



Cosmetic & Laser Center

At the USF Health Dermatology & Cutaneous Surgery/Cosmetic & Laser Center we are committed to providing state-of-the-art technology aimed at attaining impressive results, without sacrificing patient safety or comfort. We offer esthetic procedures with experienced providers you can trust. We are the Bay Area's only inclusive skin center.

Cosmetic Services

Individualized Skin Consultations
Physician Grade Skincare
Chemical Peels
Botox
Dermal Fillers
LaserGenesis
Solar Genesis
PhotoGenesis (IPL)
Laser Hair Removal
Laser Vein Therapy
Titan™ Skin Tightening
Active FX
Deep FX
Total FX Fractionated CO² Laser

Physician Grade Skin Care

Obagi
SkinCeuticals

Individualized Skin Consultation

The first place to start is with a customized treatment plan for your skin. During this consultation we will take digital photos, determine key concerns and compose a strategy for achieving results. We will provide you with information on the latest technology and answer questions that you have about your skin.

Total FX™

Fractionated CO2 Laser Treatment

Total FX™. The Total FX™ is the newest and most technologically advanced laser for skin resurfacing available to medicine today. The **Total FX™** combines two treatments, **Active FX™** and **Deep FX™**. Active FX targets superficial fine lines and wrinkles and the Deep Fx targets deep lines such as those around the mouth area. These treatments can be done separately or combined to become the Total FX laser treatment. What makes this CO2 laser different from the previous generation is the way in which the laser pulse is delivered. Each procedure involves treating only a fraction of the skin's surface, leaving "bridges" of untouched skin to aid in the regeneration (healing) process. This vastly reduces the risk of infection and discoloration found with older, traditional CO2 treatments. Bridge Therapy utilizes UltraPulse, the gold standard of CO2 lasers, to deliver a variety of low downtime treatments that can be customized for each patient.

Benefits of the Total FX

- Minimizes deep wrinkles
- Dramatically improves skin texture
- Minimizes acne scarring
- Eliminates discoloration
- Remodels collagen
- Effectively treats skin laxity around the eyes
- Superior results to any other laser

What to expect

- Swelling and redness can last 2-3 days
- Peeling starts 2 days post treatment
- You can expect to peel for 2-3 days
- Redness can last for a few days
- Make-up can be used to cover redness

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Dermal Fillers

Dermal fillers replace volume loss in the face usually due to aging. Dermal fillers restore the youthful contours and smooth away fine lines. They simply make your skin fit better.

Benefits

- Results appear instantly
- Results will last approximately 6-12 months
(Depending on the type of filler used and area treated)
- Restores volume to the face
- Corrects imperfections

What to expect

- Anesthetic or ice for discomfort
- Treatment time is 30-60 minutes
- Mild bruising and swelling are possible
- Make-up can be applied immediately

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Botox

BOTOX® Cosmetic is a safe purified protein produced by the Clostridium botulinum bacterium, which reduces the activity of the muscles that cause those unwanted lines between the brows, on the forehead and around the eyes. Botox will diminish lines leaving a smoother, youthful, and refreshed look to the face.

Benefits

Effective way to smoothes away fine lines
Diminishes the tired look
Lasts 3 months

What to expect

Minimal to no pain
Minimal to no bruising
4 to 10 days to take effect

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Laser Genesis

Laser Genesis utilizes advanced, non-invasive laser technology to safely and effectively treat premature signs of aging, including: fine lines, large pores, uneven skin texture, redness, and scarring. Laser Genesis has been scientifically proven to stimulate new collagen growth by gently heating the skin causing rejuvenation without down time.

Benefits

No Down time
Minimize large pores
Reduce redness
Minimize acne

What to Expect

Several treatments are necessary
Treatments take approximately 30 – 60 minutes

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Photo Genesis (IPL)

Utilizing Intense Pulsed Light (IPL), Solar and Photo Genesis are effective ways to quickly, safely, and comfortably reduce or eliminate the red and brown discoloration that occurs on the skin from years of excess sun exposure.

Benefits

Minimize redness
Reduce pigmentation
Ideal for face, neck, chest and shoulders
Can be combined with other treatments

What to Expect

Brown spots will darken and flake off
3-5 treatments for best results

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Laser Hair Removal

Now men and women alike are making unwanted facial and body hair a thing of the past – thanks to the Cutera® CoolGlide Laser system. Say, “Goodbye!” to painful waxing, electrolysis, or razors. Our laser has been FDA cleared for permanent hair reduction and can treat men and women of all skin types safely and effectively. Determining whether or not you are an ideal candidate for laser hair removal, depends on multiple factors – hair color, thickness and the area treated.

Benefits

No more shaving or waxing

What to expect

5-8 treatments per area

Shave prior to treatment

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Laser Vein Therapy

Thanks to the latest in laser technology, treating unsightly facial and leg veins no longer requires painful injections. Our Cutera® CoolGlide system safely treats people of all skin types. If you have small facial veins, superficial leg veins (“spider veins”), and hemangiomas (“blood blisters”) then you are an ideal candidate. Large, deep, and knotty varicose veins do not respond as well. We will carefully examine you to help you determine which vessels can be successfully treated and the best course of treatment.

Benefits

Rid the skin of unsightly veins

What to expect

Treatment takes approximately 30 minutes

Mild bruising can occur lasting 2-4 days

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Titan™ Skin-Tightening

The Cutera® Titan™ procedure gives you an all-natural option to enhance skin tone. Titan uses infrared energy to heat deep down in the skin and tighten your skin. This allows for a more uniform distribution of energy than with other energy sources, such as RF (radio-frequency). Collagen remodeling is long lasting. The most common areas treated are the jaw line, under the chin, arms, and abdomen.

Benefits

Stimulates collagen

Tighten skin

No down time

What to expect

Treatments take 30-60 minutes

Combined with Microdermabrasion, chemical peels and solar/photo rejuvenation for maximum results

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