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PhD, Kinesiology- University of Connecticut MS, Advanced Athletic Training/Sports Medicine- Florida International University BS, Health Education, concentration in Athletic Training- Florida International University

Dr. Lopez is a Board Certified Athletic Trainer, an American College of Sports Medicine Certified Health Fitness Specialist, and a Certified Strength and Conditioning Specialist through the National Strength and Conditioning Association. She worked as a certified athletic trainer in Miami-Dade Public Schools for several years and has volunteered in the medical tent at the Boston Marathon, Marine Corps Marathon, and the Falmouth Road Race.

Her research interests include exertional heat stroke and other exertional heat illnesses, cooling methods for hyperthermic athletes, ergogenic aids and thermoregulation, hydration and exercise performance, exercise heat tolerance issues with American football uniforms, and preventing sudden death in sport. She currently also serves on the Medical & Science Advisory Board for the Korey Stringer Institute.

