



## DEPARTMENT OF PSYCHIATRY

WEEK OF AUGUST 17-21, 2015

### WWW.HSC.USF.EDU/PSYCH NEWSLETTER

**Happy  
Birthday  
To  
Dr.  
Nicole  
Meier/  
Aug 21!!!**

## MEETINGS

### RESIDENT LECTURES

#### Thursday, August 20

PGY 1—4 & Child & Adolescent Psychiatry

Residents: Please see weekly didactic notice emails from the Education Office for scheduled topics and presenters.

### THIRD YEAR MEDICAL STUDENTS

#### Friday, August 21

8-9 AM	Demyelinating & Inflammatory Disease of the CNS— Dr. Derrick Robertson
9-10 AM	Grand Rounds—Dept. of Neurology
10 AM-12 PM	Pediatric Neurology—Dr. Maria Gieron

## IN THE KNOW!

### The Carter-Jenkins Center presents

On August 20th , at 7-10 PM: Las Tendencias humanas a los conflictos (incluyendo a los psicoanalistas), Parte Primera , por el Dr. Humberto Nágera, Profesor Eméritos de Psiquiatría de la Universidad de Michigan y la Universidad del Sur de la Florida, Director El Carter-Jenkins Centro, Psicoanalista de Niños, Adolescentes y Adultos.

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## **IN THE KNOW!**

JOIN USF PSYCHIATRY TEAM “**PSYCH WILL HIKE**” AT THIS YEAR’S **2015 HEART WALK!**



2014 #1 Fundraising Department in USF, Team “Psych Will Hike”

### **Faculty, Residents, & Staff!!!**

The **2014 Heart Walk** was an amazing success and an experience I will never forget. Together as a team we not only helped to fight cardiovascular disease and promote a healthy lifestyle, but with over \$5500.00 raised, we lead all other USF departments in contributions leading us to be the **#1 fundraising department in the University of South Florida!** USF as a whole was also recognized as the #1 fundraising University out of the entire state of Florida, and we had a big part in USF reaching that milestone.

Last year we set the bar high, but this year with your help and contributions at the 2015 Heart Walk, we will set the bar even higher to help the American Heart Association and their efforts to build healthier lives for all Americans.

**Goals:** Our goals are to raise \$6000.00 and recruit 20 people to join our team. (Team members can also include family and friends)

**When:** Saturday, November 7<sup>th</sup>. 2015 at 8 AM

**Where:** Raymond James Stadium

**Event Information:**

<http://tampabayheartwalk.kintera.org/faf/help/helpEventInfo.asp?ievent=1125668&lis=1&kntae1125668=F68C3D83D81341A694ACA4245BA645E2>

**Team Psych Will Hike Page link:**

<http://tampabayheartwalk.kintera.org/psychwillhike>

Events like Heart Walk make a difference. Through education and research, the American Heart Association is working to build healthier lives for all Americans. Please support us!!!

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### RESEARCH HAPPENINGS!

#### Now Enrolling – Mild Alzheimer's disease

This is a double-blind, placebo-controlled study to test the safety and effectiveness of an anti-amyloid antibody administered subcutaneously as a disease-modifying treatment in patients age 50 - 90 with mild AD. Stable dose of approved medications for AD will be permitted at study entry. Patients will undergo brain MRI exams for monitoring safety and response to study treatment. They will also undergo safety and cognitive testing. Patients must have a person with whom they are regular contact, who can accompany them to study visits. Please call Kathy at (813)974-7006 to make a referral.

*Principal Investigator: Jean Fils, MD*

#### T-FORCE study: Investigational Medication for Children and Adolescents with Tourette's Disorder

The primary purpose of this research study is to determine the safety and tolerability of an investigational medication (NBI-98854) for Tourette syndrome. Each child will be evaluated to determine his or her eligibility to participate in the research study. Each participant who qualifies will receive the investigational medication, study-related medical exams, and laboratory tests at no cost. As some of the medical appointments can be lengthy, many forms of entertainment will be available to participants at his or her study visits. Compensation for time and travel is also available. Please call (727) 767-8230 for more information.

*Principal Investigator: Tanya Murphy, MD*

#### Investigational Medication (Ecopipam) for Children and Adolescents with Tourette's Disorder

The purpose of this research study is to evaluate an experimental drug called ecopipam in children ages 7 to 17 with Tourette's syndrome. The drug has not been approved by the FDA. There will be eight study visits and six telephone call visits, totally about 4 months. For the first two weeks of the Study Drug Part 1, subject will slowly increase the number of tablets (50/50 placebo or ecopipam) and stay on a stable dose for 2 weeks before discontinuing the study drug. After at least 10 days, subject will be re-examined. Study Drug Part 3 will be very much like Study Drug Part 1: for the first two weeks of the Study Drug Part 3, the subject will slowly increase the number of tablets (50/50 placebo or ecopipam, opposite of part 1) and stay on a stable dose for 2 weeks before discontinuing the study drug. Compensation for time and travel is also available. Please call (727) 767-8230 for more information.

*Principal Investigator: Tanya Murphy, MD*

**For current  
open studies,  
please call  
Kathy at  
(813) 974-7006  
or  
Colleen at  
(813) 974-9104  
for more  
information on  
any study or  
to refer a  
patient.**

### RESEARCH HAPPENINGS!

#### **Investigational Medication (SD-809 [Deutetrabenazine]) for Adolescents with Tourette's Disorder**

The purpose of this research study is to evaluate an investigational medication (SD-809 [Deutetrabenazine]) that may help reduce tics. Tetrabenazine is a drug that has been approved in several European Union countries and Canada for the treatment of various movement disorders including tics, and it has also been approved by the US Food and Drug Administration (FDA) for the treatment of involuntary movements associated with Huntington Disease. SD-809 is an investigational drug, meaning it has not been approved by the FDA. SD-809 has the same action as tetrabenazine; however, SD-809 is broken down in the body more slowly than tetrabenazine. These differences in break down and release may mean that SD-809: 1) may be taken fewer times a day and 2) may react differently in the body compared to tetrabenazine. Study participants must be 12-18 years old and diagnosed with Tourette's Disorder. The clinical trial will involve taking the experimental drug for an 8-week period. Study participants will be compensated for their time. Please call (727) 767-8230 for more information.

*Principal Investigator: Tanya Murphy, MD*

#### **Investigational Medication (Bitopertin) for Adults with OCD**

The purpose of this research study is to evaluate an investigational medication (bitopertin) for adults with OCD, and determine if patients treated with bitopertin and a selective serotonin reuptake inhibitor (SSRI) may experience fewer symptoms compared with those treated with SSRI only, a currently recommended treatment for OCD. To prequalify for this study, patients must be between the ages of 18 and 65 years, currently taking medication for OCD, and continue to have symptoms of OCD while on medication. Additional eligibility requirements will be discussed with all potential participants prior to enrollment. Reimbursement for travel may also be provided. Please call (727) 767-8230 for more information.

*Principal Investigator: Tanya Murphy, MD*

#### **Cognitive-Behavioral Therapy (CBT) for Anxiety Disorders in Children with Autism Spectrum Disorder Research Study**

The purpose of this research study is to examine the efficacy of a manualized cognitive behavioral therapy to treat anxiety disorders in children with autism spectrum disorders. Therapy sessions last approximately one hour a week for sixteen weeks. In addition, participants will be involved in a number of anxiety and developmental assessments free of charge. Children ages 6-17 years old are eligible to participate. Please call (727) 767-8230 for more information.

*Principal Investigator: Eric Storch, PhD*

**For  
information  
regarding  
current  
clinical  
trials, please  
go to the  
following  
website:**

**[www.health.  
usf.edu/  
medicine/  
psychiatry/  
research/  
index.htm](http://www.health.usf.edu/medicine/psychiatry/research/index.htm)**

**For information regarding the USF Memory Disorders Clinic, please go to the following website:**  
[www.health.usf.edu/medicine/psychiatry/memory\\_disorders.htm](http://www.health.usf.edu/medicine/psychiatry/memory_disorders.htm)

### RESEARCH HAPPENINGS!

#### **Stepped Care Cognitive Behavioral Therapy for Pediatric Obsessive Compulsive Disorder**

The purpose of this research study is to assess the efficacy of a form of Cognitive Behavioral Therapy (CBT), called Stepped Care CBT, that requires fewer therapy visits and utilizes family members as active components in treatment. Children and families who are interested must complete an initial assessment to determine eligibility.

Eligible participants must be between 8 and 17 years of age and have a primary diagnosis of Obsessive Compulsive Disorder. Once eligibility is determined, participants will be randomly assigned to receive Stepped Care CBT or standard CBT. Those receiving Stepped Care CBT begin treatment in "Step One" which includes 3 sessions with a therapist over the course of 6 weeks while being coached through a take-home workbook. If after 6 weeks it is determined by the research team that insufficient progress has been made, participants progress to "Step Two" which includes 9 additional therapy sessions over 9 weeks. Those receiving standard CBT will receive weekly therapy sessions for 12 weeks. Please contact Brittney Dane at (727) 767-7427 for more information.

*Principal Investigator: Adam B. Lewin, PhD, ABPP*

#### **Parent-led Behavioral Treatment for Young Children with Problematic Anxiety**

The purpose of this research study is to examine the effectiveness of a parent-led behavioral treatment for children ages 3 to 7 years old with problematic anxiety. Children and families who are interested must complete an initial assessment to determine eligibility. Once eligibility is determined, participants will be randomly assigned to receive 5 weeks of the parent-led behavioral treatment or a 5 week wait-list condition (followed by 5 weeks of the therapy intervention). Please call (727) 767-8230 for more information.

*Principal Investigator: Adam B. Lewin, PhD, ABPP*

#### **Now Enrolling – Major Depressive Disorder study for Adolescent Patients**

This is a double-blind, placebo-and active -controlled study to test the safety and efficacy of Levomilnacipran ER treatment in adolescent patients age 12-17 with Major Depressive Disorder. In addition, the study is designed to obtain pharmacokinetics (PK) data to guide dose selection for future pediatric studies of levomilnacipran. Patients could be enrolled into the 10mg, 20mg, 40mg or placebo group. Patients will also undergo safety and severity of symptoms assessments. Please call Colleen at (813) 974-9104 to make a referral.

*Principal Investigator: Daniel Fallon, MD*

### DEPARTMENT OF PSYCHIATRY & BEHAVIORAL NEUROSCIENCES

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Tampa, FL 33613

[www.hsc.usf.edu/PSYCH](http://www.hsc.usf.edu/PSYCH)