



# DEPARTMENT OF PSYCHIATRY

WEEK OF MARCH 23-27, 2015

March 23-27, 2015

## WWW.HSC.USF.EDU/PSYCH NEWSLETTER

### MEETINGS

#### Thursday, March 26 RESIDENT LECTURES

PGY 1—4 and Child and Adolescent Psychiatry

Residents: Please see weekly didactic notice emails from the Education

Office for scheduled topics and presenters.

#### Friday, March 27 THIRD YEAR MEDICAL STUDENTS

7-8 AM	Sleep Disorders—Dr. Chetan Gandhi
8-9 AM	Neurology in Internal Medicine— Dr. Rossitza Chichkova
9-10 AM	Grand Rounds—Dept. of Neurology
10-11 AM	Seizures and Status Epilepticus— Drs. Bendabis/Frontera
11 AM– 12 PM	Movement Disorders—Dr. Robert Hauser

### IN THE KNOW!!!

#### 2015 Match - We Filled!!!

The Department of Psychiatry and Behavioral Neurosciences are delighted to have the following physicians join us on July 1, 2015.

**Ogugua Anene-Maidoh** received her BA in Biology and her BS in Computer Science from Lincoln University of Pennsylvania and her medical degree from the Medical College of Wisconsin. She will receive her PhD in the field of Physiology in May, also from the Medical College of Wisconsin. Ogugua enjoys reading historical fiction, writing short stories, traveling, learning Korean, playing Frisbee, listening to Nigerian podcast and indoor rock climbing.

**Adam Fusick** received his BA in Physics and Biophysics from Franklin and Marshall College in Lancaster, PA. He will receive his medical degree from the Commonwealth Medical College in Pennsylvania. Adam played basketball for the Washington Generals, opponents to the Harlem Globetrotters.

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Happy  
Birthday to  
Dr. Morrison  
Matt/Mar 24,  
Yashira  
Rivera/  
Mar 26,  
Dr. Teresa  
Baker/Mar 28  
and  
Kris McGill/  
Mar 28!!!

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### 2015 Match - We Filled!!!

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**Steven Gunther** received his BS in Interdisciplinary Studies, Integrative Biology, from the University of Florida and his MS in Molecular Medicine from the University of South Florida. He will receive his medical degree also from the University of South Florida. Steven enjoys running, kayaking, playing guitar, reading, and spending time with family and friends.

**Rihan Javid** received his BA in Political Sciences from the University of California in Berkeley. He received his law degree from Northwestern University School of Law in Chicago. He will receive his Doctor of Osteopathic Medicine degree from Touro University of Nevada College of Osteopathic Medicine. Rihan has visited 45 + countries in five continents and is hoping to travel to 100 countries and all 7 continents. He likes football and basketball.

**Nicole Meier** received her BA in English from the University of Florida. She will receive her medical degree from Florida State University. One of Nicole's favorite hobbies during medical school was hiking local Florida nature trails. She enjoys learning more about native and invasive insects, plants, and animals in her environment.

**John Miller** received his BS in Biomedical Sciences and his MS in Molecular Medicine from the University of South Florida. He will receive his medical degree also from the University of South Florida. John's hobbies include computers, electronics, traveling and learning Japanese.

**Solaine Polanco Perez** received her BS in General Sciences from the University of Puerto Rico in San Juan. She will receive her medical degree from the University of Puerto Rico. Polanco enjoys dancing, reading, yoga, outdoor activities and traveling.

**Dmitri Zouev** received his BS in Chemistry and Biochemistry from the University of North Carolina in Chapel Hill, NC. He will receive his medical degree from the East Carolina University in Greenville, NC. Dmitri enjoys exercising and fitness, hiking, playing the guitar and writing music.

Also we would like to welcome:

**Neel Patel, MD** who will be joining our present PGY-1 class. Neel will be transferring in to our program from the University of Iowa Family Medicine Residency Program. He received his medical degree from the Medical University of Lublin.

**New fellows:**

#### **Addiction Psychiatry**

**Athari Alyazidi, MD** - St. Elizabeth's Medical Center in Brighton, MA - Psychiatry Residency

#### **Child and Adolescent Psychiatry**

**Noah Matilsky, MD** - East Virginia Medical School, Norfolk, VA - Psychiatry Residency

**Bradley Zicherman, MD** - Texas Tech University, Lubbock, TX - Psychiatry Residency

#### **Geriatric Psychiatry**

**William Whiting, DO** - Naval Medical Center, Portsmouth, VA - Psychiatry Residency

We were able to recruit this outstanding group of physicians thanks to the hard work of our faculty, residents and staff. Special thanks to all of you who made this recruitment season a success!

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### IN THE KNOW!!!

#### 2015 FACULTY & STAFF CAMPAIGN

The Morsani College of Medicine's faculty and staff make up about one sixth of ALL of the faculty and staff at USF, making it impossible for the University to reach its goal without our help. **We are currently at 33 percent participation, and our goal is to reach 100 percent by the end of June 2015.** It's important to remember that every dollar does make a difference. Please consider giving back to our department, and see firsthand the impact this campaign has on our day-to-day experiences at USF Health.

**Below are our priority funds identified by the leadership:**

**250061 – Child Development Center Operating Fund**

**430010 – Psychiatry Operating Fund**

**256048 – Center for Infant & Child Development**

**256072 – Daniel Sprehe Memorial, USF Forensic Psychiatry**

**256260 – Robert Roskamp Chair in Biological Psychiatry**

**You can make a gift to any fund within the USF System and your gift will count towards our department's participation goal. To make your gift today, please click the link below, or for a paper contribution form, contact Paul DeCosta.**

**[www.USF.edu/FSCC](http://www.USF.edu/FSCC)**

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### RESEARCH HAPPENINGS!

#### Now Enrolling – Mild Alzheimer’s disease

This is a double-blind, placebo-controlled study to test the safety and effectiveness of an anti-amyloid antibody administered subcutaneously as a disease-modifying treatment in patients age 50 - 90 with mild AD. Stable dose of approved medications for AD will be permitted at study entry. Patients will undergo brain MRI exams for monitoring safety and response to study treatment. They will also undergo safety and cognitive testing. Patients must have a person with whom they are regular contact, who can accompany them to study visits. Please call Kathy at (813)974-7006 to make a referral.

*Principal Investigator: Jean Fils, MD*

#### T-FORCE study: Investigational Medication for Children and Adolescents with Tourette’s Disorder

The primary purpose of this research study is to determine the safety and tolerability of an investigational medication (NBI-98854) for Tourette syndrome. Each child will be evaluated to determine his or her eligibility to participate in the research study. Each participant who qualifies will receive the investigational medication, study-related medical exams, and laboratory tests at no cost. As some of the medical appointments can be lengthy, many forms of entertainment will be available to participants at his or her study visits. Compensation for time and travel is also available. Please call (727) 767-8230 for more information.

*Principal Investigator: Tanya Murphy, MD*

#### Investigational Medication (Ecopipam) for Children and Adolescents with Tourette’s Disorder

The purpose of this research study is to evaluate an experimental drug called ecopipam in children ages 7 to 17 with Tourette’s syndrome. The drug has not been approved by the FDA. There will be eight study visits and six telephone call visits, totally about 4 months. For the first two weeks of the Study Drug Part 1, subject will slowly increase the number of tablets (50/50 placebo or ecopipam) and stay on a stable dose for 2 weeks before discontinuing the study drug. After at least 10 days, subject will be re-examined. Study Drug Part 3 will be very much like Study Drug Part 1: for the first two weeks of the Study Drug Part 3, the subject will slowly increase the number of tablets (50/50 placebo or ecopipam, opposite of part 1) and stay on a stable dose for 2 weeks before discontinuing the study drug. Compensation for time and travel is also available. Please call (727) 767-8230 for more information.

*Principal Investigator: Tanya Murphy, MD*

**For current open studies, please call Kathy at (813) 974-7006 or Colleen at (813) 974-9104 for more information on any study or to refer a patient.**

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## RESEARCH HAPPENINGS!

### **Investigational Medication (SD-809 [Deutetrabenazine]) for Adolescents with Tourette's Disorder**

The purpose of this research study is to evaluate an investigational medication (SD-809 [Deutetrabenazine]) that may help reduce tics. Tetrabenazine is a drug that has been approved in several European Union countries and Canada for the treatment of various movement disorders including tics, and it has also been approved by the US Food and Drug Administration (FDA) for the treatment of involuntary movements associated with Huntington Disease. SD-809 is an investigational drug, meaning it has not been approved by the FDA. SD-809 has the same action as tetrabenazine; however, SD-809 is broken down in the body more slowly than tetrabenazine. These differences in break down and release may mean that SD-809: 1) may be taken fewer times a day and 2) may react differently in the body compared to tetrabenazine. Study participants must be 12-18 years old and diagnosed with Tourette's Disorder. The clinical trial will involve taking the experimental drug for an 8-week period. Study participants will be compensated for their time. Please call (727) 767-8230 for more information.

*Principal Investigator: Tanya Murphy, MD*

### **Investigational Medication (Bitopertin) for Adults with OCD**

The purpose of this research study is to evaluate an investigational medication (bitopertin) for adults with OCD, and determine if patients treated with bitopertin and a selective serotonin reuptake inhibitor (SSRI) may experience fewer symptoms compared with those treated with SSRI only, a currently recommended treatment for OCD. To prequalify for this study, patients must be between the ages of 18 and 65 years, currently taking medication for OCD, and continue to have symptoms of OCD while on medication. Additional eligibility requirements will be discussed with all potential participants prior to enrollment. Reimbursement for travel may also be provided. Please call (727) 767-8230 for more information.

*Principal Investigator: Tanya Murphy, MD*

### **Cognitive-Behavioral Therapy (CBT) for Anxiety Disorders in Children with Autism Spectrum Disorder Research Study**

The purpose of this research study is to examine the efficacy of a manualized cognitive behavioral therapy to treat anxiety disorders in children with autism spectrum disorders. Therapy sessions last approximately one hour a week for sixteen weeks. In addition, participants will be involved in a number of anxiety and developmental assessments free of charge. Children ages 6-17 years old are eligible to participate. Please call (727) 767-8230 for more information.

*Principal Investigator: Eric Storch, PhD*

**For information regarding current clinical trials, please go to the following website:**  
[www.health.usf.edu/medicine/psychiatry/research/index.htm](http://www.health.usf.edu/medicine/psychiatry/research/index.htm)



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### RESEARCH HAPPENINGS!

#### **Stepped Care Cognitive Behavioral Therapy for Pediatric Obsessive Compulsive Disorder**

The purpose of this research study is to assess the efficacy of a form of Cognitive Behavioral Therapy (CBT), called Stepped Care CBT, that requires fewer therapy visits and utilizes family members as active components in treatment. Children and families who are interested must complete an initial assessment to determine eligibility.

Eligible participants must be between 8 and 17 years of age and have a primary diagnosis of Obsessive Compulsive Disorder. Once eligibility is determined, participants will be randomly assigned to receive Stepped Care CBT or standard CBT. Those receiving Stepped Care CBT begin treatment in "Step One" which includes 3 sessions with a therapist over the course of 6 weeks while being coached through a take-home workbook. If after 6 weeks it is determined by the research team that insufficient progress has been made, participants progress to "Step Two" which includes 9 additional therapy sessions over 9 weeks. Those receiving standard CBT will receive weekly therapy sessions for 12 weeks. Please contact Brittney Dane at (727) 767-7427 for more information.

*Principal Investigator: Adam B. Lewin, PhD, ABPP*

#### **Parent-led Behavioral Treatment for Young Children with Problematic Anxiety**

The purpose of this research study is to examine the effectiveness of a parent-led behavioral treatment for children ages 3 to 7 years old with problematic anxiety. Children and families who are interested must complete an initial assessment to determine eligibility. Once eligibility is determined, participants will be randomly assigned to receive 5 weeks of the parent-led behavioral treatment or a 5 week wait-list condition (followed by 5 weeks of the therapy intervention). Please call (727) 767-8230 for more information.

*Principal Investigator: Adam B. Lewin, PhD, ABPP*

**For information regarding the USF Memory Disorders Clinic, please go to the following**

**website:**

[www.health.usf.edu/medicine/psychiatry/memory\\_disorders.htm](http://www.health.usf.edu/medicine/psychiatry/memory_disorders.htm)

DEPARTMENT OF PSYCHIATRY & BEHAVIORAL NEUROSCIENCES

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