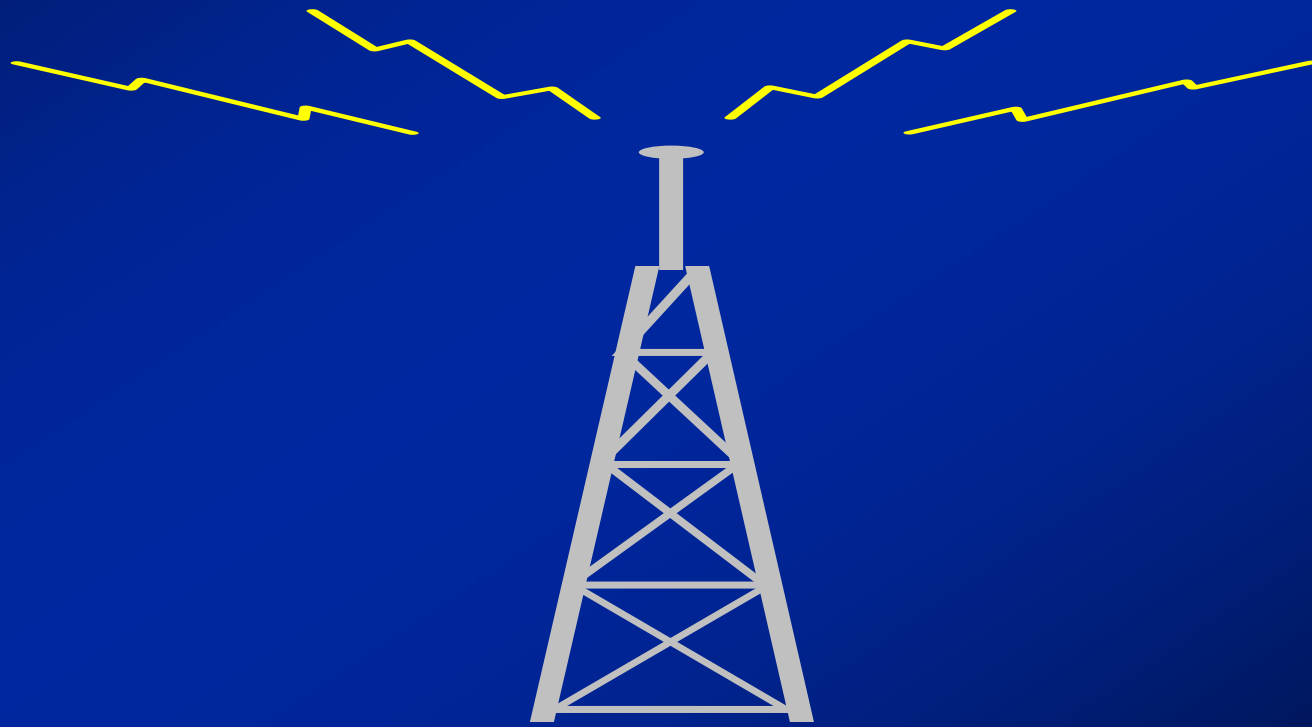
- STRONG ARGUMENTS
- COUNTER ARGUMENTS
- PLAUSIBLE
- RELEVANT

# Source (mentor)

- CREDIBLE
- ATTRACTIVE
- INTERPERSONAL  
EFFECTIVENESS
- EXPERTISE



# Active Listening

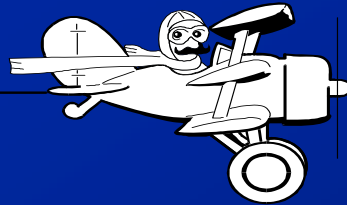


# SUMMARY

# Set mutual goals

- Don't be afraid to share the goals with others.
- Review them periodically

My Goals:



# LISTEN

- What is the mentee asking for?
- Can I provide what is needed?
- Do we share the same understanding?
- Listen to those answers.



**Thank You**